

The unknown tones of atoms and stars have astounding power.

And your body—which is composed of cells which are composed of atoms—CAN be TUNED-UP to respond to such powers!

These Lessons teach you to tune-up and spiritualize your body, to pulsate in harmony with the spirit of the universe.

To do this, it is necessary to use powers which will reach deep down to awaken the Brain of Spirit to free its powers.

The first start in lifting-up the body to greater responsiveness is effected by use of the *initiating*, or *operative* powers.

These powers are used to initiate a greater responsiveness of the body, so that it will be prepared for the higher vibration of spirit actually to flow into every cell of the body.

These *initiating* powers are the higher *unknown* powers of light, sound, rhythm, cosmic rays, et cetera.

But to lift-up vibration of your body, and prepare it to respond to spirit, you must use powers, the *initiating* powers which *penetrate* into the body. Several do not; even x-rays do not pass through bone, so they are useless for this purpose.

And you can NOT use the unknown powers of light for such initial awakening, because light never penetrates more than 1/100 of one inch into your skin.

If it tries to go deeper, nature builds up a wall of tan to keep it out, or cooks your skin to blisters.

Light in moderation is beneficial to the outside cells,—that is, to the skin cells.

But it is deadly to the cells of your *inner* physical body!

You can not often use the unknown powers of high electric rays, because the machines which produce vibrations of such high frequencies cost several million dollars!

And you can NOT use *Mind* to awaken the *Brain of Spirit*,—for thoughts of mind always tend to block expression of spirit.

I do not need to argue this with you, for you know from experience that freedom of spirit has been blocked—perhaps all your life—by thoughts of what you should or should not do!

Yet many teachers have written books and lessons, to teach you to use 'only mind' to awaken spirit.

But when you follow such instruction, you ultimately find that you are not attaining that which you wish to attain,—no matter how thrilled you were the first few months of such effort.

And often such methods—if continued for years—lead not only to disturbed body functions, but also to unbalancing of the mind!

Since your body is not as responsive to spirit as you desire, it is wise—from the practical standpoint—to *prepare the body*, so that spirit can normally manifest through it more fully.

This is done by means of the operative powers, which INITIATE responsiveness of the body.

But there is ONLY ONE of the initiating powers which you can easily use which has power to effect the *initial preparation* of the body structure, and which also penetrates it, so that its cells will vibrate highly enough to begin to respond to spirit.

Orientalists have known this power for centuries. They have tried to teach it to us, but we have understood it only mentally.

And even their own teachers have lost the spiritual understanding of it, and teach only the mental and physical exercise.

The first initiating power to be used, is *silent sound*—sound that IS silent to your ear, yet ten thousand times more powerful than any sound you can hear!

Silent sound is the harmonizing power of the universe.

We have evidence of this, when its higher overtones are vibrated through matter. It is only the lower tones which rip matter apart, and destroy it. The higher overtones—the silent overtones—are so constructive that they actually build up substance, and even new tissues of the human body.

It is these higher unheard overtones which I teach you to use to *initiate the awakening* of the Brain of Spirit, and prepare the body to vibrate harmoniously enough to respond to spirit.

Silent overtones are mystic energies of stars and atoms.

They are the only power you can use to initiate responsiveness of the body—for colors and light can not even penetrate the skin, you can not secure the means of producing the higher electric vibrations; and thought tends to repress the power of spirit.

The four reasons for the use of the higher silent overtones to induce initial awakening of the body, are as follows:

First, mystic silent tones PENETRATE to every body cell;

Second, they HARMONIZE the cells, just as they forever harmonize stars in their courses, and the electrons in atoms;

Third, they TUNE-UP the body, so its cells can receive (inspire) the cosmic powers of spirit; and

Fourth, since they reach down to Brain of Spirit itself, they can awaken it, so its powers flow more freely and fully INTO the activities of your body, and into action in your life.

Sample Lesson - (Condensed) THE GREATER SPIRITUAL RESPONSIVENESS OF BODY

&

AWAKENING THE BRAIN OF SPIRIT

By

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THE GREATER SPIRITUAL RESPONSIVENESS OF
BODY AND
AWAKENING THE BRAIN OF SPIRIT
by Brown Landone

THE GATE TO THE PATH..... LESSON I

This is the gate that leads to the path that leads to the steps that lead to the portico of the Temple of Transformation.

My very first suggestion in these Lessons may surprise you, for since they are written to help you respond more fully to spirit, I ask you *NOT* to 'think' too much about *details* of information given, or how the development is to take place.

You know that thought **DOES** hinder free expression of spirit.

For years in your own life, many an impulsively joyous desire of spirit, has been restricted in expression, by *some thought* of whether or not you dared to express it.

So if you ask me, "how many minutes?"—or how many times—or often—you should do this or that, — *I shall NOT answer!*

I will NOT aid in such thoughts, which hinder your development.

Think little of details; but **FEEL** deeply whatever you **DO**.

There is rhythmic power in work harmoniously repeated—four or seven times! And when wise, I advise such rhythmic repetition.

But otherwise, the less you 'think' about details, and the more you **FEEL**, the greater will be your response to spirit!

Another forethought is this: when we later come to the use of spiritual desire, please do **NOT** center it on pleasure things—such as growing a new toenail, or a new head of hair!

Most people fail because they desire too little things!

It is right to desire little things, but *spirit IS initiative*, and if you too often limit your desire, you will put a "thought damper" on the greater expression of spirit.

Desire greatly, and you attain greatly!

THEN all "those other things **WILL** be ADDED unto you."

I am writing these Lessons differently than most courses are written: (1) *in real reverence* of the subject; and (2) as a *friend* to lead you to *think less and feel more deeply*.

First, recognize the difference: Awakening the mind brain leads to *improvement*, but awakening the brain of spirit for greater spiritual responsiveness, leads to *transformation*.

Second, since the brain of spirit is far down in the body— just above the kidneys—it can be

awakened only by those means which do *reach* down through the body.

Third, any attempt to use *DIRECT means of awakening spirit*, will hinder full manifestation, just as you injure a rosebud, if you use *DIRECT* means—to try to *pull* its petals apart!

And fourth, do not try to awaken the brain of spirit by thought—never by affirmation or concentration.

There are *two results* which you **MOST** desire!

They are heavenly results, because when they are attained, all other things are added.

The first result you want, is abundant, overflowing energy **IN** your body—energy inspired from the universe—pulsating like a flame of life all **THROUGH** your body.

This is important, for 99% of your problems would disappear completely, if you had only twice the energy you now have.

The second result you desire is the constant flow of energy **OUT INTO** free and full activity. Merely possessing abundant over-flowing spiritual energy **IN** your body is not enough.

You want it **EVER FLOWING OUT**, freely and fully, into **ACTION!**

To attain the first condition, I teach you to tune-up body to spirit, and awaken the Brain of Spirit, so you **WILL** in-spire (take in) more divine energy than you have dreamed possible!

To attain the second condition, I teach you to use the Seven Creative Powers of God—to impel all soul power to move out into action to vitalize every cell through which it moves, and transform every condition of your life.

I know you have already tried many means and methods, and that most of them have not come up to your expectations.

BUT you have NOT yet used the UNKNOWN powers!

You do not even know them!

Of course, you know the powers of mind, and love, and life.

But there are other powers unknown to you.

There are the unknown *initiating* powers—holy light, high electronic energy, mighty silent overtones, and rhythm.

I also call these powers, the *operative powers!*

Clearly understand, there are two groups of great powers. One group is the *initiative*, or *operating* powers. The others are *conceptive* powers—of God and the soul. The *conceptive* powers are mind, love, life, and spirit.

Most people make the mistake of depending entirely on the *conceptive* powers without preparing the body for their use, by first using the *initiative*, or *operative*

powers.

Some claim that only *conceptive* powers should be used.

This is not sensible. Heat is one of the *operative* powers and you know very well that mind or life or love can *NOT* manifest through your body, if it is frozen stiff. Heat **IS** an essential. So are all other *initiative* powers.

I am teaching you uses of powers, never taught previously.

First, tune up the body by *initiative* or *operative* powers.

THEN you will never fail to work transforming changes, when using the *conceptive* powers of mind and love and life and spirit.

So please give careful attention to using these *mighty operative* and *initiative* powers, *first*. They are powerful.

The light rays you can **NOT** see, are 1,000 times more powerful than the light rays you can see.

The high unknown electric rays are rejuvenating, although 110 volts will shock you, and a 25,000 volt current can kill!

And there are the *mighty unknown* powers of silent tone.

The miracle of the *UNKNOWN* powers, is this: Whenever you **TUNE UP** a lower *destructive* power so that it vibrates more like spirit, it then changes its effect, and becomes a *constructive* power.

You can use these, to **TUNE UP** your body, to vibrations of higher unknown power, so that transformation can take place.

For example, when the low electric current which will kill your body, is stepped up a million volts, and its frequency increased, then its deadly current becomes beneficial, because *it is more IN-TUNE with the spirit power in your body.*

Another unknown *initiating* power is the mystic **UNHEARD** overtones of **SILENT** sound!

Glorious tones sing **IN** all things, even in **YOUR** body.

Our human ears hear only a few tones. Dogs hear many more, and bats and ants hear still more and higher tones.

You can **NOT** hear a tone of 25,000 vibrations a second!

But ants hear tones of 50,000; and there are tones of crystal stones that vibrate 500,000 times a second. There are also tones of atoms and stars.

Such tones are absolute **SILENCE** to our ears. They vibrate 1,000,000 or more times a second!

The song tones of some **STONES** are very powerful. When a pebble of laminated crystal is placed near an anti-hill, its song increases activity of ants ten times, and without fatigue!