

DIANETICS IN LIMBO, Whitmore Publishing Co., 1809 Cellowhill St. Philadelphia, Penna., 19130--by Helen O'Brien, \$3.00 plus .25 shipping charges.

REVIEWED BY A. E. VAN VOGT

This book, just published, is a warm and tender story of a phase in the development of dianetics and Scientology. Helen O'Brien, with her late husband, John Neugebauer (known as Noyce) were Hubbard's leading representatives in America in late 1952 and 1953. This was the time of the ultimate Theta ideas, the most far out concepts of Scientology: the time of energy flows, 88008, and theta clears--a status claimed for both Noyce and Helen in the ads of the period. If these ideas alienate you--as they do me--don't let that alienation keep you from reading the book. Helen O'Brien was, and is, totally sincere, and gives an honest account of the events, before, during, and after. She met Noyce in Wichita, he being a naval officer candidate who had suffered a nervous breakdown. The two of them subsequently set up the Philadelphia Scientology Center and got married. They were naive and were soon discredited by the editor of The Ghost of Scientology and others, and were discarded by Hubbard. The rejection proved too much for Noyce. He committed suicide. Believe it or not, this poor woman has been carrying the torch for him ever since, and on the back of the book jacket is a photo of his gravestone with her name on it, too, and with the date of their marriage. In 1953, when I went by train from New York to Philadelphia for the last day of Hubbard's fall conference, I arrived late. Noyce was kind enough to go three times to the foundation so that he could guide me to the hotel where the conference was taking place. The third time, he found me. Such gentle, courteous persons are sympathy exciters. It is evident that Helen got hooked into his bank by the manner of his passing, and there she sits waiting to die.

STATEMENT OF CONDITION demonstration tape with explanation of technique--\$6. Make check payable to IDS.

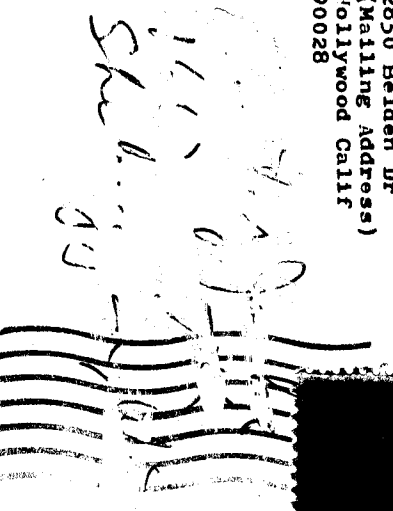
Since we will never get an account of these matters from Hubbard himself, a book like DIANETICS IN LIMBO is an open window into a hitherto hidden period. Other occasions that I'd like to see written up: with Hubbard in Cuba in 1951 (by Richard de Mille), The first Phoenix time by Jim Elliott, the second Phoenix era by Alpha OR Agnes Hart, the third Phoenix time (by various people) and the various British periods by the people most concerned. Perhaps, Weldon Boyd could write up the Wichita story of 1951. I guarantee all these people at least one reader: me. My feeling is if we could get a sale for DIANETICS IN LIMBO, the Whitmore Publishing Co. might be interested in doing additional books on the subject.

ADVERTS IN IDS LETTER ARE \$1. A LINE

THE CHOICE

If you are metaphysically oriented, and do not have a religion of your own, you probably belong in Scientology. However, if you already have your own religion, or are scientifically oriented, the IDS and the CADA are your stepping-stones to self-awareness and freedom. Don't be fooled by great personal success by diabolic theory success and frequent accidents of engram phrases. YOUR choice is between a scientific approach--dianetics--and a metaphysical idea--Scientology. The techniques in both systems operate at an intensity and depth previously unknown.

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IDS LETTER

STATES OF RELEASE

BY: ALFRED FORESTER

On page two of this issue is a full page of aids to awareness, dianetic style. These aids are a copy of the aid sheet used with experienced dianetists in Statement of Condition auditing. As the preclear responds to this technique the auditor--who has previously given the preclear the aid sheet--may say, "Do any of the conditions described in the aid sheet apply to what you have just said (felt, done)?" (In questions the auditor asks, he must be that permissive and non-directive, must follow the auditor's Code.)

The reason for this and similar-type questions: in a session as well as in life, the individual is (you are) constantly manifesting his (your) engrams one way or another--a phrase from a prenatal engram, a tension in his neck, back, or head from birth, a memory lapse from an accidental electric shock of long ago, a cough from a childhood illness, an expression of an ideal--usually an indication that he is close to a degraded cellular or organic condition which will also be reflected in his general acceptance level. Except in some exact area where he has to engage in systematic thinking in connection with his training or work, the individual in life and in the auditing situation is all "eases". There are in dianetic theory no exceptions to this.

CALIFORNIA ASSOCIATION OF DIANETIC AUDITORS (The oldest professional association of independent dianetists) ANNOUNCES a course of basic instruction in dianetic theory. This course, offered at the normal cost of \$1.50 per evening, will include demonstrations of practical techniques and training in their application. EVERY MON., TUES., WED. EVES. Phone HO-7-7260 for details.

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QUESTION AND ANSWER

By Mayne van Vogt
Chief Auditor, Hollywood Dianetics)

Recently, the IDS received the following written question: "Can you 'process' a person to 'clear'--(like Church of Scientology)?"

Our letter reply was brief, modest and non-contraversial. But, since a genuine confusion has been created--not by us--I shall now answer the question in greater detail.

First, the reason the question can be asked at all is because dianetics and Scientology originated as a result of the observations of one man: L. Ron Hubbard. In 1950, as did many other persons, I became interested in his work, as presented by a book, DIANETICS: the Modern Science of Mental Health. Dianetics was a totally non-physiological idea as it was then described. The word means "through the mind", and the subject matter was offered as a scientific explanation for human aberration. Subsequently, Hubbard announced Scientology, which he defined as "knowing how to know", but it subsequently became obvious that it really meant "through the soul". Or rather "through the. Thetan"--the immortal you. (Cont. p. 3)

To become a dianetic Awareness Releasee, the person will be aware of his all-through-the-day case manifestations without being critical of himself as a person. It is not necessary to have erased any portion of his case to be an Awareness Releasee, though it is difficult if not impossible to imagine anyone to be in this state of awareness without having "run" a good deal of his engram "bank". (continued p. 2)

AIDS TO AWARENESS

SYMPTOMS OF RESTIMULATION

- The preclear is probably restimulated when he
- (1) Lags--delays answering
 - (2) Over-verbalizes--over-talks
 - (3) Becomes sleepy
 - (4) Sounds angry
 - (5) Manifests other emotion
 - (6) Perspires excessively
 - (7) Is restless
 - (8) Looks tired
 - (9) Becomes excited
 - (10) Is bored
 - (11) Becomes subdued
 - (12) Is depressed, moody, hopeless
 - (13) Resists
 - (14) Has a somatic--pain

QUESTIONS TO ASK

Are you restimulated?
 Was that a phrase? or
 Was that an expression of an attitude? (statement of condition)
 Are you rationalizing?
 Was that a warding-off thought?
 Whose valence are you in?

THE DECISION to be OUT OF CONTROL is basic to drug addiction, alcoholism, prostitution, etc. Once taken, the condition persists REGARDLESS OF CONSEQUENCES, until properly dealt with.

CIRCUITRY

(Types of Phrases)
 Warding--off thoughts
 Action Phrases--groupers, holders, deniers, misdirectors, bouncers, etc.
 Shut-offs--on communication, reality, affinity, pain, perception, other
 Valence shifting, enforcing
 Control of emotions

ATTITUDES

A statement of the preclear's truth usually has under it an unstated attitude. See Chart of Attitudes for basic attitudes. Example of an underlying attitude: a man expresses anger at his wife for speaking to another man at a party. Underlying attitude might be: when a woman is married, she is no longer free to communicate with men. These underlying attitudes AND WHERE THEY COME FROM are the important statements of condition. Any fixed belief is an attitude. Valence is probably an untrained ABILITY. By engramatically being some one else by way of chance restimulations, this great ability to assume other identities at will, is lost.

INTELLECTUALIZATIONS

The preclear rationalizes, justifies, expresses an ideal, expresses a value judgement, generalizes, classifies, etc.

BRAIN MECHANISMS

Phrases, engrams, attitudes, and emotions and efforts interfere with the proper functioning of brain mechanisms. Physical symptoms: trembling, manic condition, perception shut-down, no mock-ups, over-stimulation of any normal function, tension, anxiety, reversals of behavior, mixed-up sentences, lying, resists reassessment.

Dianetic theory is, as engrams are erased, all truth--including soul truth--will progressively emerge. But be wary of engram phrases on religion.

MISCELLANEOUS

Overt Acts, Withholds, hidden goals, Need to be taken care of, Acceptance level

advt

At HOLLYWOOD DIANETICS, A. E. Van Vogt is planning a Sunday daytime co-audit project with the goal of attaining the various release states which are being written up by Mr. Forrester elsewhere in these pages. Those participating will choose the release state they wish to attain first. When that has been achieved they will go on to their next release state. Release from various conditions has always been the general goal at Hollywood Dianetics, but what is now contemplated is a step forward to a specific series of release states. A few esoteric techniques may also be tried out. The participant will give 30 hours of various techniques under supervision and will receive 30 hours--that is, each Sunday he will give and receive a 1 1/2 hour session, a total of 3 hours session time plus a half hour for coffee break. Cost of 30 hours to each participant is \$75. This co-audit project is conducted under the auspices of the IDS. Also available at Hollywood Dianetics is group auditing once a week for \$1.50 an evening and private professional auditing. Phone HO-7-7260 for additional information. Mrs. Wayne van Vogt is available for an occasional trip to do auditing in other parts of the country. Write her c/o IDS.

Question and Answer (cont. from p. 1)
 When people believe that they are a soul, obviously anything that is merely of mortal flesh--like the mind--occupies in their philosophy a lowly status.

How low? Well, the latest literature we received from Church of Scientology, St Hill, England, is a huge chart, which shows the various grades of release leading to clear. On this chart a dianetic release is 7--yes, seven--grades below Scientology zero on a scale that goes to Class VII above zero. A senior dianetic release is 5 grades below zero. One can only understand such a comparison if one has something of comparable magnitude with which

to compare it. A few years ago a leading Hubbard disciple placed the whole of modern science below dianetics, and the whole of medical science below the physical sciences. Respectively, these two vast subjects were relegated 8, 9, or even 10 grades below zero in terms of Scientology.

As we hope you see by now, dianetics, a science, cannot be compared to Scientology, a religion. A Scientology release and a dianetic release, by our standards, are not the same kind of creature. Obviously, the day--the hour, the minute--that a single proof is established that there is a Thetan, on that instant all things relating to mere human existence--with which dianetics concerns itself--will recede, not 5 or 7 grades below that proof, but an infinity below.

A Scientology release, or clear, is a person who has accepted Hubbard's indoctrination that he is a Thetan--i.e. an immortal being--and, having accepted it, has gone through a long process of Thetan training. A dianetic release is a person who has been freed in one or more areas from past shock and-or past conditioning. He is more creative, more energetic, more of a leader, and, by dianetic theory, will live longer.

During 15 years of auditing and consultant, concentrated observation, we here at Hollywood Dianetics have taken the original dianetics a long way forward. We originated the high-speed scanning technique, the statement of condition, the freedom technique, esophy auditing, and developed a 100 percently ideas about specific cases. Nothing like this, with such a sustained background of underlying attention to basic dianetic thought exists elsewhere in dianetics--or Scientology.

Every "case" has a large amount of APATHY on it. Run yours with a tape designed to progressively erase the apathy accumulation of a lifetime \$6. Note: a new, better recorded and more detailed tape has now been made available. If you have the old one, and want the new, return yours with \$1.50 to cover copying and handling) and you will be sent the new version. Order from IDS.

DIANETICS

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