

# DIANOTES

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Randomity....

ELEANOR Forbes pulled a novelty in Dianews by reprinting some of the more pertinent data from her early issues. Makes us wonder what has become of some of the enthusiasts of those hectic days. Person-wise and group-wise, there are some few missing. 'Tis said that retrospection is good for the soul. Thinking back about the gawd-awe-full messes that some of us used to be---we shudder!....Good idea, Eleanor...P.S...Just ignore Clem Johnson and his new-found attitudes....

DIANOTES welcomes a new competitor in the dissemination of information. "Aberree", edited by Alpha Hart, conveys a "fresh" feeling as its pages are scanned. Alpha will be remembered for his work as editor of the Journal of Scientology. Evidently he was working under restraint in that job or perhaps he has really improved his own case. Whatever the reason, the job that he is doing now on Aberree is much more optimum. Those interested can subscribe by addressing Alpha at 207 N. Washington, Enid, Oklahoma....Note...We haven't decided yet which side of the fence he's sitting on....

WHAT'S In A Name Dept....

Some time back, Ye Ed concocted a new "science" and named it Taxicology. Last heard of, it was wending its merry way, hither and yon, via the private tape circuit. This new "science" was given birth as a protest against further secession of various contingents from the dianetic community. Art Coulter is the latest secesher. Synergetics, according to Art, is different from dianetics. It, no doubt, deviates from the original concepts, but---without the interest generated by dianetics, it probably would never have been born. As we see it, dianetics, and its attendant sensationalism, apparently is unacceptable to the more conservative lay-public. Rather than internal splits, let's get a consensus of opinion and, if necessary, find a new name which will satisfy everybody. Sensationalism should be avoided. It shouldn't be necessary now that we have numerous techniques that can "deliver the goods" with reasonable certainty. How about it, folks, got any opinions on the subject?....

BOB Williams' article in the Communicator, "I Make Love To Their Feet", attests that Bob has gained new insight and should make rapid strides from here on in. While these concepts may be new to him, (plus skads of others), they have been more or less in practice for quite some time. The techniques indicated, and those which can be abstracted, are valid and useable. Stripped of all embellishment, the basic concept could be, "It is more blessed to give than to receive." Love is based on such a concept, service being the medium of exchange. Built upon such a foundation, love and friendship could never cease.....We liked it!....

ANY Port In A Storm Dept....

LRon has done it again! Scientology can now be practiced in any State in the Union, bar none. With uncanny astuteness, acumen, insight and much ingenuity, he has anticipated every possible contingency which might affect auditors in all parts of the country. Our hats are truly off to him for the Freudian Group hook-up and obtaining the right to provide his graduates with a "Sheepskin" signifying them as official "Freudian" Psycho-Analysts. Thus, they can enter competition with other psycho-analysts on an even footing. However, we cannot see where much is to be gained by dishing out numerous insecure D.D. degrees which do not signify anything except that the holder of such may legally enter a field for which he might be totally unprepared. While the basic concepts of dianetics and scientology coincide and run parallel with basic theosophy, few auditors have the necessary philosophical and theological background to prepare them for the ministry. Until such training can be made available, let's go easy on the religious angle, shall we? A "Diploma Mill" such as this is no asset to the dianetic community....

## ANENT Group Therapy....

Of late, there has been much evidence of a tendency toward group therapy. As such, it is to be considered a step of progression. Heretofore, the ascribed practice in group meetings has been to discuss techniques to the point of satiety and, in some cases, disgust. The dianetic community has been fed more techniques than there are available preclears, but it appears that this phase of our progress is now on the wane and possibly we can now advance, as a group, to a common goal.

Group therapy has been in the offing for quite some time. It has been stalemated by the fact that each member of the several groups seemed to think that his, or her, goals and problems were private property and they could conceive of no common goal other than that obscure state of being clear. It is now apparent that a common, beneficial goal can be agreed upon by a group without interfering with individual goals, regardless of what they might be. Also, individual problems have been discovered as being quite common among the total population.

Group E and Hyper-E were, I believe, the first important steps toward group therapy. They lend themselves ideally to group participation, especially in small groups. Four or five people are sufficient to form a workable group and, if a few simple rules are observed, the members can benefit greatly. Tapes are available from Beckstead in Phoenix, Arizona, describing and demonstrating the necessary techniques.

The HAS, also in Phoenix, has recently released an excellent group technique. SOP 80, a symbolical process, is fast running and effective in many cases. Like Group E and Hyper-E, 80 follows Theta lines and supposedly runs out the charge from incidents without actually touching upon them consciously. Since it is desirable to avoid the actual running of specific incidents, it becomes necessary to run such a restimulative technique at a high rate of speed. Hidden under the surface are restimulatory probes which provoke recalls on the entire tone scale and, if presented in proper sequence, they constitute a complete emotion curve. Tapes featuring Hubbard's voice are available from the HAS.

Operation Bootstrap, conceived and sponsored by the Foundation at Wichita, is entirely a Mest process and is handled in present time. It is a take-off from Art Coulter's Analytical Procedure, known as group tracking. Each member of the group presents his beliefs, attitudes and motives in regard to the subject selected and either integrates his personal BAM or changes it in accordance with the other opinions voiced. Actually, it is an exchange of information to the common good of the group. The tapes for the "operation" and other information is available from the Foundation.

These group processes, and possibly many more, should supply the needs of any group for constructive therapy which will be beneficial to all of its members. In most cases, the size of the group will determine the results obtained. Smaller groups will tend to progress faster but most of our group techniques will benefit group members regardless of the size of the group. Mayhap a reachable, common goal will sometime be available to the entire dianetic community, on a group basis, which will place all dianeticists on an even footing. This is a thing to be hoped for and striven for. It would be beneficial to everyone....

CO<sub>2</sub> processing still excites comment from our readers, with the pro's and con's running about equal. From what we hear, if proper precautionary measures are taken, no ill effects will transpire. However, this has not been done in some cases and the results were anything but optimum. If this technique is to be used, we suggest that the preclear get an OK from his doctor before submitting to the process...Play it safe!

## A PSYCHO-THERAPIST COMMENTS ON DIANETICS

by

Oscar Kollerstrom

The following article is reprinted by courtesy of its author. It was written in Sept, 1953 as an addendum to a previous article which is included in an introductory booklet published by the Dianetic Consultants' Study Group of London, England. The booklet, "An Outline Of Dianetics", is a brief symposium by four psycho-therapists. It is worthy of note and we hope that interested readers will contact either Oscar or Jean Kollerstrom at 49 Randolph Ave., Maida Vale, W. 9, London, England....Eds.

\_\_\_\_\_ further experience has led to modifications of one's judgments of dianetics. Though I still have a very high opinion of it, and re-endorse my earlier eulogies, yet seeing it used on patients who were not believers, and seeing the paucity of results obtained by dianeticists who lacked psychological nous have made me more conscious both of the need for a combination of genuine human qualities and skill in the therapist, and of certain limitations in dianetics itself, particularly of the limitations of the essentially technical approach that is so marked a feature of this therapy. (Some dianeticists now seem aware of this). The good dianetic therapist must be a humanist. I must also mention that I have been able to find prototypes of all its procedures in earlier methods. Some of these are, however, largely unknown in ordinary psycho-therapy, and may well have been unknown to Hubbard. In any case, the concept as a whole is original. Others are now enriching it, most notably Ronald Howes of Minneapolis.

Meantime the principles of dianetics have, in "scientology", (What a word!), overgrown themselves to the point of covering the cosmos. Hubbard had written, "maybe some day we could get the pre-clear far enough away, and long enough ago, so that he could find the courage to run the charge off his case." Soon afterwards he came out with a mythology suited to this electronic age though based on doctrines from antiquity. Something of the sort was, of course, bound to appear in a psycho-therapy lacking an unconscious. In defence of Hubbard it must be mentioned that he obtained this material by questioning subjects whom he had connected to a psychogalvanometer. With this he checked their replies to questions by which he sought to push the limits of memory further and further back. In this way he found it possible to get quite ordinary people to "remember past lives". Also, by means of a development of what is known in psychology as "eccentric projection" coupled with his development of eidetic projection, he got people to feel that they were out of their bodies.

On account of anachronisms and other discrepancies, it is difficult even for esoterists to accept these experiences as "real". On the other hand, we must be impressed by their astonishingly vivid and realistic content, and the regularity with which they can be induced in typical forms. It would appear that the man who deepened memory to the level of eidetic recall has deepened the experience of fantasy to some usually untouched and uncharted level. Are we here concerned with a conscious experience of that solid level that is the matrix of symbol and myth? But no, for scientology is much nearer to the current fashions of science fiction than to the abiding forms of genuine myth. Besides, its sudden eruption in the dianetic field is so pertinent: its themes are so precisely accountable in terms of those unconsciously erotised trends and symbols that are just what a simplified version of psychology could not give an account of. Thus, scientology is almost as straight from the unconscious as is a dream. We must, however, be grateful to Hubbard for having made his bold attempt to tackle the subject of the esoteric on an evidential basis. As an analyst who has long deplored the current analytical trend away from symbols, I welcome this phase of scientology as a source of valuable material for research---provided that it is kept more

or less on this plane. I am happy to note that Hubbard has now cast doubt on it, and has declared the techniques involved to be "obsolete". Though they shook people out of their ruts, and in some cases gave a sense of release---chiefly in breaking up the belief patterns of fixated materialists, progressives, and sentimentalists---, yet they were apt merely to turn the former hard heads into literal believers. This result might perhaps, have been expected on account of the vividness of eidetic projection.

Hubbard's fertile mind has now moved on to produce still another form of therapy, which is what is now being taught as scientology. His consistency is apparent in that the original dianetic principles---though in conjunction with new ideas---are still evident, though his techniques are now totally different. These are ingeniously combined to form a set of exercises for the imagination, designed "to extravert the attention". Though the idea of "getting outside the body" is retained in many of these, this would not appear to be integrally part of the exercises, for they can be used effectively without this. My own experience of them so far is that many of them, in suitable cases, form an excellent adjunct to ordinary dianetic therapy. The usual line seems to be to regard always the latest development as self-sufficient, and as superseding any of the earlier techniques---which excludes dianetics. From the point of view of psycho-therapy, however, nothing can replace a proper re-evaluation of the past, and the insights thereby gained. Moreover, dianetics, in its "effort processing" embodies an element that is a natural counter-weight against the scientological tendency to fly off the earth.

To evaluate: In present day scientology we still find all Hubbard's brilliance illuminating each turn of his procedures. It becomes ever clearer that his genius is a combination of imaginative vision, his power of detailed observation, and his consistent reduction of every problem---even those of the disembodied!---to a problem of action in time and space. Perhaps one day a little more place may be found for the human soul, and for---a quality absent from Hubbard's "tone scale"---humility.

Afterthought: the new and characteristic features of dianetics---together with scientology---are no more like ordinary psycho-therapies than are religious exercises and other mental disciplines. Indeed, the method is essentially composed of a number of exercises for the mind that the patient learns to perform. Half the secret is in this, that the patient does something positive for himself, and thus increasingly takes responsibility for his own condition.

#### DIANETICS ---- AND COMMUNICATION

by

Jack Coriell

Have you recently taken a look at what has happened in the dianetic community since June of 1950, and then compared it with similar events in accepted professional circles of psycho-therapy ? Several interesting and useful things can be learned from such a comparison.

Dianetics exploded as a complete, one-man system of psycho-therapy, captured the public fancy for a while, and then started what looked like a dive into oblivion. Yet, in spite of results which, to be blunt about it, were about on a par with several other cults and fads, dianetics has evolved into a good and rapidly improving system, producing results which start to equal the claims made by Hubbard in 1950. Why ? What is different about this situation ?

First of all, while Ron Hubbard personally appeared to enjoy being treated as an authority, he vehemently attacked Authority in any shape or form in his writings and lectures. This allowed people who had new ideas, or improvements on old ideas, to speak out without being in the position of contradicting the most high. This attitude has become even more evident as time has passed, until now any person's ideas are as respected as anyone else's. Needless to say, this is a good climate for growing improvements in anything that profits from diverse viewpoints.

Secondly, Ron Hubbard brought out and sparked the idea of ARC, out of which has grown the comparatively excellent communications now available to dianeticists in the measure of their interest. Further, we're not even going to just keep up communication, we're still learning how to improve it.

Thus it seems to me that these two factors have been most important in developing dianetics as we know it today, out of the tremendous interest aroused in 1950. Certainly the evolution of thought that we have gone through couldn't have taken place in the atmosphere of Authority, treading softly, and conservatism in which the people who fear blame, and loss of prestige work.

The moral of this little story is this: let's put some of our tremendous collective thinking power at work on angles to improve our already advantageous situation --- and then communicate them!

As a tentative set of working rules, I'd suggest the Wichita Foundation's operation bootstrap suggestions: 1) Respect the other person's ideas, (but this doesn't mean agree with him!), 2) Get everyone into the discussion, (meaning here that if you have even a small idea that might be novel or interesting, communicate it to others.), 3) Keep as close to the level of individual experience as possible. Abstract theory is stimulating and fine, but reports of direct experience are much more valuable for other people's use.

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Letter from Don Maier. (Central Pennsylvania Group.)

....Since you have been somewhat critical of CO<sub>2</sub>, I thought you would like to have the opinions of someone who actually had a bit of it...I would like to emphasize that I only spent five days in Denver, and the total processing with the gas and using the time of the auditor was about eight hours. The experience was profound. From the standpoint of material uncovered, emotion discharged, depth of subjective feeling, and reality of material run, that technique is easily the most effective I have run into in my four years in dianetics....I realize that eight hours isn't much. Some changes have taken place, but I am very much aware that many more are required. After five months of settling-out, my opinions remain the same, I need more of it....This is not a technique that just anybody can use. I quote from a letter from Art Coulter dated March 21, 1954:...."CO<sub>2</sub> should be used with caution. Prior consultation with a physician should always be made....I feel this (consultation) should be emphasized. It is definitely contra-indicated in cases of heart disease or chronic pulmonary disorder, for example, also kidney disease....Granting this caution, CO<sub>2</sub> has value in selected cases."....My personal opinion of the above "selected cases" would be that, until further research is done, other, lighter techniques should be used on beginning cases. Where CO<sub>2</sub> has a definite use is among the group of dianeticists who have been working at it for the past four years, and who are not satisfied with their progress, or who, deep down, realize that they have really been kidding themselves as to the amount and quality of the progress they have made....Definitely recommend Sadah's new book, "CO<sub>2</sub> and Beyond".....

## SPECIFIC FOR NEURALGIA?

The following was ran out by one of our members while in reverie and was in answer to a specific request. It appeared to the Pc as a printed page and the words became clear only a few at a time. The material was processed out in 13 sessions in a total of 10 days. It seemingly is a prescription for Neuralgia. We print it for what it is worth and hope that it will be of use to someone. The material is presented in the order in which it appeared, starting part way down the page and finishing at the same place.

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 ----- lie on a more even keel. This may sound odd. Don't neglect to eat at the right time.

You are beyond belief if you are reading this. Can't you see, you are asking for knowledge beyond your scope. By so doing, you are missing much. However, it has occurred and in the end may prove helpful. You are not, as yet, a complete being. There is still much to be desired. A little knowledge can be harmful if not correctly handled. Again, if misconstrued, it can be still more harmful. The art of healing has many branches. The cause for the many is misconstruction. All healing stems from the same source. That source is never conceived the same by different individuals. Hence, the many branches. In misconception lies the fallacies and the lost art of healing. If you would heal, you must control that which causes the malady. To this there is no exception.

Why don't you suffer it out? This is a logical question. If inroads are made upon the body by some foreign influence, it is reasonable to expect that the body will be resuscitated by a natural process when the malady has subsided. This is true, but fallacious, as it presupposes that any attack upon the body must run its course before healing action can take place or the body can recuperate. Foreign influences are susceptible to control at any time after discovery or, providing that an individual is preconditioned, even before an attack is made. In the latter event, no malady can result. This is complex only to the extent of visualizing what others may think. That part of a concept which receives no consideration, or is misconstrued, can cause the greatest fallacies. Truths in their simplest forms are seldom misunderstood or seldom become misaligned. Basic truths are few in number in regard to a single chain of thought or a simple goal. If there is too much information evidenced in the explanation of any particular simple subject, minute examination will point out any illogical factors. These factors result from the complexities and discrepancies of the human mind.

The art of healing in the beginning was simple. It was easily understood and its practice was widespread. In time, its use was confined to a few selfish individuals who usurped these powers for their personal gain. They gained their end by adding increments of no value other than to confuse those who sought to learn. This confusion soon spread into their own ranks because of the lack of comprehension in their own selfish minds. They were trapped in the mesh of their own selfish desires. To them, the art of healing became a lost subject. What was lost can be found, in part, by regarding the traits of the lower animals.

The animals are going to be hard to understand. Different species have different instincts. Climate and environment will effect differences, even in the same species. Heat and cold are determinate factors in the replacement of body tissue. Control of the body is accomplished in a manner which is common to mankind and animals alike. Although this is a point in common, animals are more proficient in utilizing it and in reproducing tissue of equal quality and texture as the original. Life span is not determined by body structure, nor is it dependent upon the type of food consumed in maintaining the organism. Rather, it is established by precedent in the early stages

of the species. Mutations, better living conditions and peace of mind can change this somewhat. Evidence of emotion and activity of the body are relative. Some animals will show emotion that does not originate within themselves but are reflections of emotions displayed by other entities. Healing processes can be, and often are, affected by such external influences. This also applies to mankind.

Healing processes in the body stem from the same basic principles but are widely diverse as to application. All such processes are natural functions and are sub-consciously applied. Initial cleansing processes are automatically instituted immediately at the point of attack and the body draws upon necessary elements, previously stored in various parts of the organism, to ward off the attack and make needed repairs. During the early stages of attack, the amount of food consumed should be at bare minimum so as not to interfere with the healing process. Hunger for certain types of food should be watched for and satisfied. Animal fats are to be avoided until called for, as are vegetables with excessive oil. Food should be consumed in amounts demanded during the healing process. Animals follow this regimen instinctively, as would mankind if it were not for a differentiating factor. Intelligence amplifies fears and induces hypersensitivity into the body. Confusion results and deters healing processes.

Confusion in the memory controls for various functions of the body is caused by misinformation and fear of body failure. Fear of body failure, accentuated by fear of an endless void, is the greatest deterrent to the healing processes. Reagents are loosened in the body, causing an imbalance which reflects upon the memory controls and produces tautness as in the expectancy of danger. When this is established, the natural healing functions are inhibited or stopped. This occurs in animals as reflected emotion, being foreign to their experience. In their natural habitats, only partial or total destruction could retard or stop their healing processes.

Peace of mind is necessary if the body is to function naturally. Animals have no need to acquire this state of beingness as it is theirs from birth. The confusion that besets mankind is acquired and stems from acceptance of external influences. Peace of mind can be gained only by neutralizing these adverse effects. When man is ailing, he should be moved beyond all problems and perplexities. If this is done, natural functions will be rehabilitated.

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### N E U R A L G I A

Seldom have nerve centers or particular nerves been restricted except by injury or abnormal growth. Restriction is followed by inflammatory conditions in random portions of the affected area. Sublimation of the memory controls can produce a like condition as can the tautness of fear. The latter is that which is of concern. The two are negative complements. Control can only be re-established by division and isolation. Nullify one and natural functions will obliterate the other. Energy in abundance is needed to offset the effects of fear. Food will be of less demand as the body normalizes, excess energy will create an imbalance otherwise. Relaxation obtained by diversification of body and mental activities will promote normalization. Mental quietude will dispel latent and active fears. Repetition of the visualization of fearsome objects or concepts will lessen their effect. A state of mental shock, however induced, will effect an instantaneous normalization. Radicals of this nature are wholly undesirable except in extremities. Education is the best method of approach in dispelling all fears. Also, confusion cannot exist where true intelligence prevails. Since nerves are subject to natural and internal and external emotional controls and can be restricted by structural deviations in the body, and peace of mind or mental quietude is a common factor in normalizing any combination of these, then any healing process must converge upon and normalize the memory controls. The nerves will then



## OPEN LETTER TO ART COULTER

by  
Stan Grady

Re your article, "Logo-Science and Insanity."

Dear Art:

Wish to agree a little bit, then disagree a lot. Hubbard, in most of his books, including Advanced Procedures and even in his recent courses, has said, in effect, "Insanity is here" (in this data) and that there is great potentiality for harm within the knowledge of dianetics and scientology---particularly if data is withheld. In which case the control information will be used by those who have it, anyway, and without the knowledge of what's going on, we're licked.

May I point out that your warnings come from your referent point---your comparisons and identification of meanings based on your training, your vocabulary arranged for that training, and your experience from that viewpoint. How can your comparisons be objective when your viewpoint is so biased---especially when you state that you do not know or understand scientology? I choose to read into your article a plea for some other viewpoints and will present a few in this rebuttal.

You gave us the medical definition for schizophrenia. Do you stick to this definition yourself, or can you admit the possibility that it could be a case of two "valences" or two (or more) "life continuums"? Have you tackled a case from this standpoint, Art? Two cases here, with the most awful psychotic histories, one after 10 or 12 electric shocks, and both "hopeless", were medically labeled "recovered---no regression". One was observed by our family doctor---in fact, he takes credit for the referral. John Lewis did the job (in N.J.); one in 72 hours, the other in just 2 hours. They both were resolved on the basis of valence and life continuum.

Apparently you haven't been "all through" dianetics, etc. from the beginning---or haven't had the same approach, or results from the various techniques, approaches, etc. that we have. We have tried everything with a "let's-see" attitude and have found something useful in everything we've tried. In fact, we've found that, in our opinion, a great deal of it overlaps in some way, and one technique helps another. Starting with "dub-in" way back in first-book days, we learned to run what came up to be run, and not to worry about whether it was real, or true, or really had happened. Old E-R therapy even helped to validate this attitude. We never cared whether what was being run was symbolic, actual, or dub-in---if the Pc felt that he just had to mess with it, we helped him through it. There was just one determining factor: if we stopped him, invalidated him or the material, he invariably bogged-down, felt awful or got worse. If we let him run it out, he always wound-up at least as he started, but usually much better. This same attitude carries through to processing material from LRH's "Whole Track", if and when necessary. But nowadays, with more data and more experience, we don't have to mess with it much. It's extremely interesting, but takes too long.

But now---the Thetan. That's something else. I would suggest you again study the outline of the theta-mest theory, put it into more popular terminology---even religious terminology, if you wish---and note that in paragraph 5 you have answered the problem you raised in paragraph 5. Except that I might add that one of the basic tenets is to maintain the game or exercise attitude. Note that I did not use the phrase, parlor game, as you did. It will boil down to religious beliefs (BAMs) in probably 90% of all cases, (99% if you suggest it). Whether a person has got religion or not, he's been exposed to it. It stacks up about like this---and I invite your consideration of this as a viewpoint that is quite workable: If you consider yourself to be a hunk of meat who owns a soul, brother, that's the basis you'll operate on. But if you, the

meat, are animated by something you own but don't know about, how does that balance out? Neat little way of ducking responsibility, isn't it? Not even responsible for this thing you own, but which is keeping you alive! However, if we can just turn this around a bit, most anything seems to become possible. (Seems to fit better with religion too.) In fact, an auditor who knows his stuff and is not fascinated with processing, can give you exercises that will be very convincing. If we can consider that we just might be a Soul, or Spirit, or Life-force, or Thetan, who operates a body, we then find that it's much more comfortable to own and operate a body than it is to try to convince ourselves that we are a body who owns a Soul. If it is an axiom that you can't succeed in ordering your Soul around---on the order of saying, "It will send my Soul (Thetan) over there.", it doesn't work, but you can "Be" over there---somewhat similar to but not the same as: extending your awareness over there, assuming a viewpoint over there, etc.

It is possible for you as an auditor to "send" your Pc places that would be physically impossible to him at the moment and get accurate reports from him that you can check. (I have done so, many times.) But it is highly unlikely that you as an "outside antagonist" would find anyone anxious to go "on test". It just isn't the nature of the beast! It is my experience that when he reaches this point in ability, he knows more about your intentions than you are letting yourself "know"---and if he doesn't like them, he'll see to it that they're changed, or ignore you. Here, we can use your Analytical Procedure to greatly simplify the job of getting the Pc "exteriorized", but until recently, we didn't know enough about it---and noted the trend toward processing just for the sake of processing, aimed toward whatever fascinated the parties concerned. We did find that we could "exteriorize" a Pc and explore or exercise his "theta abilities"---and immediately discovered that the so-called "theta abilities" are there. Using the words "theta" and "ability" obviates messing with a lot of beliefs that will interfere---there are enough so that it would take considerable time. In fact, I have a Pc who has made these abilities pay off to the extent of a beautiful new research lab. Four years ago he was just barely tolerated. Today, he's considered to be an extremely valuable development engineer. Unlike some others, he was smart enough not to attract attention. He states flatly that without dianetics and scientology, he would still be pushing a pencil---or, more probably, would not have the job at all.

You seem to stress "acceptance as real" of those things the auditor or others cannot perceive, as the line of demarkation for danger. (BAM?) It would be a damned lousy auditor that would let this go to that danger point---but I admit that there are lots of folks auditing who are doing it the same way they drive a car. They shouldn't be auditing! The only way to stop that, as we see it, is to suppress the information altogether---and that I refuse to participate in. You sound as tho you'd like to. How's about learning more about this thing that worries you so much? To take another slant on "acceptance as real", when another parties' intentions, attitude, emotions and physical actions are visibly and audibly changed by what is known to be a mere figment of the imagination--- without that other parties' conscious recognition of what took place, something is bound to seem a little "real" to one person. (He's getting "real" results and knows he's doing it.) The other can't perceive it---right? This is relatively easy. You can learn to do that without going far from Advanced Procedures and Axioms, which you recommend.

We're looking at this from different viewpoints, I admit---but, you see, you're using your authority in another art to invade and judge what you admit is unknown territory. You're driving down my road---and I'm saying, "Whoa! You're affecting the whole neighborhood!" The phenomenon of "seeing" whether something is black or white, etc.---have you investigated before rendering your professional opinion? If you have tried it and done it, or have had it done on you, you have about as much objective evidence as could

be asked for. We like to call it "Just a way of looking at things mentally." In any case, if you can do it at all, here is results, here is an intriguing method of healing, here is just another way of looking at things---not to see what makes them tick, but to straighten them out. Here also is a lot of "bunk" if it doesn't get along with your BAMs. We call it a crutch because already some folks are getting results more directly. My 6 year old son can produce startling results when he's in the mood by using "Black and White" as an imaginary game. You'd have one Helluva time convincing him---or his mother---that he didn't knock out a severe periodic stomach cramp in about 15 seconds. Only I knew he was going to do it, but my wife responded immediately and we both knew that he had done it. It's an odd sort of validation perhaps, but when you do this, you know you do it, but not much more. But you can obtain evidence that something has happened.

DELUSIONS...I reject your definitions. What about the belief that is engramic in the dianetic sense---enforced by pain? Can you correct that by "appeal to reason"? If you can run a BAM or CEDA on that without using some other dianetic techniques to make it accessible first---techniques which invalidate your definition---I'll eat worms, literally! I disagree with you, from my own experience and that of many others---most of us are not "willing to examine honestly the basis for our beliefs!!!" Wonder if you've noticed that you've done what most of the others who have "split off" have done. (Please read your article over again when you've finished this) Most have hollered "foul ball!" about something they didn't want to know about. Ron Howes was no exception, but he did make an effort to patch up. Hell, aren't we all after the same thing? Most of the data that you term beliefs that seems to tee you off, are not held as beliefs by anyone I know. More to the point, who asked you to believe any of the stuff, anyway? We don't think it smart to give any of the data to a Pc. We are very careful to point out that any of this data from outside sources---including the auditor---is to be considered as "only data---no proof" unless or until they find it out for themselves. The data that bothers you so much is presented to auditors as an indication of what they may run into while auditing---even with Pcs who haven't heard about it. It so states in that book you referred to.

May I remind you of how an analyst or a psychiatrist---or any layman, for that matter---used to react when a patient was found to be running or working in a pre-natal? By the same token, is it not possible that you may be trying to invalidate when you (quote) "appeal to reason or common sense"(unquote) in asking a person who has ran a whole-track incident or chain to agree with you that it didn't happen? At least he knows that he ran it---and if you question him calmly, you'll probably find that that is all that he's trying to tell you!

If I should tell you that I dreamed I was a prehistoric man, would you expect me to prove it? The nearest you'll ever get to proof is to see someone improve after running an incident in the far past---or running one yourself. You would then be in a position to evaluate the subject, if you want to. Someday you may find that you won't be able to get the bottom BAM in a pile until you allow your Pc to look for it in a so-called Past Life. Who cares where he gets it---as long as he gets it straightened out?

Notions that one is being influenced from a distance---better try to open your mind on that one, Art, because it's being done. I've seen auto-drivers moved predictably, an angry man stopped in mid-swing, with signals being made behind the "stoppers" back to indicate that now he was going to do it. I've done a few of the tamer things myself, such as put a mute onto loud conversation, stop petty arguments, change conversation, move over belligerent drivers, take over-eager traffic cops off my own and other people's tail, cause a man to stop instantaneously, an action that he did not know, was dangerous, etc etc---without saying a word, making a motion, or even being

near. I hope you won't feel called upon to believe any of the foregoing, Art, but I do hope it won't kick you up so much that you won't be able to look to see if it's true for you---or works for you. Your own beliefs are all that is keeping you from doing a lot more than I can yet tell you about.

#### DELUSIONS of PERSECUTION...

There is a type of control used by most of us that, to a sensitive who has partial awareness of it, knows he's reacting to it, but has no other data on the subject, would appear to be, or might be expressed as persecution if he's off his rocker and working in an incident where he's aware of this data, the persecution is sure as hell real to him, because he feels it! If he's off his rocker, he's not smart enough to conceal this data from you---

I put out a tape lecture on how to recognize this data in present time and how to handle it. I also invited an argument over my statement that when the data is brought into the open, it cannot be used for control---in fact, all outside control stops too. So far, no argument, but lots of validation. I turned that tape-talk over to Gordon Becksted, P.R.F., Phoenix, Arizona, and he's been circulating it as tape # 104 with the title "Mirror Technique". (It's not a technique, it's just data for anyone's consideration.) He also has typed transcripts. The data is not new, most of it comes from "Advanced Procedures" but was ignored in favor of processing the hell out of anyone we could get to sit still for it. I'd appreciate your comments---mainly because I feel that I've said enough here to make you into one of my severest critics!!!

My apologies, Art, for jumping you in this way---as tho our differing ideas were a matter of great moment. In a way, they are and I'd like to explain that now. Everyone says you are a great guy with lots on the ball. You have contributed greatly to my own advancements and to my value as an auditor with your organization of Analytical Procedure. You have achieved considerable stature and honor in the dianetic community and that fact lends "authority" to what you say. You left yourself wide open in an unusual spot with that article, but that's not important. I'm not one of those who has used my more easily acquired "knowledge" to bait medical men. Instead, I've maintained friendship with all those I've known. I've found that we can communicate. But when you use your position as a dianetics authority to speak as a medical man, with authority to judge a subject you admittedly don't want to look into yourself, in terms designed to cover a different art and attitude, you've got me (at least) to contend with---to scream, "It aint necessarily so!!!"

I've watched many men do this same thing---and I don't say you did it with conscious intent---, invalidate a whole subject by warning of things they suspect may be there and thus fix up a whole audience so that they can never, never expose themselves to that subject. Many dianeticists have done the same with "competing techniques". Many groups have been put to sleep in this way.

Surely you understand your own Analytical Procedure well enough to see where this can be so. Wouldn't your first and last stated purpose have been served by first learning, first-hand, how scientology works, then warning of possible pitfalls, in unmixed terminology?

Granted: there's danger there. But you didn't tell about it: What are the auditor's intentions? Do you know how to know your auditor's intentions? What is his grasp of the subject? What's he mixing it with?

Can we be friends after this tirade? I wish you all possible success in your new venture.....Sincerely, Stan.

## ST. LOUIS DIANETICS -- APRIL 1954

Richard G. Kerlin

4/6/54. Two members of Recovery, Inc. were our guests. We found a number of similarities between their ideas and methods and ours. Similarities were: 1) admit that a problem exists; 2) act on the conviction of free will; 3) regard symptoms as perhaps distressing, but not dangerous; 4) learn to "spot" symptoms such as nervous tension; 5) look at symptoms, without exaggerating them; 6) bear discomfort and mistakes; 7) change your "lingo" about symptoms; 8) practice moving your muscles; 9) encourage thoughts of security and group-mindedness, and long versus short-range plans; 10) endorse yourself for successes. Awareness and increased responsibility are stressed, but not to the extent that they are in dianetics. Differences appear to be: 1) group and self efforts are still subordinated to the doctor's authority; 2) the goal appears to be getting along rather than rising to unknown heights; 3) curiosity about remote causes (such as childhood) is to be squelched; 4) negative emotions are to be spotted, as in dianetics, but are to be avoided or gotten around rather than worked out.

We in our turn explained the goals and some of the ideas in dianetics, and gave a few examples of how some of us had benefitted: straightening of a turned-in foot after running birth; loss of fear of heights after running a circus-bleacher fright; disappearance of constipation, under-weight, tenseness and other nervous symptoms after running birth and a number of prenatales; getting rid of a sore throat which appeared after a neighbor's death (like father) by discharging grief and switching first to forced, then real laughter.

We ended the meeting with a 30 minute run on "Six Steps to Better Beingness" with Pat Rankin as group auditor.

4/13/54. After a group discussion, we split into two auditing sessions: Dolly Query/Alvina Rankin; and Petey Bullock and Dick Kerlin/Pat Rankin. Details remain in the standard banks of those present.

4/27/54. (Last week's meeting was cancelled because of nearly unanimous conflicts.)

With vacations beginning to take their toll, only four of us met, but had a fruitful meeting. After a discussion of group goals and priorities, we agreed that: 1) we would try to balance auditing of individuals with group work, as flexibly as possible; 2) we would change the group's name to something more descriptive and less fixed, and considered several good suggestions.

We then had our "Operation Bootstrap" group session by reading aloud from the first tape transcript published in "Dianetics Today". We found that we had already done some of the things suggested, since last november, and we discussed the changes in individuals and in the group as a result. We found ourselves in good agreement.

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BOOK REVIEW

A Speculation In Reality, by Irving F. Laucks. Philosophical Library, New York. \$3.75.

This book connects the outstanding facts of physics, chemistry, biology and psychic phenomena. Instead of regarding these latter as fantastic, unreal, the author believes them capable of entirely logical and scientific explanation. True scientific research is needed before man can find his way about in the non-material world, as he now does in the material world.

PREFACE: Psychic phenomena is just as real as chemical reactions.

INTRODUCTION: What is reality ? The cheese is reality, the hole a soul. Matter is like light, sound, etc., merely sensation caused by the effect of energy on the sense organs. Psychic phenomena fits into a scheme of Reality.

In chapter one we find that Physics uncovers the nucleus. Energy now emerges from its obscurity and begins to take place alongside matter as a fundamental concept. Radio-active elements continually emit energy. This leaves energy as one fundamental of the Universe. The solid ground of matter had always been thought of as reality. Now it is considered as only a sensation. Both are the effects of energy on the sense organs. Then there are waves; water waves, sound and electrical waves, and we have wave mechanics.

The Nucleus Controls Chemical Reactions. Life itself may have developed as a result of chemical reactions. Reactions are accompanied by appearance or disappearance of energy.

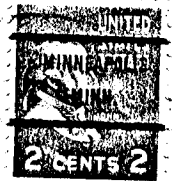
Life Is A Chemical Reaction. Chemical reactions may account for the origin and phenomenon of life. There could have been chance occurrence of a series of chemical steps so that during the long period on earth's cooling it would amount to a certainty. This will be of interest to readers of De Nouy's "human Destiny", in which chance was ruled out.

A Speculation In Reality. Physics believes the nucleus may be energy. But nothing is known about its real nature. Reality is the real phase of the universe, of which matter is but the shadow. Matter changes in form; as solid, gas liquid. It changes in mass as in the atomic bomb.

The Evidence For The Permanence Of The Soul. Psychic phenomena points to the independence of the Soul from the Body. It appears that the Soul can function independently of the brain. In times of crisis, something takes over control of the body. This something may be the Soul. Memory may also be independent of the body and dependent upon the Soul. If there is a plan and purpose in life, the Soul may have some purpose for future development. This, however, is a speculation, and final proof is lacking. The nucleus may be nearer to non-material than to matter. The Soul is like a screen on which pictures and records are made. Such pictures and records are permanent. The Soul generates ideas from them.....I liked it.

F.O.H.

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