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DIANOTES

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need to be altered. You may consider this to be postulates, or agreements, or facts, or even mistakes. I do not consider them to be mistakes.

There is one more point. Ron pointed out to us that, ordinarily, we each either over-compensate or under-compensate in applying efforts to our environment and to ourselves; and that a basic principle of "theta" and of human life, is that of least action, i. e., that application of **minimum effort** toward the accomplishments of desired goals is optimum. The majority of us discover, when we look, that as a result of continuing to agree with past postulates concerning efforts in terms of our over-all behaviour patterns, we are **not** using minimum effort to achieve our goals. "A "goal" may be as little a thing as lighting a match—or as great a thing as effecting our basic goal (whatever that may be). Observation of a completely integrated person indicates very thoroughly that he does use minimum effort, without exception.

The completely integrated individual has the capacity and the desire to alter his environment to a degree never before possible in history. There have been a number (relatively few) of historical figures who did accomplish major changes in their environments; some by communication, some by action. Basically, of course, their tool was Thought. We think immediately of founders of religions, founders of nations, founders of empires; discoverers, commanders, administrators, rulers, philosophers, poets, and musicians. From our present viewpoint, some of the actions and effects of these men were aberrated, which is, I think, the same as saying "non-optimum." These men were **not** completely integrated. With the data, and alignments of data, now available, as many men and women can reach this state as there are men and women who choose to do so. As soon as any man or woman becomes so, his (or her) actions, and the resultant effects, cease to be aberrated. Each one will be different; but each one will be human still. Each one will become an effective, organized, and very great cause.

History, I think, will be put in the shade.

Consider, for a moment, the entire field of your awareness. Awareness both direct and indirect, through conversation, through hearsay, through reading, imagination, thought, hopes, fears, desires—your awareness of the entire world you know of. What is there in it which you would alter if you could?

I assure you, Ron has done this. Do you imagine that he enjoys what he finds? Or that he will not falter a facet of it? Or that anyone else, who becomes completely integrated, will not institute profound efforts toward alterations?

Or do you imagine that any force, or any power, or any person, or any thing, or any word or action, or any condition of existence, can help—or injure—any person who does not **desire** to be helped—or injured?

In conclusion, I'd like to say that (in my reality) it is neither necessary nor helpful to postulate that what another person says is his reality, is yours also. To discover our own reality, we need only be honest with ourselves.

Good hunting!

February 20, 1952. Minneapolis, Minnesota. Thomas E. Carey, Jr.

DIANOTES

VOLUME I

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PLEASE NOTE THE CHANGES IN SUBSCRIPTION RATES AND IN ADDRESSES NOW EFFECTIVE. Subscription will be accepted at the old rates through April 10, 1952.

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APOLOGIA:

From here on in (barring further upheavals) issues won't be doubled up. This issue, Nos. 9-10, covers March and April, 1952; No. 11, for May, should be out May 1st. **TOM CAREY.**

There are many other changes effective this issue. As you can see, DIANOTES has acquired a new format. Let us know what you think of it. With monthly publication issues will be better organized, bigger, and, we believe, better. Present subscribers will, of course, receive as many issues as their subscriptions call for.

An important letter from Chip Leggett appears on Page 7. As the NEWSLETTER is no longer being published, because of lack of funds and general confusion regarding the Association, Chip has arranged with me for DIANOTES to go under, just as things were under NEWSLETTER. DIANOTES policy will not change. I read and liked the NEWSLETTER when it was appearing, but I think that what we've got here is more in my line.

As I indicated in the last issue, I shall be traveling around the country in coming months. Minneapolis Dianetics, Inc., has very generously assumed responsibility for publishing DIANOTES. This is no time for DIANOTES to go under, just as things are beginning to happen in the field of Dianetics. From all reports, the people who have been reading DIANOTES like the way I have been handling it—

The statement on this page and the page opposite is reproduced for everyone's information. So that as many people as possible will see it, I hope groups will be able to reproduce it and distribute it to their membership before April 1st, or at least read it in a general meeting.

A lot of people have written me in the past couple of months, asking what sort of things a "clear" does, what he wants, where he's going, etc. The statement that follows may answer some of those questions. But—this is only what **one** man is doing. It's not necessarily what I, or you, or Willie and Joe, or others will do when "clear."

The following is addressed to all optimum and pre-optimum humans:

The primary step in the production of an optimum race is the invention of a higher tone reality.

To be optimum, this reality must have self-corrective machinery determined by firm, dynamic goals. The inventor of a suitable reality is forced by the race life-cause and assisted by race-intelligence to communicate the invention.

The second step toward optimum race-purpose is the acceptance of the invention by units of the race.

Within a given race, each unit possesses basic endowments. From unit to unit these endowments remain similar. Each unit acceptance of the invention implies nearly complete capabilities necessary to full use of the invention.

The third step for optimum race production is the formation of true groups.

A true group is an assemblage of units whose efforts are co-ordinated and aligned for the basic goals of the invention. A true group is formed by units of the race.

The fourth step is establishment of true communication among all groups and units of the race.

Race dynamics insure the integrated results of all steps.

To aid in the progress necessary for application of the above principles, certain mechanical features may be brought into use. Since the second month, tenth day, of this year, there has been in existence a field of psycho-mechanical structure. This field is directional and can be beamed through an area three thousand miles in radius. The source of this field will remain unknown.

This field produces the following:

1. Amplification of causative factors in the race.
2. Temporary enrichment of mind-reality applied to desire and need.
3. Communication enhancement among units of the race.

The above communications are written in basic American.

As of the third month, first day, of this year, this field was extended to maximum

the parts, a therapy is developed by the authors for integration and creative growth. Gestalt theory and the practice of "figure background" forming in the organism/environment field concentrates on the problems and phenomena of awareness, characterized by contact, sensing, excitement, and gestalt formation. For the layman, here is a systematic course—eighteen graded, experimental situations—for self-discovery, orientation, and direction for creative living. For psychotherapists, the critiques on: human nature and the anthropology of neurosis; structure and nature of creative growth, past effects as fixed forms in the present, and theory of Self may be challenging."

TEC

I myself found the larger part of the text of little interest. BUT: the series of 18 experiments is extremely useful. Those who wish to regain awareness of and communication with themselves will put them to good use.

Foreword to Prologue to Survival

Pub. by Psychological Research Foundation, 616 North Third St., Phoenix, Arizona. Gordon Beckstead, Editor. Foreword by Thomas H. Carey, Jr. Copyright by PRF, 1952. Reprinted by permission.

During the coming year, this publication will be read by people in all walks and conditions of life. Some of those who read it will be entirely conversant with theory and terminology that has been used in dianetics. Others will have but a sketchy acquaintance with the subject. Still others will have no knowledge of it at all. Some will be curious; some hostile; some indifferent; some will be eager; some will be sad.

I want to communicate to all who read this. I understand that Dr. Beckstead, who has undertaken the very necessary task of making this material available to the field and to the public, will include with it additional material designed to clarify the discussions we had with Ron on these tapes for those not previously conversant with the subject. For this I am thankful; for this particular effort is one that has needed doing for a long time. It has become particularly urgent now.

Moreover, it will make what I am doing here a great deal easier. I shall be writing in terms of what I have learned, not only about dianetics but about myself, about other humans, and about the world, especially since the first of the year.

I had known Ron since April, 1951, when I joined the Minneapolis Dianetic Group. In the months that followed, he progressed with his own case more rapidly, it seemed, than did any of the rest of us here. He worked with and used all the variant techniques that were appearing and circulating during that period. So did the rest of us. The difference was, that he made them work for him. We could not understand why Ron was able to keep going and keep improving. For us, the methods worked slowly, with many discouragements and many regressions. At present I feel that the reason for Ron's progress was just what he told us on the first reel: "I made my world different. I changed it." He really wanted to shed his aberrations, to integrate himself, to become optimum.

What is it to "really" want something? Basically, I think, it is a decision of the total organism, body and mind and what-have-you. "I WILL DO THIS." Of course one can think the words, "I will do this," over and over for a hundred years. But little will occur until one's entire being participates in it. If one re-makes his original decision to live (whatever that is, for each) the rest follows with very little trouble. No instructions can be given an individual on how to do this, or on how to accomplish this decision.

I think it instructive, however, that after that first interview, on January 20th, Ron sat and looked at us, and asked each one of us: "Do you want to be clear?" He had asked a real question—and we gave real answers to it. You may ask it of yourself, if you wish. I recommend honesty.

But these are individual matters.

Let us compare two pieces of data. I think that they are of comparable magnitude. First: the self-determinism of any individual is limited only by his own agreements to limit it. Second: there are, in the world, things to be done; situations and conditions which

of "clears." This is a very interesting phenomenon. What has happened?

For two years hundreds of people in this and in other countries had gone along in dianetics—some holding tenaciously to the original formulations, some experimentally, but all of them curiously—hoping that someday they too would find the evidence that there could be a "clear" state such as Hubbard described in his first book. But few of the people drawn to dianetics since 1950 had any "satisfactory evidence" that the goal toward which they were groping actually existed.

The mark of a "suitable reality" seems to be the extreme rapidity with which it spreads itself among humanity.

In February, 1952, word spread through the field that one man had reached that state of being which Hubbard had described and all of us had speculated about. Information also spread as to how that one person had "done it," and many of his comments were communicated to others. He talked about self-determinism, about honesty, about desire, about decision.

Now through a re-evaluation of what these things can mean to a particular individual, many dianetically accessible cases have reached a state in which they are becoming fully aware of themselves physically-mentally, and many "occluded cases have become "accessible." Thus each one is reaching a state where he is becoming able to function in an optimum manner for himself.

People with extremely varied training—doctors, airplane mechanics, musicians, professors of mathematics, writers, nuclear physicists, actors, nurses, philosophers, librarians, etc.—are all represented. "Clears" or optimunly functioning individuals have existed throughout all of history but never before has there been the mass incentive to reach a state which was at once so desirable and so mystical to the majority of mankind.

The essence of the "clear" state might be described as the use of MINIMUM EFFORT toward attainment of any goal, combined with a full awareness of one's own functions. The trained scientist who has reached even the introductory stages of optimum function will be able to conceive of goals and activities toward these goals which are far beyond the limitations of the present status of "learning." A musician who has spent years of study mastering the piano can play "four times as well"—and have free time, which he never had before, to pursue other activities.

Whether or not the physicist at optimum begins to study music, or the musician at optimum to study physics, is not predictable. If they want to, they will, of course, but in the optimum state (which is **not** a static) action follows purpose; and all activities are aligned toward the individual's basic purpose, whatever that may be for the individual. If a man is optimum, no doubt he can learn to be a chess master—but unless he wants to do it in terms of his purpose, anyone else will be a long time persuading him to.

We have now, within the framework of dianetics itself, and extending beyond that framework into infinity, a NEW CONCEPT OF REALITY; the actual, verifiable reality of optimum human beings living and working—many of them working toward the immediate goal of the survival of the race itself.

March, 1952, Minneapolis, Minnesota

The following for your information, reprinted from Vol. I, No. 1 of the CADA JOURNAL, January, 1952:

"Gestalt Therapy: Excitement and Growth in the Human Personality, by Frederick S. Perls, M. D., Ph. D., Ralph F. Hefferline, Ph. D., and Paul Goodman, Ph. D. The Julian Press, New York, 1951. xiii, 466 pp. No index. \$6.50.

Based on gestalt outlook as the natural approach to man's thinking, feeling and acting, and the insight of "meaningful organized whole," with the whole determining

radius and continued through the third day.

As of the fourth month, first day, of this year this field will be again extended to maximum radius and continued through the third day.

Following this test signal, the writer will be appreciative if persons interested communicate subjective and objective data to the address given. Reports may consider possible differentiations in effect between the two signals.

Insofar as possible, use the principle of minimum effort in reports.

Some data has been gathered concerning items of extreme interest to optimum persons. This material can be communicated if the optimum person wishes. The optimum person can request the data. The method of request is available to these persons.

REPORTS MAY BE ADDRESSED:

SURVEY, c/o T. E. Carey, P. O. Box 556, Minneapolis 1, Minnesota

As, doubtless, most of you know by now, the Hubbard Dianetic Foundation has entered voluntary bankruptcy. Information from Chip Leggett, in Wichita, indicates that a receiver has been appointed and that books are still being sold. Cash with order only; write care of Waldo Boyd.

The Hubbard College, 352 North Broadway, Room 203, Wichita, Kansas, is now functioning, and, by all reports, is doing so at a high level of activity. Ron Hubbard is still in there pitching and we are glad to hear it. What needs to be done can be approached at many levels and education in dianetics is a very effective method of approach.

I have a little backing-down to do myself: In Volume I, No. 6-A, I offered an AIR EDITION of DIANOTES at a dollar for 6 issues. NO DEAL! as upon belated inquiry at the Post Office I discovered that airmail rates for printed matter overseas begin at around 40¢ the half-ounce. Ergo—no air edition. If an overseas subscription is entered at the special rate of \$1.25 for 6 issues, issues will be sent first-class mail. This is a good deal faster than 3rd-class mail.

Maxine Smith and associates, 4923 Stinson Street, Houston 23, Texas, have been sending me the newsletter they now publish, **THE PRECLEAR**, to be published 19 times yearly. Numbers 1 and 2, Volume I, have been received to date. This newsletter is one of the best I have seen. Contains articles from persons in the field, items of interest, and No. 2 initiated a Dianetic Directory, which will be continued. As I indicated in an early issue of DIANOTES, there's no surplus of communication in the field of dianetics, and the **PRECLEAR** is a welcome and useful addition to our communication lines.

PRECLEAR'S rates: 20¢ per copy; \$1.00 for 6 issues (4 months); \$3.00 per year (19) issues). Address above.

We reprint the following item of news from the **PRECLEAR**, Vol. I, No. 2:

Among new businesses in Houston announced is the Church of the Wayfarer, a corporation listed under the names of Doris Graffam, Donald T. Graffam, and Gay Colbury.

Dwight H. Bulkeley, 350 S. Mills Avenue, Claremont, California, sends a copy of his recent publication, **THE MECHANISMS OF LIFE: A preliminary release of discoveries inaugurating a revolution in the life sciences—with the physico-chemical secret of life itself, mechanisms of integration, mind, memory, responses, psychosomaticism, telepathy, and techniques for perfect HEALTH and SANITY**. Copyright January, 1952. 112 pages; photolithographed. Price: \$2.00.

I recommend this book to everyone—not only those interested in dianetics. If you know any physicist, chemist, biologist, in this country or abroad, you might get a copy to send to him. He will find it interesting. A good point about this book is that it does not require a technical education to read it. Well and simply written. MECHANISMS OF LIFE presents a new reality in very edible form. No one is obliged to take it, of course; but if you look at it, you may find it useful.

CORRESPONDENCE

From Lt. Joseph Gilbreth, Jr., 059085, 3000 Connecticut Avenue N. W., Washington, D. C.

"While reading *The Limitations of Science*, by J. W. N. Sullivan, I came across the enclosed quotation, which forms the conclusion of the book. With dianetics, it looks like we might be on the way. The book was originally copyrighted in 1933, which makes it a pretty fair prediction, in my opinion.

"I've really been watching the mails hopefully since your special announcement of 26 Jan., but nothing else has reached me so far. Data of that magnitude carries with it a demand for more, which I hope will soon be forthcoming."

"Best wishes,

Joe Gilbreth"

The quotation:

The science of mind, at present in such a rudimentary state, will one day take control. In the service of the principle of continuity, its concepts will be extended throughout the whole of nature. Only so will science reach the unity toward which it is aiming, and the differences between the sciences of mind, life, and matter, in their present form, will be seen to be unreal.
J. W. N. Sullivan, *The Limitations of Science* (1933)

From F. C. Henderson, 323 East 53rd Street, New York 22, New York:

"Congratulations on your Jan. 15 - Feb. 1st combined numbers. Please do it again.

"I have copied your Elizabeth Burrage article, the letter from Hubbard, and "The Service Facsimile," by Milt Carland. This for distribution to members of the Society of Professional Dianeticists, giving DIANOTES credit of course. This should be good advertising for you. I made good use of the 3 copies of the MEST clear notice you sent me, among friends here.

"Keep up the good work, and please notify me when a new subscription is due. Your Hubbard letter was a "scoop."
F. C. Henderson"

Glad to hear that material in DIANOTES is getting additional distribution. I think there have been some excellent articles. There will be more, in this and in future issues. With the amalgamation discussed on page 2 of this issue, we'll really have a newsletter.

TEC

From Richard G. Kerlin, President, St. Louis Dianetic Society, 8349 Archer Avenue, University City 14, Missouri:

"A few weeks ago you sent me the welcome announcement of the clear of Jan. 21, 1952, in Minneapolis. This I quickly communicated to other members of the St. Louis Dianetic Society. I even copied it into a letter to a friend with whom I used to co-audit who is now in Germany, and it seemed to give him the same lift that it gave me. This particular message disclosed to me the surprising news that I had some time back given up on my personal goal of clear, which was the reason I started into Dianetics in the first place.

notes. Special letter and story by Ron Howes. Information concerning a new dianetic community near Phoenix, Arizona. Detailed reports of two other MEST clears. Report of optimum individuals met on the February lecture tour of Perry Chappelaine, together with notes for those who wish to become optimum. Part II is designed especially for distribution to those unfamiliar with Dianetics. \$0.75.

Parts I and II, in one order, \$2.00. 20% discount on orders of five or more copies. 33 1/3% discount on orders of ten or more. Dianetic groups may order and remit later. *Prologue to Survival* is a beautiful publication, and not just because I wrote the foreword. As for the contents—worth reading!

TEC

Logical Development of Dianetics, by Wm. T. Powers and Gerald N. Knowlton. Dianetic Processing and Research Foundation, 111 East Oak Street, Chicago 11, Illinois. 37 pp., mimeographed and stapled. \$1.50. Written on the basis of the postulate that aberration is forced on the rational mind by outside circumstances.

Arcadia Theatre Address, by L. Ron Hubbard. Scientific Press, February, 1952. 10 pp., multilithed. \$0.75. Transcript of an address given by L. Ron Hubbard at the Arcadia Theatre, Wichita, Kansas, on 6 February 1952. For the general reader. I believe this paper may be obtained from the Hubbard Dianetic Foundation, 211 West Douglas, Wichita, Kansas.

Twenty-Five Talks by Krishnamurti. Krishnamurti Writings, Inc., Ojai, California. 168 pp., printed. Twenty-five talks given by Krishnamurti in Latin America from April through November, 1935. \$2.00. I had heard about Krishnamurti some time ago, but thought he was just another Hindu mystic that I needn't waste my time reading. What an error... Technically, the book offers a very thorough exposition of self-determinism; actually it's a great deal more than that. More by Krishnamurti:

Krishnamurti's Talks, 1949-1950 (Verbatim Report); Series I: India. 1951. 107 pp.
Krishnamurti's Talks, 1949-1950 (Verbatim Report); Series II: Ceylon. 1951. 40 pp.
Krishnamurti's Talks, 1950 (Verbatim Report); Series IV: New York and Seattle. 1950. 72 pp.

All published by Krishnamurti Writings, Inc., Ojai, California. Offices also in Madras, India and in London, England. I believe the prices on the latter three are \$1.50 each. I have not read these three yet.

THE 'SUTTABLE REALITY'

Elizabeth M. Burrage, HDA

In a world torn with wars and the threat of wars the advent of dianetics has been particularly fascinating. It has offered a new reality.

The very fact that Hubbard emphasized *survival* as a goal was in itself a novelty to those who could only see destruction and death as "ends" to "living."

There were those who, in their eagerness to find something "worth while" grabbed up "Dianetics" literally and uncritically and shouted "This is it!" There were others who looked for the principles underlying the statements of theory and the formulations of therapy. There were still others who, though they needed new ideas, were so engrossed in their own methods—inadequate though these people admitted them to be—that they reached out to invalidate and destroy the very ideas which they were "unconsciously" absorbing and using.

After two years we have reached a stage in dianetics itself where we are beginning to see the results of the theory and methods as developed from the first book and as modified by practicing auditors. We are beginning to have first-hand evidence of the fact that DIANETICS WORKS. With the publicity which accompanied the publishing of the case history of the first "authentic clear" since 1950 there has been an "epidemic"

NEW PUBLICATIONS

The Massachusetts Dianetic News, published by John B. Skupen, Jr., HDA, 26 Common Street, Boston 16, Massachusetts.

Carries short essays, and items of interest. The February issue, which is the only one we have seen, contains an editorial, 'Self-Determinism and Government,' an article on organization and plans for the Boston groups, by D. W. Bateau, Acting Chairman, an article on 'Why Processing?' by William H. Carr. No price is mentioned.

Genetic Memory, by Herman M. McGuire. Institute of Genetic Memory, Box 297 E. Pasadena, California. 21 pp. Copyright January 1, 1952. \$1.50. Sub-title: *The Voluntary Control of Psycho-somatic Ills*. An interesting and well-prepared monograph on Genetic Memory.

The Mechanism of Life, by Dwight H. Bulkeley. Published by the author, 350 South Mills Avenue, Claremont, California. 112 pp. January, 1952, \$2.00. Discussed on page 3 of this issue.

Development of Awareness of Present Time, by William T. Powers, Gerald N. Knowlton, and David H. Greene. Dianetic Processing and Research Foundation, 111 East Oak Street, Chicago 11, Illinois. iv, 62 pp. 1952. \$2.00. I have received many letters asking about effort processing. The section 'Efforts and Counter-Efforts' discusses effort processing quite well. Other sections I found especially interesting were 'Present Time Processing,' 'Attitude Toward Processing,' and 'Conjectures on Future Developments.' A valuable reading list of publications in dianetics forms the last section in the book, and itemizes 45 publications.

Some of the people from the DPRF were up here in Minneapolis the first Sunday in March, and along with the rest of us had a long talk with Ron Howes. So it's possible that the DPRF staff may have acquired slightly different realities on some of the questions mentioned in this book. God knows we all have found out a lot we thought we didn't know!

Creative Dynamics: The What and How of Integrated Processing, by Gene Benton and Peggy Benton. Published by the authors, 239 North Wilton Place, Los Angeles 4, California. 39 pp. mimeographed and bound. December, 1951. \$1.75.

I think an integrated comprehension of this book will make a good auditor out of a mediocre one—I know it can make a good auditor a better one. If you are sincerely interested in doing effective auditing, no matter what your "favorite technique" has been, this book can be a very great aid to you. Its price is trivial compared to its worth.

Vol. 1, No. 1 of the *CADA JOURNAL* reviews **Creative Dynamics** very competently, and I am reprinting their review for your information:

"Based on the premise that auditing is primarily creative and dynamic, a coordinated technique is presented with the goal of "creative whole-organism awareness." Three charts, and the techniques as well, are offered not as stereotyped set patter . . . rather as a beginning. The Immediate Plan of Concentration (describing the whole course of auditing one pre-clear and the course of a single session); Use of Specific Techniques in Relation to Larger Goals (techniques used to achieve the five awarenesses which integrate into creative awareness of organic unity-differentiation); and most important, Relationship of Means and Goals—What and How."

Prologue to Survival. Published by the Psychological Research Foundation, 616 North Third St., Phoenix, Arizona, 1952.

PART I: Verbatim transcripts of two interviews with a MEST-clear, Ronald Howes, in Minneapolis, Minnesota, on January 20 and 26, 1952. Foreword by T. E. Carey, Jr. Case History by Perry A. Chappelaine. Preface by Gordon Beckstead. Special letter and story by Ron Howes. Includes a topical summary of the interviews. 41 pp., photolithographed and bound. \$1.50.

PART II: Condensation and re-organization of the above interviews with explanatory

DIANOTES—March-April, 1952

Now I've got the goal back! Many thanks for your part in that. "A few days ago the combined issue of 1-15-52 and 2-1-52 of *DIANOTES* arrived. It proved most interesting. The letter from Mr. Hubbard provided the most interest. Its enthusiasm and ring of success made the recent announcement of bankruptcy all the more disappointing.

"I am enclosing a money order for two dollars for a 12-issue subscription to your publication, which from this one issue seems excellent. I agree with one of your correspondents who mentioned that it is the only publication he has seen with no malice, tongue-in-cheek, etc. In other words, it is an excellent communication.

"We have no publication in Dianetics here. The extent of activity here does not warrant one on the amateur basis. The professional activity seems to be on the part of doctors and other practitioners who are collecting their own data with possible future publication in mind, I think. As a city, St. Louis is apathetic. Outside of persons like myself who became interested or active spontaneously, there seems little possibility of deliberately awakening interest among those who now have no interest or are opposed to Dianetics. At least, the efforts we made in 1950-51 met with little permanent results. This year we decided to remain a small group of interested persons rather than trying to be a larger group diluted by the curious. Publications like yours, however, furnish us with needed "shots in the arm." Keep p the good work.

"Sincerely,

Richard G. Kerlin."

One of the results of someone's holding up a suitable new reality is just what Mr. Kerlin mentions: people looking at it start to regain the goals they gave up. It feels good.

St. Louis Dianetic Society apparently has gone through its cycle of illusion, rise in tone, disillusion, descent in tone, and now is climbing steadily up with a more firmly-based reality on groups and dianetics gained from experience.

TEC

From Carmen D'Alessio, 7 Godfrey Street, Chelsea, London, S. W. 3, England.

"Some weeks ago I invited myself to send you a longish letter which I hoped would be of interest to you dianetically. So far I've not accepted the invitation, and in a way things have changed since I sent you that note. AP&A which you mailed us has coincided with or else produced a spate of pre-clears, and this has made me busier than I have been for years. My former life looks like a dreary sequence of apathies and idlenesses in comparison. And it no longer seems of much interest to describe local dianetic activities up to the arrival of AP&A. So I'll leave the subject alone, except to say that everything that went heretofore paved the way to a better understanding of it, showing up one's mistakes, failures, and successes in a much more objective fashion, and making the new techniques easier to grasp.

"I can hardly account for the fact that a posse of people have turned up on my doorstep to be audited, damn it, it is almost mysterious, and I have never felt so happy before. My only fear is that my own service facsimile may interfere with auditing, but I've made a decision to circumvent it, and so far this has held good. And, oddly enough, using AP&A on others, seems to do one a lot of good oneself. That's to say, AP&A blows locks for the auditor, and this seldom if ever happened during former sessions.

"As yet we haven't got very far, but have concentrated on the first four steps in most cases, going over and over them with great care. One chap has got to Act 7, and has come up the tone scale fast and seems to be losing a speech difficulty which has troubled him for years. Only time will show how valuable and lasting are the results of his processing. I feel the need of the *HANDBOOK FOR PRECLEARs*, because this work is so serious and important, and I do want to audit as well as I possibly can, taking every care available in the circumstances.

DIANOTES—March-April, 1952

"Any and all news of your dianetic activities will be gladly received.

Very sincerely,

C. H. D'Alessio"

This might be a good place to point out that the English edition of DIANETICS: THE MODERN SCIENCE OF MENTAL HEALTH, is now available. Derricke Ridgeway Publishing Co., Ltd., 1 Ladbrooke Road, London, W. 11, England. 30 shillings (\$4.20 U. S.). xvii, 413 pp. This edition is much thinner than the American edition, and has been very competently edited and revised. I understand that editing and revision work was done by Mr. Ridgeway with the aid of some of the members of the Dianetic Association, Ltd. The end product is an excellent book. I recommend it for anyone's library of dianetic publications.

For the benefit of groups in this country, I am informed by Mr. Lawrence Inkster, Secretary of the Dianetic Association, Ltd., that the English publishers will very probably be willing to arrange quantity discounts on purchases of this book. Interested?

The HANDBOOK FOR PRECLEARS is again available. For a short period following the bankruptcy of the Foundation in Wichita the HANDBOOK was slightly occluded. Now however it may be obtained either from:

The Hubbard Dianetic Foundation, Inc., 211 West Douglas Avenue, Wichita 2, Kansas. Cash with order only. No consignment orders. Write care Waldo Boyd, or from:

The Central Press, 352 North Broadway, Room 203, Wichita, Kansas. Jim Elliott, Manager. Central Press quotes 20 Handbooks at \$25.00, or 50 for \$50.00.

(Especially) from our publishers, Minneapolis Dianetics, Inc., 2449 Humboldt Avenue South, Minneapolis 5, Minnesota. c/o Wade Tozer, Treasurer. M. D. I. assures immediate delivery. M. D. I. is particularly equipped to give rapid processing to small individual orders for books.

HANDBOOK FOR PRECLEARS sells for \$2.50.

From D. W. Batteau, 10 Holden Street, Cambridge 38, Massachusetts.

"Dianetics in Cambridge and vicinity has received a new burst of enthusiasm with the disclosure of the new techniques of effort and postulate processing. Many of our group are now in active processing with the help of the Handbook for Preclears, where only one or two were efficiently engaged before. Altogether some twenty-two cases are now in progress. The demand at present exceeds the supply of handbooks and able auditors.

"The 'Harvard University Dianetic Group' is in a related state of reorganization, so that no address need be made to the group as such. It was found that small 'workshop' groups were developing effectively and at present the larger group serves only as meeting ground for exchanges between the smaller. If evolution proceeds as expected, the larger group will develop coherence again in a few months.

"Sincerely,

D. W. Batteau."

Don Maier, Secretary of the Central Pennsylvania Dianetics Group, 124 Oak Hill Drive, Middletown, Pennsylvania, has sent CPDG's latest release of material. This material is supplementary to CPDG's 1951-52 Bulletin, which is worth having as a quite comprehensive briefing in dianetics for those just entering the field. Old hands will also find much of interest in the CPDG releases. The current supplement includes a reprint of part of the announcement of Dianetics Twin Cities, Inc., of January 26, 1952, concerning the attainment of the "clear" state by Ronald Howes here on January 20th last, plus comments and additional data by Don Maier; a full-page book review of THE SECRET

A. There is no "right way to 'run.'" You can run pain if you want to; emotion—perceptions—etc. But nobody can tell you what it is for you except you. A good auditor is usually one who is flexible enough to be able to hold things up for you to look at which may help you to discover this for yourself—but he can only do so if and only if you want to discover it. And if you do, want to, you may be able to do it without an auditor.

If a person doesn't respond to "processing," there is some reason why he doesn't want to respond to it. And the only kind of reason there is for this is that somewhere along the line he decided not to. Is he aware of what he is doing? Does he try to prove the auditor wrong? How does he feel? How does he act? Angry? Sad? Afraid? Is he holding himself from feeling? Some people have gotten very good results by becoming aware of the way they stop themselves from feeling, and then letting themselves feel. What happens from there on is variable. If a person wants to cease being aberrated, he can usually find a way to do it: this might be one of them. A lot of people think in words and shield themselves from feeling by the use of words.

There is no reason to take what I say as the "truth," as the "right way." Your way is the best for you. If you want a way from the outside, the HANDBOOK FOR PRECLEARS has been a good way for many. Whatever way you go, be looking for your own self. Tom Carey.

The following changes of address are effective March 15th, 1952: Elizabeth Burrage, Milton Carland, Dave Hyer, Chip Leggett, John Robinson, Robert Smith—c/o Carey, P. O. Box 556, Minneapolis 1, Minnesota.

Chip and I are already starting work on a large dianetic directory, for groups and individuals. Qualification for entry: interest in dianetics. Groups are invited to send their membership lists. Groups and individuals wishing to aid in the achievement of as complete a directory as possible are invited to send a copy of their mailing lists. Individuals and groups wishing to participate in the directory should send their current addresses to DIRECTORY, P. O. Box 556, Minneapolis 1, Minnesota.

You don't need to belong to any group or to be an H. D. A. or anything else to get in the directory. All you need to do is indicate an interest in being included, send your name and address, and, if you wish, list degrees, and dianetic groups to which you belong. This is not a questionnaire and we don't care who you approve of, for the purposes of the directory.

Making up such a directory is far from a breeze and to facilitate it we would very much appreciate it if you would send your address as soon as possible, along with addresses of others whom you know to be interested.

We hope to contact the entire field of dianetics with this announcement and it will be promulgated through other channels. Readers may help by letting those they know in dianetics know about it. The directory will not, of course, be limited to the United States; if you know people in Canada, Central and South America, the U. S. Possessions, and overseas generally, who would be interested, why not let them know too?

The directory, when finished, will be available to everyone at a price which will cover costs. Price will be announced before publication. Purchasers will receive periodic supplements to the directory at a nominal charge.

It will simplify matters if individual addresses are sent on a postcard. Group lists, of course, can be in any form. But the important thing is getting the names to us.

"To this end, the CADA JOURNAL will contain signed articles of editorial or essay nature, discussions of theories, experiments, and techniques, reports and case histories, information on new developments, and other pertinent material.

"The editorial policy is to allow frank and open discussion of challenging ideas, to encourage different points of view, to weigh and consider developments, to cultivate critical evaluation, so that there will be mirrored in this journal a dynamic, liberal, and present-time awareness about problems, theories, and ideas in dianetics and related fields.

"On this basis, contributions are invited. The editor reserves the right to edit in order to preserve the unity and spirit of the journal. Writers and readers alike are urged to keep in mind that the views and conclusions expressed herein are those of the writers."

The January issue of the JOURNAL (Vol. 1, No. 1) contains articles by Wayne L. Dunbar (CADA President); CADA GOALS; A. E. Van Vogt; HUBBARDIAN DIANETICS; Elizabeth M. Burrage; AN ORIENTATION IN DIANETICS TODAY; Henry Hill; THE SERVICE FASCINATE; Jack Horner; TOWARD A SANER WORLD; plus "Random Conference Notes," "New Books, Old Books," and a letter of greeting from L. Ron Hubbard.

All in all, an issue well worth reading.

TEC

I got a letter the other day asking a few questions. Some of the questions were about the "Minneapolis clear" and some about processing. I think the questions, and what I answered, may be of interest:

- Q. I would like to know more about what the man is now capable of.
A. I don't know.
- Q. How long can he run? A. Until he decides to stop.
- Q. What is his reaction time compared to that of an ordinary individual?
A. Faster.
- Q. How is his recall of past experiences?
A. Complete recall.
- Q. What is his thinking ability compared to a normal's?
A. He thinks completely non-verbally. He is growing new nervous tissues so as to increase his 'intelligence.'
- Q. Does he have any extra-sensory perceptions?
A. Not sure what you mean; in my reality, no perception if it occurs is extra-sensory. However I believe in ordinary terminology one would say that he does have extra-sensory perceptions. This terminology is based on many misunderstandings of the nature of man and the extent of his perceptions, of reality, of the whole structure of existence. I don't want to pretend that I now have no such misunderstandings—but one can learn a little bit from communication with a person without them.
- Q. Can he control most (or all) of his bodily functions?
A. He has complete "control" over every cell in his body. This is a result of having complete communication with same.
- Q. We would like to know as soon as possible: Pain is or is not run? The other perceptions are or are not run? Emotion is or is not run? Can "Effort Processing" be self-audited? How do you get a person who doesn't respond to regular techniques to respond to effort processing?

SCIENCE BEHIND MIRACLES, by Max Freedom Long (which looks to be an interesting book): a page listing new Foundation courses (pre-bankruptcy, of course); and a Report From New York City, which is worth reading.

Last, but not least, in the CPDG release, is a mimeographed brochure entitled **WHAT IS DIANETICS? A Basic Introduction**. Priced separately at 10¢ per copy. Two copies free to each Dianetic group. This brochure carries on the good communication of the whole CPDG series. If you are not on Don's mailing list, why not send him your name and address? The Bulletin can be had for \$1.00.

From A. J. S. McMillan, 5 Oakfield Road, Bristol 8, England.

"Many thanks for the two copies of DIANOTES, one of which I have passed to the Secretary of our group here in Bristol.

"It occurs to me that there may be valuable information to be obtained from collating the results of unsuccessful auditing from the point of view of why the auditing was unsuccessful. If any auditors would be interested to send me case histories of cases they considered to be unsuccessful, I should like to try some collating and analyzing to see if there is any underlying similarities and if anything can be deduced.

"Wishing you the best of success with DIANOTES, I am,
Yours sincerely,

A. J. S. McMillan"

T. H. Leggett, Jr., Sec'y., HDAA-1, 6009 Rockwood Road, Wichita, Kansas, March 1, 1952

The Editor, DIANOTES
800 Washington Avenue S. E.
Minneapolis 14, Minnesota

Dear Tom:

A number of decisions have been made during the past few months relative to the future of the practice of Dianetics within a professional Association, which I feel would be of interest to everyone interested in the science.

As reported in the January issue of the **HDA Newsletter**, the HDA Association was in rather shaky state. During the December Conference in Wichita those members and officers present made plans to reorganize and establish a more concrete effort toward professionalizing Dianetics. This effort was not carried through by me, as the active officer of the Association.

I decided to channel my efforts towards direct communication and field work instead of continuing the job of raising sufficient capital to promote the professional practice of Dianetics. It had become more and more evident that the Association's time was being spent in trying to align and advance those in Dianetics rather than in communicating and working with those to whom Dianetics was unknown.

Rather than continue this and other accepted procedures for making Dianetics a "profession," I shall be doing the following:

1. Communication (when there is something to communicate) through DIANOTES, lectures and/or informal talks, and aiding in other directly useful communications.
 2. Processing—especially of self—then of family, dianeticists, interested public, and finally the man on the street.
 3. Participating in group (not assembly) activities, and aiding creation of other true groups and the building of inter and intra-group activities.
 4. Traveling to the necessary places in fulfillment of the above.
- The Association never had the funds to incorporate, so all contracts were made

with me as an individual. For those who were members of the Association there will be continued efforts by me to fulfil these obligations. Along this line, I would like the enclosed subscription list and remittance to be applied to subscriptions to DIANOTES for those who subscribed to the Newsletter. If there is any way in which I can help in the production of DIANOTES I will be glad to do so.

Beyond this, I want to extend my personal thanks to those who have contributed and participated in those functions the Association was able to perform.

Sincerely,

(signed) Thomas H. Leggett, Jr.

From E. O. Haes, President, The Australian Psychology Center, Pacific House, 296 Pitt Street, Sydney, N. S. W., Australia.

"DIANOTES does appeal to me and am sure it will to others in our groups. It will be deposited in our library and from there become available to all interested in Dianetics who want it. The movement here has not spread very much yet but may be all the stronger for forming gradually. I like the "solid" nature of your 'dianetic literary effort' and received quite a bit of help from it. So far, we have only had bits of reference to 'effort processing' and hope it won't be long before we get some official material giving us full details. I notice you had an article on effort processing in one of the previous DIANOTES. If you had a spare copy and were near a letter box . . . ! We never used to be proud of our ability to beg but dollars are such a nuisance to get and our need for dianetic literature so great . . .

"Well, we work away here at Dianetics, and apart from group work seem but to follow others and masochistically offer ourselves as guinea pigs. But we have been doing this for very many years, and, as guinea pigs, Dianetics seems quite the best thing yet . . . although Jung's 'Analytical Psychology' did give us more vivid inspiration.

"Much cheerful greetings and gratitude for thinking of us with your DIANOTES.

"Yours sincerely,

E. O. Haes"

Art Coulter (Norman A. Coulter, Jr., M. D.) 512 Marylander Apts., Baltimore 18, Maryland, writes requesting a correction in regard to a paper of his we published in the last issue:

On page 6, Vol. I, Nos. 7-8 combined, we printed:

P. S. Basic personality. (Precise status unknown. Last seen going into Durfy's tavern with Hubbard under one arm and Alman under the other.)

This passage should read:

. . . with Hubbard's book under one arm . . .

I am running some regret, but not much. It's funny both ways . . .

TEC

From Gordon Beckstead, Psychological Research Foundation, Inc., 616 North Third St., P. O. Box 2317, Phoenix, Arizona:

"As a result of recent publishing activities it has been my pleasure to receive an abundance of correspondence, from all over the nation and from many foreign countries. This correspondence has been accumulating in a file tray and has now reached very sizeable proportions. It would be a pleasure to answer each one in detail, but a recent change in my goals has made it imperative that I reply in this manner.

"Now that I know, without any doubt, that it is possible for me to become clear, an optimum human being, I have automatically climbed several points on the tone scale and many of my past activities have been consigned to the ashcan. During the last year and a

half of my education I wisely decided to spend full time upon it borrowing funds instead of trying to earn a living as I went. This enabled me to finish sooner and I was able to start right in on this most fascinating of adventures, dianetics.

"I am making a similar decision now. As an optimum human being, my contribution in terms of action will be multiplied many fold as well as will be the joy in doing it. I am aligning my efforts as fully as possible in this direction, knowing that the goal cannot be far when one makes a thorough decision to strike out for it.

"Those who send orders for publications often include a note of thanks or certain data which is quite valuable to me. I read all of this mail and, in order not to delay my expression of appreciation, I have prepared this mimeographed letter.

"Many of you have received an invitation to join in the formation of a nation-wide professional group interested in dianetics (See DIANOTES Nos. 7-8; Ed.). I have received many helpful letters with very fine suggestions concerning the functions such a group should perform. I appreciate all these suggestions but I wish to put all these on ice until, as an optimum human being, I can initiate action which will be more fully in the interests of all of you.

"On publication of *Prologue to Survival* (the name chosen for the set of interviews with the recent clear in Minneapolis), I intend to go to the desert and join a group of professional auditors who have come here from different parts of the country. My intention is to remain there until cleared. A secretary will remain at the Foundation office to take care of orders and answer inquiries concerning success of the desert project (THE PHOENIX).

"We have two publications containing interviews with clears, and hope to continue with a fairly long sequence of such studies. We feel that not much is known about this state of being and that there will be broad individual difference in methods for achieving it and kinds of action chosen. One further publication is definitely scheduled, and with your help the list may be much longer.

"Some have asked me if there might be some serious disadvantages in becoming clear. I reply that I would not for one moment consider accepting a state of lesser awareness, intelligence, and joy of living than I now have. I am willing with absolutely no reservation to accept whatever responsibilities go with being more aware, more intelligent, and enjoying life to the fullest possible extent.

"A society containing even a few optimum human beings cannot long remain in a static condition. Some of you receiving this letter will already have made your decision to become an optimum human being. It is worth whatever price you have to pay. More power to you.

"On to the top—20, not 40!

Gordon Beckstead"

We have received a complimentary copy of Volume I, Number 1, of THE CALIFORNIA ASSOCIATION OF DIANETIC AUDITORS Journal. Published monthly by the C. A. D. A. Editor, Leta Dunbar, 1215 South New Hampshire, Los Angeles 6, California. 50¢ the copy. \$5.00 yearly to non-members of the CADA. Typography and reproduction excellent. Content of the articles is very good. The CADA Journal represents, in my opinion, the most substantial essay-type periodical to appear to date in the field.

I am reprinting the introductory page of the Journal, for your information:

"This journal is published to present provocative thought that is cogent and timely. Productive thinking may ensue from a journal of comment, opinion, and exploration—a journal to convey news of dianetics and related fields in California and elsewhere, to provide material on theory and techniques, and particularly to affect affinity, reality and communication with the CADA.