

Milton Garland and Thomas Carey, Editors  
 Newsletter of Minneapolis Dianetics, Inc.  
 800 Washington Avenue S.E., Minneapolis 14

MEMBERS, AND OTHER READERS, will be interested in the fact that a major crisis has been successfully surmounted. Bills have been mounting at the Center, and income has been going the other way. This, obviously, was for the birds. At a rather hectic meeting the evening of Monday, October 9th, the staff was presented with the picture of the financial situation by John Robinson, treasurer. There followed weeping and gnashing of teeth.

There also followed a discussion which eventuated in constructive action. The Center will be maintained, not by hook or by crook, but by pro-survival activities. These will include speedy development of the course in Human Evaluation, based on tapes by Mr. Hubbard, to be offered to personnel directors of business concerns, by effective publicity, and by individual contributions of TIME, CASH, and ENERGY from those attending the meeting. John Robinson says, contributions from anyone else gratefully accepted!

#### CONTEST ANNOUNCEMENT

Would you like to see this newsletter differently named?

For the best name submitted by any reader before November 10, the editors will award one (1) auditor's kit, including:

- One (1) 3" sterile needle, to raise necessity level.
- One (1) 3x5" ruled Card, for Case History.
- One (1) Eraser (for Engrams).
- One (1) slightly used Key (for Locks).
- One (1) Sample Engram Producer

(Chrome-plated thumbtack).

PLUS: FREE ONE-YEAR SUBSCRIPTION TO DIANOTES. (No Kidding)

NON-PROFESSIONAL BEGINNERS IN AUDITING who live near Chicago, may be interested in a course offered by Leo West, HDA, of that city, entitled NEW & SIMPLIFIED TECHNIQUES I. Fifteen 3-hour sessions. Three sections, on different evenings, to permit as many as possible to fit the course into their schedules. Fee for the course, Mr. West, advises, is \$75.00. Further details from Leo West, 56 E. Oak St., Chicago.

DIANOTES IS FREE FOR MEMBERS OF MDI, BUT: pending development of circulation large enough to support expenses, the editors will welcome cash contributions toward same. DIANOTES will expand to the degree that it is supported by its readers. IF YOU HAVE A COMMUNICATION THAT MIGHT INTEREST OTHERS, concerning any aspect of dianetics, why not send it in? Address DIANOTES, 800 Washington Ave. S.E., Mpls. 14.

T. CAREY REPORTS ON AN INTERESTING experience: "Some time ago I asked my 11-year old adopted sister to tell me about the first time she saw me. She told me: She was being carried into the house, age 8 mos., for the first time. She felt that I didn't like her, because I said 'Do I have to change her diapers?' in a glum tone of voice. So, she said, she wanted to go back 'where the other babies were.' 'Don't ask me how many babies there were, because I can't count at that age.'"

Nothing like Straight Wire for opening cases!

FOR THE INFORMATION OF NEW READERS, the editors would like here to put in a plug for Minneapolis Dianetics, Inc., sponsors of DIANOTES. MDI, a non-profit, non-stock corporation, operates the Minneapolis Dianetics Center at this address. Staff members, and members of the group, are contributing their efforts and energies to the group and to the Center to help spread knowledge of Dianetics as far and as fast as possible. All income goes to supporting the existence of the Center and its facilities, NOT to survival of individuals.

SADAH FIELD, HDA, IN HER LECTURE ON Why Dianetics?, on September 9th, presented an over-all picture of Dianetics and what it can do. A near capacity audience attended. Sadah said "just as a physical injury in the past, if not properly cared for, may continue to affect a person through the rest of his life, so may a mental or emotional injury in the past influence him in present time.

Sadah spoke of the improvement of memory and ability to reason more clearly which dianetics processing gains for the pre-clear. "People seem more confident;" she said, "they worry less, and seem more able to determine what course of action to follow, and to follow it through to completion.... As the experiences of the past are contacted and re-evaluated, more present-time activities become enjoyable."

"In short," she continued, "Dianetics has proven itself to be a positive step toward self-improvement; and, by extension, since we all live with and affect others, toward improvement of other people. I believe that we will all agree that there is much room for improvement in mankind and in the world; and that right now, in September, 1951, dianetics offers a means whereby each of us can take steps in this direction."

HERE IS AN ARTICLE THAT APPEARED in the newsletter of the Witco Chemical Co.:

#### HOW TO DO RESEARCH

Never having done any research, it should be possible to give objective, unbiased advice. From a brief but intensive study of the subject, research appears to consist largely in repairing leaks in things.

In order to do research, you must have ideas. One idea is sufficient. A second idea is apt to contradict the first. Ideas are easy to get. If you haven't any of your own, there are several prolific sources. (1) Ask one of the salesmen. This is a dependable source of information concerning things that any half-witted research department should have developed years ago. (2) Ask the officers of the company. They know just what should have been done if certain responsible persons had been on the job. (3) Attend a scientific convention and learn the problems that others have studied and failed to solve. Then go back to the lab and solve them. Or (4) Consult the janitor.

By all means do not look for something original. If you think yours is a new idea, read Prof. Groszkopf's article in Zeitschrift für Usw., published in 1840. You will find he suggested the same thing long ago.

It is a question, however, whether even one idea is necessary. Merely get some equipment, set it up in a complicated manner, and carry out a few experiments. Readings should be taken at a point where it is considered that results will be most favorable. These readings should be plotted against other numbers that may be selected at random. If you get a straight line, you know at once that results could have been predicted.

(continue)

## RESEARCH (continued from page 2)

If you get a curve, the situation is different. Examine the curve carefully for sharp breaks or bends. If you find one, you have made a discovery. These breaks are significant. From them you should develop a theory. Having obtained a curve, and concocted a theory, it is fitting that you present the matter before some important scientific society. These societies were organized to keep research men from getting swelled heads. They consist of a group of professional knockers, and one booster. You are the booster.

Always prepare a few slides that can be shown at embarrassing moments. After the banquet and ever-present business meeting, you will be called upon to speak. First write nine long equations on the blackboard. Write them rapidly. The success of your talk will depend on the number of people you can shake off at this point. Someone will point out that the fifth term of the second equation should have a minus sign, which you can obligingly change, since it doesn't matter anyway. Dwell at length on the sub-electron lattice, the rigidity of the ether, or the density of rhubarb in Siberia. When you see vacant stares, indication of a temporary lapse of intelligence, stop, pause for effect, gather up all the papers, and ask for questions. In the discussion that follows, you will have no part, but at its end, you will be convinced of three things.

First, that you were entirely wrong. Second, that you did a fine piece of work. Third, that it doesn't mean anything. **AND THE MORAL OF ALL THIS IS:** It is much easier to prepare data than to interpret results.

**EDITOR'S NOTE:** Obviously an inspired work!

**READERS INTERESTED IN CHILDREN** will find very interesting reading in a brochure available from the Fairhope Educational Foundation, 252 Herton St., Fairhope, Alabama, entitled **THE PROBLEM CHILD PROBLEM.**

IN A PROGRESS REPORT ISSUED LAST August, The Hubbard Dianetic Foundation reports as follows, which we quote for your information:

"The first such example of illegal and dangerous application of a process called Dianetics is being advertised on a widespread basis through the mails by a person who is not an HDA. He has moved to Wichita in the hope that he can, by inference, be related to the Foundation. His name is John Grenger, and he advertises a school that teaches Dianetic Auditing and gives the degree of DIANETIC AUDITOR upon graduation. The Foundation is currently filing a suit against him in the district court, on the grounds that he is operating without a license."

The editors have no further data on this matter.

**NON-MEMBERS LIVING IN AND AROUND** The Twin Cities may be interested in how one gets to be a member of MDI. Diligent inquiry by the editors has provided the following information on this question:

Requirements for membership are: Having read DIANETICS, by Hubbard; Having attended at least four out of eight weekly lectures (Sunday evening meetings); and payment of dues.

John Robinson, treasurer, is the person to see about joining MDI.

**MEMBERS OF MDI ARE INVITED TO SEND** in a postcard expressing their preference for a meeting-night. Sunday evening is inconvenient for some; another night might better suit you. How would Friday be? Or any other day?

This is a poll only; the day for the weekly meeting won't be changed without a good deal of discussion.

"To know how to criticize is good; to know how to create is better."  
(Henri Poincaré!)

## EDITORIAL: PREVENTIVE DIANETICS

What do we have in Dianetics? We have knowledge of the causes of human aberration and of the way to remove these causes. We have a theory and we have practical techniques developed by comparing that theory with our observations; and both theory and techniques are continually being improved.

This, however, is only one side of the picture. Now that we know the causes of aberrations, we can not only remove them after they have occurred, but also prevent their happening. In his talk on Child Dianetics last Sunday, Chuck Higgins made a useful distinction, between Remedial Dianetics and Preventive Dianetics: the removal of the causes of aberration and the avoidance of situations productive of aberration.

Anyone familiar with dianetics has seen the harm that results from phrases contained in an engram. The engram without words in it is much less aberrative than the engram full of phrases. It is, in the first place, less easily restimulated. When keyed in, there are no reactive "commands" to be enforced by the pain of the engram on the analytical mind of the person. Phrases from keyed-in engrams do act as commands.

It follows that whoever speaks in the vicinity of an injured or unconscious person is committing a crime only slightly less vicious than murder.

Accidents are engrams in process of manufacture. At present, we aren't able to do away with all accidents. But WE CAN considerably REDUCE their detrimental effects on individuals, families, societies and mankind. How? It's as simple as this:

**MAINTAIN SILENCE AROUND A PERSON IN PAIN OR EMOTIONAL SHOCK.**

This is the first rule of Preventive Dianetics.

The actions of those around us affect us all, since hardly anyone can live happily or quite sanely on all dynamics in an irrational and unhappy society. Progress toward a sane society is necessarily slow, so long as engrams are being produced faster than they can be reduced. There aren't enough auditors!

When we prevent engrams, we eliminate their damaging effects, not only for the individual, but for the society to which he belongs. WE CAN HELP PREVENT THEM. We can create saner individuals, saner children, saner families and a saner world simply by avoiding, so far as possible, actions known to produce engrams and intensify aberrations. A partial listing of such actions follows.

**IN THE UNBORN CHILD**

- Intercourse with the pregnant mother
- Attempts at abortion
- Striking the pregnant mother
- Excessive exertion on the part of the mother
- Dianetic processing of the pregnant mother, except for straight memory.

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## Preventive Dianetics (continued)

## IN THE CHILD AT BIRTH

Miseducation of the mother, resulting in fear and unnecessary muscular tension during labor and delivery  
 Speech of any sort during labor and delivery  
 Use of a general anesthetic on the mother  
 Presence of bright lights in the delivery room  
 Rough handling of the infant, such as slapping, jerking him into the air, etc.

## IN OURSELVES, OUR CHILDREN, AND OUR FRIENDS

Use of hypnotic drugs as anesthetics, such as sodium pentothal and nitrous oxide  
 Destruction of part of the central nervous system by electric shock therapy, metrazol shocks, and brain surgery intended to render an intractable person more controllable (e.g., pre-frontal lobotomy and trans-orbital leukotomy)  
 Infliction of unnecessary surgery for the relief of psychosomatic conditions  
 Hypnosis of any type  
 Speech of any sort during operations  
 Use of sedative drugs except when absolutely necessary  
 (These include barbiturates, codeine, "sleeping powders," aspirin, paregoric, alcohol, and many, many others.)  
 and last, but not least, INHIBITION of the natural expressions of grief, fear, and frustration --- in other words, of tears.

It would be wonderful if nothing listed above ever happened again!

Unfortunately, most of us still have engrams. Children alive today have them too. What can we do about these in Preventive Dianetics?

The obvious step is to try to prevent the key-in of engrams already received. Most children are far higher-toned than most adults; the reason is that not so many of their engrams have been keyed in.

With this in mind, we can, in the presence of children, avoid the use of language we know is in their prenatal bank. We can refrain from quarrels around children. Knowing what affinity and reality and communication are, from a dianetic point of view, we can do much toward keeping all three of them high between ourselves and our children (not to mention our friends). Before any of us slaps a child, or spanks a child, before any of us invalidates, or rejects, or hurts any child, we can ask ourselves the question:

WHICH IS MORE IMPORTANT?

DRAMATIZING OUR ENGRAMS?

OR PRESERVING THE CHILD'S SANITY?

A child whose ARC is high with his parents will be better able to cope with the myriad problems and restrictions he faces in learning about the world. It seems to us that there are better ways of helping the child learn how to live in the world than subjecting him to a continuous barrage of arbitrariness: inhibitions and enforcements on all dynamics. What are these better ways? Readers who have suggestions on this are urgently invited to communicate them to DILHOELS.

LET'S PUT DIANETICS TO WORK!  
 IT'S NOT JUST FOR US....IT'S FOR EVERYONE.

MRS. MARTHA COURTIS, HDA from Ann Arbor, Michigan, was at the Center the evening of Oct. 17th, briefing a group of us on Effort Processing. Mrs. Curtis had just returned from the Oct. 8-12th conference in Wichita, at which Ron Hubbard, Dave MacLean and others lectured on the new technique. (Next issue of DIANOTES will carry a report on Effort Processing, with a summary of results obtained here up to publication.)

Mrs. Curtis left a copy of Hubbard's latest work, DIANETICS: AXIOMS at the Center. From these axioms, Effort Processing was postulated and developed. Those who have read the Center's copy consider it to be the most revolutionary and important work that L. Ron Hubbard has done. MDI currently is trying to obtain additional copies of AXIOMS for interested persons in this area.

HAVE YOU ANY FRIENDS WHO MIGHT BE interested in reading DIANOTES? We will send a free issue to any four people you name.

SEVERAL PUBLICATIONS ON DIANETICS are now available. All those listed may be ordered thru MDI at list:  
 DIANETICS: The Modern Science of Mental Health. Hubbard. \$4  
 SCIENCE OF SURVIVAL: Faster, Simplified Dianetic Techniques. Hubbard. \$5  
 SELF-ANALYSIS. Hubbard. Hard-cover edition, \$3; soft-cover ed., \$2.50.  
 CHILD DIANETICS. Foundation Staff. \$2.75.

A DOCTOR'S REPORT ON DIANETICS. Dr. J. L. Winter. \$3.50.

Every one of these is well worth reading. The Treasurer sez: "Please make checks payable to Minneapolis Dianetics, Inc."

"The best skill an auditor can develop is the running of secondaries. Their discharge produces the most effective rise up the tone scale."  
 (Science of Survival)

MDI LECTURE SCHEDULE:

Processing Techniques: 1951

- 10/21: Case-opening & auditor/pre-clear relationship. (Howes)
- 10/28: Pleasure moments, Straight Wire & High wire. (Schuster)
- 11/ 4: Self-analysis. (Carland)
- 11/11: ARC Hurdy-gurdy. (Rother)
- 11/18: Locks and Lock-Scanning. (Higgins)
- 11/25: Validation. (Rother)
- 12/ 2: MEST Processing: The Physical Universe. (Robinson)
- 12/ 9: Engrams. (Carland)
- 12/16: Secondaries. (Higgins)
- 12/23 and 12/30: HOLIDAYS
- 1/6: Effort Processing. (Field)
- 1/13: Integration of Techniques. (Howes)
- 1/20: Experimental Techniques. (Staff)

MDI is offering for sale a limited number of copies of mimeographed, readable and useful papers on theory and techniques. Titles available are:

- An Outline of Dianetic Standard Procedure.
- Pleasure with Profit.
- The Miracle of Straight Line Memory.
- ARC Locks and Engrams.
- Aids to Dianetic Processing.
- Loss and Tears.
- Accessibility.

These may be obtained post-paid for 15¢ each (no stamps).  
The set of seven papers for \$1.00

IN THE NEXT ISSUE :

- Group Dianetics (Don Schuster, MDI)
- Summary of Progress Report issued by the Foundation in August, 1951.
- Report on Effort Processing, based on available information and observation. (Staff)
- Chemical Assists. (Ron Howes)
- Language as Description. (Tom Carey)
- Editorial: Invalidations and other items of interest.

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What's your opinion of DIANOTES?  
 How can we make it better?

Tom Carey and Milt Carland

Friends:

This is the second issue of DIANOTES, the newsletter of Minneapolis Dianetics, Inc. (non-profit). The aim of DIANOTES is free communication.

Everyone working with Dianetics rapidly discovers that each case is individual, and that there is always more to be learned. What one auditor (professional or non-professional) learns about dianetic techniques and their applications, other auditors can profitably use. But -- to use it, they need to know about it; and this, of course takes communication.

DIANOTES, and many other such newsletters published by dianetic groups throughout the country, can help establish that communication.

If you are simply interested in following Dianetics, you will (we hope) want to hear what this group is doing in Minneapolis. If you're in a group, let us know what your group's doing; if you're not, we'd like to hear what you have accomplished alone.

DIANOTES will not be very formal. In the future, learned journals will be printing technical articles about dianetics, and papers co-ordinating the discoveries of dianetics with all the other fields of science dealing with Man as an organism. This, as we see it, is fine. The more work done with dianetics, the better. BUT-- the successful dianetic auditor doesn't need to be academic to do effective work. What he CAN use now is free and open communication with other people who are putting dianetics to work. With that, we think, affinity and reality will take care of themselves.

We plan to publish twice a month. If you'd like to receive subsequent issues of DIANOTES, let us know. Subscriptions are now being offered at the following rates:

Type A: 24 issues, twice monthly - - - - - \$ 2.75  
Type B: 24 issues, twice monthly  
(3 or more copies to one address) - \$ 2.25 each  
Type C: 12 issues, twice monthly - - - - - \$ 1.50  
Single copies - - - - - \$ 0.15  
(Please make checks & money orders payable to HDI)

SURE we'll probably have a surplus. That will mean that we'll graduate from mimeo to (probably) Varitype, and maybe even to print. It means DIANOTES will expand, and carry more and better material. It means we'll be able to print everything received. It means more communication.

The editors will welcome comments and contributions from all of you. Let us hear about it.

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