

DIANOTES

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Thomas Carey and Milton Carland, Editors.

EDITORIAL

Eighty-eight years ago, on a hill near Gettysburg, Pennsylvania, Mr. A. Lincoln spoke briefly to those assembled there. The date was November 18, 1863. In commemoration of that day, of Mr. Lincoln's aims, and as a partial reminder of our own purpose: we reprint it here.

Fourscore and seven years ago, our fathers brought forth upon this continent a new nation, conceived in liberty and dedicated to the proposition that all men are created equal.

Now we are engaged in a great civil war, testing whether that nation — or any nation, so conceived and so dedicated — can long endure.

We are met on a great battlefield of that war. We have come to dedicate a portion of it as the final resting place for those who have given their lives that that nation might live.

It is altogether fitting and proper that we should do this.

But in a larger sense, we cannot dedicate, we cannot consecrate, we cannot hallow this ground. The brave men, living and dead, who struggled here, have consecrated it far above our power to add or to detract.

The world will very little note nor long remember what we say here; but it cannot forget what they did here.

It is for us, the living, rather, to be dedicated here to the unfinished work that they have thus far so nobly carried on. It is rather for us to be here dedicated to the great task remaining before us; that from these honored dead we take increased devotion to that cause for which they here gave the last full measure of devotion; that we here highly resolve that these dead shall not have died in vain; that the nation shall, under God, have a new birth of freedom, and that government of the people, by the people, for the people, shall not perish from the earth.

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Dianetics is an effective tool for this work. To be applied, affinity, reality, and communication must be established.

Sane people do not blow each other up.

T. E. Carey

AT LAST we have seen a copy of Child Dianetics (ILAS, for HDF). Format is the same as that of Self Analysis. The book will serve many dianeticists as a pleasant, informative, concise and readable means of introducing dianetics to parents and to others interested in children.

Table of Contents: Introduction, by LRH. Basic Dianetic Principles. Our Basic Problem. Toward a Saner World. Standard Dianetic Technique. Dianotic Processing for Children. Dianetics in Child Care. An Auditor's Report. Special Techniques for Children. Sessions with Children. Some Cases in Point. A Look Ahead. Child Guidance Centers. Summary, including an extensive glossary and a list of 'Self Analysis' questions.

Most of the case work that went into Child Dianetics was done by members of the Chicago branch of the Foundation. Techniques described are those of Standard Procedure up to last spring.

Grumpy folks will be especially pleased to find that the text of Child Dianetics is relatively free of Tub-Thumping.

Price of the book is \$2.75. MDI can supply it postpaid on receipt of order. Also available from HDF, of course!

Supplement No. 1 to Science of Survival is now available. Part I contains a long discussion of the several dynamics by LRH, with a description of their inter-relationships and suggestions for processing along any or all of them. Part II presents Mr. Eugene Altman's original paper on Examiner Theory and Techniques, and a discussion and criticism of the technique by the editors of the Supplement, speaking for the Foundation. Mr. Altman is competent to present his own position, and the criticism of the editors are fairly made in what appears to be a real sense of constructive difference of opinion. Part III consists of letter both congratulatory and critical.

J. W. Maloney, Secretary-Treasurer of the Foundation, advises that if a sufficient number of persons indicate that they will attend, a year's-end conference will be laid on for December 27, 28, 29 and 30. LRH will lecture, summarizing "the refinements and all material up to the date of the meeting." Persons interested are requested to notify Mr. Maloney so that reservations and other plans may be made to accommodate them. Fees set for this conference are \$50.00 per person, \$30.00 for Foundation Members. Mr. Maloney adds "We will endeavor to have Effort Processing in book form for the conference."

No one from here was able to attend the October 8-12 conference and we are beginning to find out how much we missed. So -- we will probably see some of you the last week in December....

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From Eph Howard, 1533 N. 44th, East St. Louis, Illinois:

"Your 'Dianotes' of 15 October, mailed to our old Cleveland address, just caught up with us. I scanned it at work and was so interested in seeing the next issue that I decided not to take time for typing, etc. That is the reason for this paper and my hen-tracks.

"Your magazine is excellent. Keep up the good work.

"With reference to your notes on page 5 re children — have you tried raising any?"

We-e-ll — no. We haven't. But we've been raised. As we wrote Eph, the only thing to do is to have the child arrange to be born to very high toned, intelligent and tolerant parents with a thorough knowledge of dianetics. Then there's a fighting chance. (Add salt to taste!) Actually the situation is not so bad as this. Persistence in individual processing on the part of the parents, and doing everything possible to maintain high ARC with the children, should help enormously -- or so it seems from here. The question is: how to preserve the child's self-determinism while giving him the pro-survival information he needs to keep from badly injuring himself?

'Tain't easy! What do people do when they know dianetics and have children?

From Mr. & Mrs. Sylvain, R.R. #2, Sutton, Cte. Brome, Province of
Quebec, Canada:

"In your editorial on Preventive Dianetics, you mention the use of alcohol as one of the things that produces engrams. It so happens that we have been spending a lot of time on this subject, as we feel that it is one of the greatest and most harmful engrams in existence. We have found that excess use of alcohol is engrammic, and we have developed a series of steps whereby the compulsions may be removed. The optimum result is a P.C. who can take a drink if he feels like it, or can refuse a drink if he feels like it -- in other words, he has complete freedom of action as far as liquor is concerned, which is something that, as far as we know, has never been achieved in any form of treatments for alcoholics so far.

"Our findings and theories on this matter will be published shortly in a short paper, and we thought you might be interested in knowing about it."

We are very much interested, and have reserved a copy of the Sylvains' paper. Any method that will eliminate the COMPULSION to drink is a major contribution to society. It has seemed to us that it was robbing Peter to pay Paul to beat the unfortunate alcoholic into apathy by putting paraldehyde in his Scotch, or tying him down wrapped in wet sheets, etc. Possibly others may wish to write the Sylvains re this....

A lady in Saegertown, Pennsylvania, has written us asking "What's to happen to me in the hinterlands?" She has done rather a lot of auditing, and finds that dianetics works on others; has had a month and a half of processing herself, with discouraging results. She reports that Examiner, Integrator, self-help and home-work techniques have been ineffective. She hopes to find an auditor. She requests that her name not be printed.

So-o-o: we will forward correspondence to her if postage is enclosed. Yes, we'll read it first, and return it to the sender if it needs to be returned.

From R. F. Gill, Jr., HDA, c/o Paul Beaver, M. D., Leetonia, Ohio:

"Had a glimpse of your 'Dianotes' — like it very much.... What of Dave Dobbs, my old chum, and Ed Matjasick?

"Enjoyed the short article re effort, but think the impression is conveyed that the simple efforts are prosurvival, whereas I should emphasize the contrasurvival nature. In the postnatal period, when the control center takes over as an independent system, these efforts are applied in the compound efforts of actions, towards succumbing to the extent that these simple contrasurvival efforts are components of the actions. One might (I reason) consider any efforts of the pre-parturition organism, outside of those directed into the growth-metabolism pattern, to be contrasurvival.

"In ARC—"

The address we have for Edward Matjasich is 5519 National Avenue, Milwaukee, Wis., but it may be out of date; Dave Dobbs was here in August, but had good recalls on the Minnesota winter: present address, #5 Palm Avenue, Delray Beach, Florida.

The implications of effort processing are very broad — and what we don't know about it would fill a lot of space. A question that we'd ask, is, how are the simple contrasurvival efforts identified as contrasurvival? Some of the people here are planning to attend the December 27-30 conference in Wichita, and we should learn more then.

BITS & PIECES

Everything that anyone ever did or said to you was done to that person's concept of you. Is someone's concept of you really you? Do any of the things that were said or done to you have to affect you more than you want them to? Do you want them to? (Sadah Field, HDA)

A book worth reading these days is Strategy in Poker, Business and War, by John McDonald. Illustrations by Robert Osborne. New York: W. W. Norton & Co., 1950. The book develops and exemplifies the theory of Minimax, which, according to the author, "is the only theory that defines how to proceed rationally in what has classically been considered an irrational situation. (p. 69) Part Four, "Military and Other Games," is quite interesting. Practical, if not practicable. (T. Carey)

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From Elizabeth M. Burrage, HDA, 1353 Allessandro St., Los Angeles 26:

"Enclosed is a copy of a little paper I wrote recently when I asked my opinion of 'Effort Processing' — the paper obviously takes it for granted that readers are familiar with the term 'Effort Processing' as currently in use in Wichita."

The first page of this paper is devoted to an analysis of the pre-clear's relation to himself, the world, and processing, and assumes, as does the paper 'Present Time Processing' in the Nov. 5th issue of the HL Newsletter, that it is the dramatization the p/c is in, not so much the dramatizations that he talks about, that determines his behaviour in the session at hand and should guide the auditor's procedure. 'Present Time Processing' states this view more fully, and will be reprinted in an early issue. The balance of the Burrage paper is directly relevant to Effort Processing, and we are printing it here.

AN INTERPRETATION OF THE PLACE OF 'EFFORT PROCESSING' IN DIANETIC THERAPY.
Elizabeth M. Burrage, HDA

Dianetics as a form of psychotherapy has several advantages over other forms known today; foremost among these is a goal for therapy. During the preliminary session when "inventory" or "case history" is taken, the auditor should be forming a dynamic over-all concept of the nature of the case, somewhat like a surveyor making the reconnaissance map of the territory in which he will later do his more detailed work. From this first session, he should be able gradually to move closer, re-forming his concepts with each new piece of data from each session, until at last he begins to see the specific patterns which the pre-clear is following. In due time he should be able to run the basic engram and ask the vital questions which help the pre-clear evaluate and use the data which he has "discovered."

One of the finest and most accurate indexes which this auditor has found as to the nature of the case, is the physical manifestation of effort. From the way the pre-clear squints, swallows, moves his hands, etc., you can begin to pick up important clues. As the pre-clear begins to focus his attention on one of these, he will find other manifestations, and eventually it will be found that he has focused enough attention in a particular area to be able to recognize various thoughts and feelings, and correlate them so that they may be re-evaluated. This focus (see note) will deepen at some time during the course of therapy (at least once, if you will follow the clue from the pre-clear and not try to direct him), until it will reach into the occluded areas and down into the earliest moments of his existence as this specific-organism-known-as-John-Doe. It has been the experience of this auditor that compulsions have been "permanently" removed only after this deep, concentrated focus has been achieved, thus making available data which otherwise would never have come into the awareness of the person.

SUMMARY. It seems illogical to separate out the indications (efforts and counter-efforts) of events (especially some crucial event such as the one-too-many event which made the acceptance of insanity the course of least resistance) as being the events themselves. (CONTINUED)

(continued from preceding page)

If "Effort Processing" be singled out and labeled a "technique" (which is precisely the same type of mistake that was made when Dianetics was first introduced and the emphasis was put entirely on words...) (see Note 2) then this auditor is not in favor of such designation; if it be considered as an indispensable, vital part of the over-all picture of Dianetic Processing, then this auditor is in favor of this designation for the sake of convenience in teaching. Hubbard says, "almost any kind of effort processing works." Since we are living organisms, let us also be aware of the associated factors involved in efforts and counter-efforts.

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Note 1. "Focus" is used here instead of "boil-off," which term has been badly defined and ill-used in connection with "Effort Processing."

Note 2. See recto of the last page in DIANETICS: AXIOMS, the fourth paragraph from the bottom of the page, for warning.

The question raised in the Summary is partly one of terminology. What the auditor calls a mode of processing is, of course, unimportant. But his applications of processing will be a function of the broadness of his understanding, and, so far as we can see, this is to be acquired (if it can be acquired) through experience. As we said before: no technique has all the answers -- yet.

From Mrs. Mary Eleanor Forbes, Editor, The DIANEWS, Rte. 3, Box 901-C,
Lancaster, California:

"Thank you for the copy recently received of the DIANOTES.

"The China Lakes Dianetics Society has, so far as I know, ceased to exist. The DianeWS, which was the official organ of that group, is still being published by my husband and myself, and a copy of the latest issue is being sent you under separate cover....

"Cordially yours--"

Does anyone have further information on the China Lakes group? We received the copy of DIANEWS, and recommend it to those not acquainted with this newsletter. The article by the editors on page 1 of this issue of DIANEWS (Vol. I, No. 12, 10/31/51), entitled "On Independence," is well worth reading.

QUOTABLE QUOTES

(We might as well use up this space)

From Dianetics: The Modern Science of Mental Health, by L. Ron Hubbard.
New York: Hermitage House. 1950. Book 3, Chapter 1, page 168:

"...if anyone wants a monopoly on dianetics, be assured that he wants it for reasons which have to do not with dianetics but with profit."

From John H. Trapp, 1500-B Elm, Amarillo, Texas:

"Thank you for the complimentary copy of DIANOTES....

"It is heartening to establish a dianetic communication line; except for Foundation publications I have been out of contact with dianetics for about 8 months.

"Your discussion of effort processing is the first I have read on this latest technique, but it leaves me somewhat confused. I get the impression that effort processing relegates the engram to second place as the cause of aberration. Is this correct, or have I misunderstood your article? Or would it be more nearly correct to say that directing attention toward effort allows engrams to be contacted more easily?

"From what I read, pre-clears seem to fall into two classes: those with entheta quite accessible, and vice versa. I notice in DIANOTES that a case which was unresponsive to SOP for one year responded to effort processing in a short time. I would be interested to know what is your experience and your ideas in connection with those people who respond to auditing slowly and laboriously. It seems to me that there probably is a variable as yet undiscovered. Low tone is a workable explanation, but, it seems to me, does not lead to techniques that are precise enough. I accept the theta theory — I do not think man is just a complicated machine — but this acceptance doesn't keep me from believing that techniques should be as mechanical as it is possible to attain. After all, the ideal is a one shot clear.

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It is heartening to establish a dianetic communication line; there is room for a lot more of them, we think.

In the case of engrams vs. effort, our impression of the direction theory seems to be moving is that it is more and more considered that aberration, both physical and mental (apologies to Lakeville!), is self-determined. In a sense, one must agree with the engram before it can aberrate him. This formulation is certainly open to discussion; but — our experience has been that processing methods derived from it are somewhat more rapid in effect, even in the occluded cases you mention.

The writer's opinion on the distinction between the two broad classes of pre-clears is that the case which is extremely occluded has the ability and has learned to wall off areas of stress by using theta, life force, or what have you. Or possibly this ability is a genetic one and varies in individuals according to the absence or presence or development of the physiological mechanism involved. Secondary charge appears to be a very large factor in these cases, of which the writer is one. Question is open.

From Ross Lamoreaux. HDF, in response to our inquiry:

"The present dietary supplement we are using is essentially as follows: 1 teaspoon protein hydrolysate (Stuart's)
1 Stuart's therapeutic B complex C Capsule
1 Stuart's V-C-M capsule.

"This is given immediately at the beginning of a session and

repeated if necessary on an hourly basis, except that the V-C-M capsule is given only every other hour. With extremely exceptional pre-clears, the quantities of the first two may be tripled on an hourly basis. You should be able to get this at your local drug-store.

"My own feeling at present is that this supplement seems to provide the most satisfactory assist for processing, given on an hourly basis, and it seems to avoid dope-off and work cases much more rapidly than we have ever been able to do before."

THE QUESTION OF BOIL-OFF

Charles R. Higgins
Minneapolis

Since there is a decided lack of verifiable data, what follows can be regarded as no more than question-raising. I hope it stimulates computations in its readers.

Hubbard states, in Science of Survival, in several places, that "...boil-offs are highly beneficial and should not be interrupted for any cause whatsoever....The removal of boil-off from a case is the removal of accumulated anaten, and is highly beneficial." (II, 133) Anaten is defined as a mechanism which shuts off the analyzer in the presence of any physical pain (I, 80). Upon encountering boil-off in a pre-clear, the auditor is instructed to have the pre-clear repeat the phrase responsible for the boil-off, each time the p/c comes out of it, until the boil-off is exhausted. (II, 133)

Growing doubts and questions concerning boil-off were crystallized to some degree by Martha Curtis' account of effort processing. Martha had just come from a conference held at the Foundation, at which effort processing had been introduced as a part of SOP. The applicable part of her account was this: that as a pre-clear ran an effort, his tone dropped down the scale to apathy, at which point he entered a condition which was or which resembled boil-off. After allowing him to "stew" for some minutes in this apparent boil-off, the auditor brought him back up the tone scale with the counter effort /what we have called the 'null-effort' in the last issue. Ed. 7 Apparently, Martha said, this boil-off is a balance point or equilibrium reached in the organism between the effort and the counter effort.

One pre-clear here, who experiences a rather unorthodox type of boil off under the procedure described, reports his subjective sensations in this manner. One part of his mind seems perfectly content to allow him to lie in a state of warm, drowsy semi-consciousness. Another part, which he equates with the self-determined portion of his analyzer, feels that the boil-off was a fraud, an evasion of processing, and that only by returning to present time and continuing processing would progress appear. Is this an aberrative computation? I do not know. It appears not to be the case.

The crux of the question seems to be: Is the boil-off encountered in effort processing the release of anaten? From Martha's account, this does not seem to be so. It appears rather to be a state of stasis, a dead-lock brought about by equality between free theta and entheta. Neither can the

the scales, to survival and clearing by the free theta available, or toward destruction and death from the entheta on the case. The deadlock is broken by auditor action, which involves the auditor's computation on when the proclear shall be brought out of the boil-off.

From the evidence it hand, which is meager, it seems that in most cases boil-off is the release of anaten, but that in some others, boil-off may be of no therapeutic value; and that there is a discrepancy in theory and technique in regard to the nature of boil-off, between that presented in Science of Survival and effort processing.

New data and/or computations on this question will be welcomed.

R. B. Howes' three-hour talk to a group of people from Minneapolis-Honeywell, delivered at the Center the evening of November 7th, is now on paper, via tape recorder, stenotype, and patience. The 80-page ms. is being edited now. Mr. L. J. Borreson has generously underwritten the clerical and other expenses needed to reduce the lecture to printed form. Final copy will be either Varityped or mimeographed. If you would like to reserve a copy, please drop a card or letter to MDI mentioning it, or telephone. The lecture has no formal title as yet, but covers the human organism-as-a-whole, mind and body, their interrelationships and functions, and the relevance of dianetics. Mr. Howes is a physical chemist. Costs have not as yet been determined, but some charge will have to be made. Let us know if you want one.

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| <u>Immediate delivery can be made on:</u> | SCIENCE OF SURVIVAL : | \$5.00 |
| | SELF ANALYSIS : | 2.50 |
| Checks or M/O's payable to | CHILD DIANETICS : | 2.75 |
| Minneapolis Dianetics, Inc. | C.O.D. charges extra. | |

Why not send this copy of DIANOTES to someone whom you know is interested in dianetics? Drop us a card and we'll send you an extra one.

RATES AS FOLLOWS: Single copies \$0.15. 6-month subscription (12 issues) \$1.50. 1-year subscription (24 issues) \$2.75.

Wish we could give it away -- but it costs and costs! Checks or M/O's payable to Minneapolis Dianetics, Inc. Address DIANOTES, 800 Washington Avenue S.E., Minneapolis 14, Minnesota.

Readers' comments and contributions invited, and will be printed, unless request is made to the contrary. News and opinions - questions - ideas - suggestions - we'd like to hear them.

Honorable mention to Mrs. Lulu Robles, Box 124, Fair Oaks, California, for suggesting "The Bridge" as a title for this newsletter. The verdict: it stays DIANOTES. We're trying to build a bridge —

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