

10 May 1953--B. R. Ross

Dear Harry and Network,

I am writing this to get something off my chest which I know has bothered many other people besides myself, i. e. the question of Hubbard's motivations and possible sanity, if any?

In my opinion the things I have to say are not for the weak-minded or low toned and pretty definitely not for those people who don't already know about the various controversies. I am not I think trying to inhibit communications when I write this last sentence. The same ideas which I have to express may well be disseminated when rewritten for each particular audience.

First Question, is Hubbard Crazy? Was Hubbard crazy? or Is and was Hubbard crazy like a fox???

As I remember my own thoughts in May 20, 1951 when my copy of "THE BOOK" arrived in the mails, I hadn't finished even one page when I felt that as written the book would repel any orthodox medical man. As I read further I had the impression again and again. Science of Survival I felt was even a greater effort to discourage orthodox thinkers from any consideration of Dianetics. Much of his more recent work in Scientology perhaps even all of it bears the same pattern.

So far I have given my personal impressions! In addition during the past two years (Pardon but I seem to have lost a year someplace or rather misplaced it because I just found it again) three years I have spoken to many medical men both general practitioners and psychologists or psychiatrists. These men and particularly the psychiatrists could not read more than a few pages of THE BOOK except for a handful who were S-F fans.

The question is then whether Hubbard did it on purpose or as a result of his anti-other-than-Hubbard-Authoritarianism (Aberration).

I like to think that he did it all on purpose and is still doing so. As I view it there are several causes plus possibly others which I cannot visualize. As a smoke-screen so that vested interests would not make any organized efforts to prevent the spread of Dianetics. The opposition which did arise was even helpful since it provided advertising. Organized opposition could even have suppressed the book at least temporarily until really strong laws such as are only now being passed were enacted in the various legislatures. You can imagine other possible steps yourself. Just imagine what would happen if everyone stopped smoking or there were no more wars. Even the labor unions would be against us.

While I'm at it I will comment on a couple of other points. With reference to the addiction to a drug as dexedrine I suggest that there are even more insidious kinds of crutches and addictions as for example being audited at all, or using methods or theories as crutches to replace direct observation, thinking and intuition. (I use intuition to cover all forms of psi functions.)

Harry: I am sending two copies of this to England, the rest to you. By the time you get this you should have the mimeographed sheets of mine sent out via Amiram Goldblatt of the Dia. Center of Israel. And thanks for your remarks on my letter via Hamilton (R. C. of course).

Be seeing you one of these days

I hope

Bernie Ross

Relay distribution: Dick Kerlin; Eleanor Forbes; Bob Van Nice; Wesley Scott and back to Bernie

P. O. Box 4057, Haifa, Israel.

From Don Maier, Arabia

May 20, 1953

REMEDIES FOR LOW TONE

Tone, and the recognition of tone, are extremely important. If one's tone is other than high, the ability to recognize this and apply remedial measures is a sign of true progress toward optimum. The tone of the people with whom we are in contact can affect us generally. Low tone is very contagious. High tone can be voluntarily extended to and accepted from others.

LOVE THE REMEDY FOR SYMPATHY

Communication is important. Being able to talk about our troubles to someone we love or respect is the basis of all good auditing. This is a two-edged sword, however, in that below the level of love we are seeking sympathy, and sympathy extended brings down tone of both confessionist and confidant. In other words, both cry on each other's shoulders and progressively reach lower tones, through sympathy, to sadness and grief.

If a true want-to-be-loved and love status is maintained, "What troubles you" may be discussed and considered, evaluated, decided and acted upon, through to tone laughter without tone drop on the part of any of the participants. This is good communication; also good therapy . . . and good living.

SELF-HONESTY THE REMEDY FOR BLAME

It is necessary to be self-honest at all times. Self-honesty can be practiced, and when attempted as a constant, will grow into optimum behavior. Blame of others for low-tone feelings instead of being self-honest as to where the responsibility really belongs is a sure indication that one is not practicing self-honesty.

DECISIVENESS THE REMEDY FOR WORRY AND CONFUSION

Decisive self-determinism is the key to happiness. Make up your own mind from the data on hand. It may not always be the wisest decision to make, but it will be a decision, and deciding precludes confusion of mind. It seems to me that it is the inability, or rather, the avoidance of deciding and acting which leads directly into confusion of mind. Such confusion leads to the many frustrations we suffer from hour to hour and day to day, and is the first step to worry.

A worried mind, then, is an inefficient mind just because it has not allowed itself to decide and act. When its analytical ability is in this manner curtailed or sidetracked, it goes into partial or almost complete anaten and allows the reactive mind to take over on account of the lowering of the awareness of the analytical mind.

The above seems to account for so many present-day cases of "nerves," "bad feelings," "hard-to-live-with" people, and, finally, for psychosomatic illnesses. Fortunately, the above also tells us how to take charge and set ourselves on the right track.

- From a personal letter from Gerald R. Bunn
of Baltimore, Md.
U. S. A.