

The Human Engineer

for the development of the whole man

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EDITORIAL

by

Rev. James W. Welgos

According to a lot of people one must "return" to the past to correct what happened there. These are people who do not see the structure of the human organism as it really is. The past is unchangeable! You cannot correct the past. It has already happened and is therefore gone. You exist here and now. The goals which you took from your past now lie ahead of you and are molding your present actions. Therefore one does not change the past but instead changes his relationship to that past. There are many techniques for accomplishing this. Most of them require a re-training of the sensory structure. But the first step in building any sort of permanent result comes from a re-evaluation of the ideals which one has had before him. Beyond this must come the changing of one's sensory structure and then finally to make the job complete comes the re-evaluation of the "personality" identifications.

This is a four stage development that occurs on three levels. This is the reason why the "Lessons in Living" are going to be shifted around. Future students will be getting one chapter at a time from each of the levels consecutively. Or, to be more explicit there will be first a chapter on the "semantic" level then a chapter on the "physical" level and then finally a chapter on the "awareness" level. Then the round will be repeated until the entire six years of lessons have been absorbed. This change is being instituted as rapidly as possible.

"THE HUMAN ENGINEER"

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If it is a little too soon to be getting letters in about our new format but we ourselves are most pleased with it since it will enable us to cover far more ground than we've ever been able to in the past and we sincerely look forward to "The Human Engineer" growing into a full fledged magazine. We are contacting authorities in a vast number of fields that are closely allied with our own and asking them for articles along with many of our more interested students who have been using the "Lessons in Living" and getting results by following them exactly. Among the names we are contacting for articles are people like Aldous Huxley, A. E. Van Vogt, Dr. J. B. Rhine, Max Freedom Long, Ben Sweetland, Norman Vincent Peale, and many many others. Let's do a little "Flower of Life" to have them all contribute to "The Human Engineer".

Questions From Students
(Answered by Rev. Welgos)

From a student in England comes a question--"Can we dispense with association in memory work?" This question has, on the face of it, two different aspects. One is the question of "Can we throw away all associative mechanisms to develop a more perfect memory?" and on the other side is the question "Is association necessary for memory work?"

This was answered quite fully in "Development of Natural Memory". We will try to clarify any questions on it. Living in a society as we do association is a most vital part of our structure. It is necessary if we are to do our jobs, pay our bills, etc. Association is necessary if we are to know who our friends are and to enable us to function in the socially aligned world around us.

But, association is not necessary for the most complete functioning of our memory. Sensory control is far more important in this view than any associative device. In our culture properly labeling something is of vital importance if most people are going to benefit. We can kid ourselves that we are using nothing more than association but to do so is to limit our comprehension of how we function. We must come to understand what it means to have sensory control. Association is vital as a beginning concept but the sooner one dispenses with it and sees his functioning

as it really is the faster he will regain control of himself.

Subscriptions to "The Human Engineer"

When someone buys any of the Short Courses he will be given the first six issues of "The Human Engineer" free to acquaint him with it. Thereafter the subscription rate of \$2.00 per 24 issues will hold. Those who subscribed recently at the old rate of \$1.00 for a year will have their subscription pro-rated to give them 12 issues.

Many getting this issue of "The Human Engineer" are also getting notices of expiration. Please forward your renewal immediately so that you won't miss any issues. You can look forward to many, many interesting articles by many authorities in other fields. People like Prime Minister Nehru, Wm. J. Reilly, L. Ron Hubbard, Dr. Carl Rogers, Dr. Alexander Cannon, Sri Aurobindo, and many, many others. All of these are being contacted by us for articles.

ARTICLE

by
H.G.R.

In the fall of 1954 when I started on the Lessons in Living I was working at an interesting but financially unrewarding job. I spent quite a bit of time trying to produce results and several times had a feeling of something imminent only to get a let down. I was probably trying too hard. With the lesson on the practical method of using the saucer and coins for financial increase I entered into the game with enthusiasm.

Within three weeks I went to get my bank statements and despite my close check on the small account there was an extra \$100 in it. I went back through my statements and there may be lots of explanations but the extra \$100 was there.

I worked with the saucer enthusiastically a few times per week for several months and during this time my wife paid for the divorce which I had desired very strongly, and agreed to an amicable property settle -

ment without alimony.

One morning in August 1955 I arrived in my office to find the phone ringing. The secretary of our professional association was calling to give me the name of a firm unknown to me who were looking for a supervisory engineer free to travel. It couldn't have suited me better. Within two weeks I was working at 2 1/2 times my former salary, everything provided, small suite, all living expenses, clothes for the job, new car. I arrived at the site to find the best of two locations open to me as the present incumbent was incompatible. They gave me an excellent engineering team for a staff and raised my pay at the end of the first month--retrouctive. The local merchant who was setting up a men's wear shop called to offer to outfit me with all my needs wholesale.

We needed a secretary and office girl in that remote area and I pictured the type I would like to have around. I hired a local girl I had never seen on the basis of a short transcript of her work record. She turned up two weeks later, a slim dark haired former model, an excellent stenographer and office organizer with a pleasant husky voice, lovely features, warm, friendly manner, a sense of humor and a very decorative wardrobe which she knew how to wear.

I was working with the "I am a child of the infinite" routine as I had been frequently since hearing about it, usually on arising in the morning, or driving.

I was looking over radio catalogues from which to buy a personal radio and had pretty well decided on the model from the catalogue. I was of the opinion it would be a good idea to have the short wave band covering the frequencies we were using to communicate between the job sites. Thus I could monitor the jobs from my quarters. I was talking to Zone office one morning and they asked me if I had my personal radio yet. I replied that I hadn't sent for it but had pretty well picked it out. He told me that there was one on the train for me. The company had sent us beautiful three band, three way portables as a Christmas bonus and they sent them all to technical personnel down to inspector level. Smack in the middle of the "B" band were our communication frequencies.

I was going over catalogues choosing furniture for my rooms when I was called to a conference in Zone office. Among the decisions passed at this meeting was one to supply all bed room and lounge room furniture for the guest houses including my quarters.

With a radio supplied me, I bought the one I had ticked and gave it along with a substantial cheque to Mom and Dad for Christmas. Then I loaned \$100 to the local curling rink to assist in buying new rocks, loaned over \$200 to one of my staff to go and get married. When the bank transferred my account to Toronto recently it contained over and above my care-fully kept account almost the exact amount I had loaned and given away and none have paid me back yet.

I no longer question anything.

LESSONS IN LIVING

Following are two excerpts from two different Lessons, which present more of the basic ideas from the course. The ideas in such paragraphs as these are of great importance in helping a person toward integration.

from Lesson 2:10: "In our culture we place a great deal of value on being unsure of our knowledge. One must check and re-check to be sure before speaking forth. Any fact which has not been quadruple-checked is looked upon with a jaundiced eye. We have a "scientific" procedure for thinking and for experimenting. But this procedure, in and of itself, produces a great deal of unsureness. When one looks upon facts, on the other hand, as having real existence regardless of seeming inconsistencies with other facts, then one is achieving a higher degree of rationality. The seeming inconsistencies show up when one framework is matched against another. If one is to achieve full rationality he must be able to justify all facts, regardless of the framework".

From Lesson 1:5: "If we are honest with ourselves and really test our limits and capabilities, we will find them far, far more extensive than we had ever realized. Only when a person has really stepped outside the social framework--after having taken a real-ly close look at what is necessary and what is not for

the accomplishment of his goals--can he begin to find just how extensive his capabilities are. So long as he is bound within the framework society has built for him and convinced him of, ideas such as these will be intolerable. A man's values are strictly social to a large degree. He thinks of his problems only from what would be a socially acceptable viewpoint, not realizing that there is more to the human organism than society has decreed shall be recognized. There is an old saying that fits well here; 'Dare to do, and you will have the power to do.'

Comments from Lessons students are growing in number and enthusiasm. L.C. tells us; "I have received a great deal of benefit from the Lessons and expect to get more, am so grateful for the benefit received." D.P. writes, "My wife has been reading the Lessons and re-reading them as per instructions, and there cannot be the slightest question but that she is getting a great deal out of them." From H.W.; "Since starting the Lessons in Living course my life has changed radically. My entire attitude towards people has changed to an attitude of trust and appreciation. I haven't got an enemy that I know of. I am not as emotional as heretofore. I feel more confident that I can get things done. Every month or so I take inventory and I have improved in some respect." H.B. says, "Never a day goes by but we discuss these Lessons in Living and strive to use them--and we have far too many miracles occurring to put them down--we are accepting the fact that we are creators and can manifest anything we need." W.B. writes, "I have been able to see a steady improvement in my attitude toward myself, my family, and life in general." And B.C. writes, "In case R. hasn't written, she has already grown an inch--with more to come. Her back is straightening nicely and she is getting very adept with her hands. Also, high tone level.

SHORT COURSES

The accolade for the Short Courses is also tremendous. Ed Davis writes, "It is a pleasure to read the Short Courses. I wish I had really known more about them; they are of inestimable value. Is it possible that many persons have failed to ask for these courses because they didn't know their real worth? Jim, you really have something in these books. I think

every one of your present students should be notified of their importance. I really don't see how they can get the most out of the Lessons without every one of the Short Courses. They should be reformed about them and if possible be made to buy them. The courses not only supplement the Lessons to a great extent but unless they are read along with the Lessons the students are not reaping the benefits open to them. These books are just like personal talks with you--and at only \$2.00 a throw! They are just too good to be missed."

The Short Courses are also being written up in a North Carolina newspaper, "The Salisbury Post", by a staff writer, Mr. Tenus Cheney. He gives a lot of space to the books and is very impressed by them, particularly "Desire Into Reality" and "Everyday Future". Of the former, he says, "It must be rated as inspirational reading." Commenting on "Everyday Future", he writes, "Regardless of your station in life or the degree of happiness which you enjoy, I definitely am of the opinion that it could be enhanced by a careful perusal of this practical, understandable book which has meant so much to so many and whose horizon is far beyond the vision range of the human mind."

FLOWER OF LIFE

Mrs. C.B. informs us that her request for help was granted; her illness is gone, she has gained in confidence and is more relaxed. Mr. R.M. writes, "I take great pleasure in informing you that the hernia, which had become so large that a truss would not hold it in place, has entirely closed up. There is not a sign of it left." A.D. tells us that she is less concerned over her business and has gained in confidence.

GROUP WORK

We are very interested in the progress of study groups who are working with our material. Please let us know how you are doing. Evelyn Magdaleno, of the Compton Counseling Service, Compton, California, reports, "I have used all of the material disseminated by the Eidetic Foundation and later Human Engineering since 1951 and I sincerely believe the material you

have given to the world has been and still is the best in the field of self-development. In classes as well as private counseling I have found it most successful. Last February I started my first Lessons in Living class and these students are getting the results they desire. I am beginning a new one at the end of this month and already I have a registration of 20, so the good word passes on."

Rev. David Shreeve has a center in Portland, Ore. where the Lessons are taught. He says, "I started a new class in lessons in Living and have twelve people. I am starting advertising for a new class to start about the middle of February. We are also advertising a class in 'Escaping Old Age' to start March First. I wrote up a letter telling of our services and the Lessons and we gave 10 of these to each person in the Sunday services to add a few personal lines to each one and send to someone they know who might be interested. These have had good results."

PERSONAL TRAINING

Students who have spent a week or more at our headquarters to receive personal training seem inevitably pleased and grateful for the results. Following are two out of many reports. From Mr. C.I.: "My one week's training course at Human Engineering was a most enlightening experience. The assignments, studies, and exercises really opened my eyes to what I did that caused my physical condition to be in the state it was and what I was doing that was maintaining the condition. Before attending the course I was considering going to a hospital for a hemorrhoid and a double hernia operation, but I am glad I chose the training course instead. The above mentioned conditions are almost gone and with the tools I was given to work with I know that I will be in perfect health very shortly."

Mr. R. S. writes, "I must have changed at least a little while I was there with you because everything is going so smoothly now. It wasn't at first because everyone expected more than I produced, but now it's getting better every day. This job has an increase of at least one-half over what I was getting."

BOOK REVIEW

"The Prophet" by Kahlil Gibran. 107 pages, pub. A. Knopf, First Printing 1923.

Gibran, the Lebanese-American poet, was beyond doubt an illuminator as well as one of the great poets of the Twentieth Century. His mind penetrated to the essential truths of Life, Man, and God, and he expressed his experiences and concepts in profoundly beautiful and moving language. "The Prophet", his finest work, has its setting in the city of Orphalese, where the young prophet Almustafa has lived 12 years. Now it is time for his ship to come and take him back to the land of his birth. As he prepares to embark, to the people of the city gather to hear his last words to them. They question him, and he speaks of many things; Love, Marriage, Children, Giving and Receiving, Houses, Joy and Sorrow, Buying and Selling, Eating and Drinking, Crime and Punishment, Laws, Freedom, Reason and Passion, Pain, Self-knowledge, Teaching, Friendship, Talking, Time, Good and Evil, Prayer, Pleasure, Beauty, Religion, and Death. Gibran speaks many enchanting passages through his prophet's mouth. The symbolism is magnificent, the metaphors incredibly lovely.

The oneness of Life, the fulfillment of purposes, the god-self beneath personalities, and the eventual return of each human being to the Great Sea which is God, all this is made clear. Of Love Almustafa says, "Love gives naught but itself and takes not but from itself."

"Love possesses not nor would it be possessed; For Love is sufficient unto Love."

Of Giving he says;

"For in truth it is Life that gives unto Life-- while you, who deem yourself a giver, are but a witness."

And more; "Work is love made visible." "Pain is the breaking of the shell which encloses your understanding." "No man can reveal to you aught but that which already lies half asleep in the dawning of your knowledge." "You talk when you cease to be at peace with your thoughts."

Of Beauty, he says;

"Beauty is Life when Life unveils her holy face."

"But you are life and you are the veil.
 "Beauty is eternity gazing at herself in a mirror.
 "But you are eternity and you are the mirror."
 As Almustafa turns toward his ship, his final words are;
 "Forget not that I shall come back to you.
 "A little while, and my longing shall gather foam and dust for another body.
 "A little while, a moment of rest upon the wind, and another woman shall bear me."
 To the reviewer, this book has been a source of great inspiration and stimulation. Read it if you want an unforgettable experience in great literature.

MUSIC DEPARTMENT

A regular feature of "The Human Engineer" will be a brief analysis of popular song lyrics which express concepts related to our lives. Sometimes the truths expressed are so penetrating as to be amazing, even though the songwriters themselves did not quite realize what they were saying. Readers who are familiar with our "Analysis of Popular Music" tapes know what we mean.

Suddenly There's a Valley

When you've climbed the highest mountain
 When a cloud holds the sunshine in
 Suddenly there's a valley
 Where the earth knows peace with man.
 When a storm hides the distant rainbow
 And you think you can't find a friend
 Suddenly there's a valley
 Where friendships never end
 Touched only by the seasons
 Swept clean by waving grain
 Surveyed by a happy bluebird
 And kissed by the falling rain.
 When you think there's no bright
 And you feel you can't try again
 Suddenly there's a valley
 Where hope and love begin

The "highest mountain" can be thought of as the troubles which beset us as life becomes a long, hard climb, a losing battle; the clouds hiding the sun-

shine are the gloom we feel. Friends seem few and far between, and the future looks dark. But then, if you seek and persist long enough (note the reference to the highest mountain, and to trying again and again) you will find a valley where there is peace, harmony, and sunshine. You will learn the secret of harmony (the earth knows peace with man; friendships never end) and your desires will be attained. Instead of an uphill battle the road will be smooth and bright. The key concepts are persistence (steadiness) and harmony (which can be related to appropriateness in personal relations).

IMPORTANT NOTICE

A reminder to our Lessons in Living students; those who are coming to our headquarters for personal training in the summer of 1956 must pay the full current rate of \$100 for the year's lessons and training (\$75 for the lessons and \$25 for room and board and training). Those who started the lessons at the previous lower rate must make up the difference. The former rate was \$50 for the year of lessons. (This was also announced in the September First newsletter).

OTHER COMMENTS

From L.H.; "Of course I don't wear glasses, my figure is improving. I'm getting more youthful, am very very happy--just love people and they seem to love me and I always have a parking space at the post office. I'm not bragging believe me, I am only telling you about my improvements. We are growing and we are glad." D.T. tells us, "I stopped wearing glasses three days after my visit with you last summer, and I have not needed or used them since. Certain insights I have had, especially about human relations, used to come only in flashes, soon lost. Now I have stabilized many of them so that I can use them at will. Result; more darn friends! All sorts of people write me letters; my old music teacher whom I hadn't seen or written for three years called me; people I hardly know say hello to me; half a dozen people have come to me for help or advice in the last few weeks; pretty girls smile at me...."