

I will say something about our experiences with the 8-80 techniques, then something about the book "8-80" and then something about a couple of the recent Communication.

1 Clyde and Jean Marshall and I have been processing regularly with the 8-80 techniques since the text became available here about a month ago. This is the most useful text Hubbard has done yet in my opinion. By the way, for a current uncommonly scholarly attack on dionetics and Scientology (among many other things) see Gardner "In The Name Of Science" Putnam's. It has fewer errors of fact than most, and is almost up-to-date.

2 The Marshalls and I have used all the techniques described in 8-80 to some extent. We have had significant results with each process. Not equally successful with all, and not with all in any one session. Our approach is to change freely from one technique to another until results occur, pursue that technique as long as it works that session, then switch to another. We use the E-Meter for all deep processing. Our sessions are normally at night. They last from one to three and a half hours. We schedule not less than two sessions per person per week, usually one session per night. Since we have been using "What To Audit" and "8-80" we observe that our basic resistance on the E-Meter has risen consistently during the session. (See Hand 1 and 2 for procedure for taking basic resistance of PreClear.) On a minority of sessions recently, the basic resistance has dropped. We have not yet worked out a definite correlation for this. I will report it when we do.

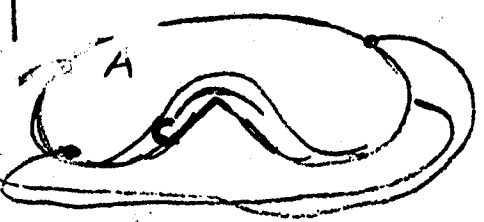
3 For those using the black and white flow techniques described in "8-80" I want to pass on a trick we have found useful in validating these flows for the PreClear. During the session, the PC wears a sleep shade, a mask resembling a domino, but without eyeholes. It is made of black felt or quilted rayon, with two elastics to hold it on the head. It was designed for day-sleepers etc. and keeps incident light from shining through the translucent eyelids. Without an eyeshield there is a "grey flow" from the MEST Universe, as you can verify by looking at an unshaded light with your eyes closed, then covering them tightly with your hand. With a sleep-shade PC and auditor can know whether the grey flow is from a Dichek ray or concept, or from the reading lamp the auditor is using to read his notes and the meter by. Secure in this knowledge, the PC can disenturbulate himself with confidence.

4 Clyde Marshall and I have discussed Hubbard's terminology with a view to making it systematically intelligible to us so we can apply it. We are currently working on an extensionalization of the concept "Aesthetics" which is so central to the theory of 8-80. By way of progress report our (3) cases are Step II or KII, and Theta Exterior (Classification for Theta Clearing, Journal of Scientology 6G)

Critique Of "8-80"

5 I think this little book is the most important and useful text Hubbard has done since Science Of Survival. While not so disorganized as "Advanced Procedures And Axioms, also notable for the bad printing in it-- the present book suffers from the following defects: Contents page, no Index, no Chapter headings, no summaries. The printing and binding and general format are good. The explanation for the title is silly as it stands (page 9) There are no units of measurement given for the terms in the LIFE Formula on page 46 and the cover. This renders it useless for computation and, as it stands, meaningless.

LIFE =  $\frac{EI}{-R} \cdot (-f)$



SLEEP SHADE.  
A = 2 layers rayon, black inside, cambric stiffening  
B = 2 ROUND ELASTICS.  
C = Quilted roll rests on nose AND lower eyelids.

EXCUSE ME: COMMUNICATION I AND II COMING UNDER SEPARATE COVER. THE HEKTOGRAPH IS DOWN FOR REPAIRS (REMELETED GELATIN SURFACE) FRED HAND

HAND THREE 2

1 "8-80" cont. On page 19, instead of all the righthanded zeros, why not the regular scientific notation  $2 \times 10^{26}$  etc. for the wavelengths? Probably the most frustrating passage in the book occurs page 24 (Ch 6) "Black and White can be self-audited, but in this case the use of the E-Meter becomes quite vital." This is the only reference I can find to self-auditing in the entire book. And how does one go about using an E-Meter with one's eyes closed? Or is concept running with eyes open and watching the meter referred to? For anyone trying that I would recommend adhesive fastened disc electrodes (see Hand 1 for description of three types of electrodes) since using can or sponge electrodes, a cybernetic feedback usually tending to center the meter or make it follow the PC's preconceived oval patterns rather than the actual charges present.

2 I wonder about the physical implications of the statements about the speed of light (pages 44 and 45) and energy in general. What price Einsteinian Relativity with variable  $g$ ? Again what values are to be assigned to the life equals  $E$  times  $I$  over minus  $R$  times minus  $f$ ? No values, no derivations, no examples. Also no explanation or description of the oscilloscope demonstration mentioned on page 47.

3 Since the techniques described by Hubbard in this book, as in his earlier ones, and the specifically Scientological theory accompanying them are straightforward, workable, efficient, and logically consistent - what are we to do with this other stuff? I mean mathematical formulas which are never defined or used, like this one and the PV formula in 1950. I mean also the extravagances about nuclear physics, as in "8-80" I mean all those oddities which non-dianetic people bring up with questions beginning "What about where Hubbard says?" "Shall we dismiss this extraneous looking material as unavoidable eccentricity to be winnowed out of the good stuff, or are we to file it all away under "Unverified yet" and hope it will assume some meaning later on? The Appendices of Alpha Hart are useful and good. We were especially gratified to see "8-80 begin with the Auditor's Code in its familiar 1951 form. We were beginning to think that, in the reality, of many Scientologists, it had been repealed.

4 On The Network. Smith Four; Considering that as I write this, the Network is 16 or 17, and the original number was set at 25, I think it's a little too early to worry. As for me, if it goes over 25, I'll just duplicate another page when I run out of copies. It's hardly more trouble to duplicate 35 or 45 than 25 copies. The beauty part about the Network is that it is inherently self-determined, or very nearly so. I for my part vote AGAINST a Viewtaker, AGAINST a Policy Maker. I vote that any changes of policy be made by the members by a 2/3 or 3/4 vote in their Communications, as Smith did and I am doing here. The Network is growing now, and is working fine. Let's not loose it up. (Nursuality, of course) MacMillan Two. I agree about the goals of Prelears. I'm glad somebody said it, in Hubbard's writing. My God! We no sooner get well started with 8-80 than he comes on with 8-8008? Are we to have only decimal titles from now on? Yes, he does write fast. At least 8-80 is guaranteed not less than second draft though. I guess I'm dense. I have never been able to interpret any of the dianetic parables (ie, Ron Howe's straw man, Hubbard's Golden Ball, or anything. Same with Mac's Suitcase. The Network is getting so big now that people devoid of duplicators will be swamped unless they just LOVE to type. I am the pompous possessor of a genuine gelatin type Hektograph, the finest duplicator money can buy for less than \$5.00. This is my first print job with it, and I got page one a little douled up. (Too much water? Uneven typing?) I'll try to catch up with Hand 1 and 2 to the new members this mailing. If I miss anybody, they should holler, and I'll send them copies. I herewith adopt MacMillan's Notation for my C's Name/ issue/page/paragraph. For instance this paragraph is HAND 3.2.4.

HAND-THREE 3.

On The Network Continued.

The various network members have enough difference in viewpoint and preoccupa-  
tion to insure there being of sufficient material to interest each of us. I  
wonder which would be better to standardize as a system-name, dianetics or scien-  
teology? The differentiation as given by Hubbardian sources is not very definite.  
Regarding the Relay division of the Network recently started up, I think it fits  
in as an auxiliary or complementary feature, giving the netters a chance to  
exercise their critical abilities on the relayed material and it's appended  
comments. I for one, will undertake to add my bit and mail on any I get. Thanks to  
Pope, Calkins and Kerlin on recent well-expressed technical data in recent Comm-  
unications. Thanks to these and Macmillan for newsletters copies enclosed.

A few statistics about Fred Hand. Height 66 inches; weight 132-135; Hair brown  
recessive; eyes blue; slender build; ruddy complexion; Rooseveltian Democrat,  
voted for Eisenhower; author one book verse, magazine publication work  
in a bookstore; in dianetics from beginning, book auditor, opened a dozen  
cases. Charter member and ex-secretary, Houston Dianetic Society. by prac-  
tice and inclination; a co-audit man rather than a self-audit man as several of  
our Networkers are or were. Reasons; more definite results and less purely sub-  
jective element etc. Aberrations; Physical- flat feet, defective eyes, tooth hair.  
psychical has one phobia (explosions) probable blockage on a couple or three dynam-  
ics. Ain't that awful?

Gentlemen and Ladies!

Although this will probably arrive after the holiday week, I still want to wish  
each and all of you a Very Merry Christmas and an Optimus New Year.

Note; Clyde Marshall reports an intended revision of his E-Meter, the one I have  
been referring to in these Communications. I will describe such for the Net when  
the data is available and the testing is gone through.

On Hubbard; In my experience, the most frustrating and enturbulating set of  
statements that Hubbard has made is the set of too-optimistic estimates of the  
number of hours of processing required to attain release or optimum or one of  
the kinds of clear with a given type of Hubbardian technique. I have never seen  
or heard of anybody except LRH himself getting the predicted results in the  
short number of hours he proposes. I conclude that such broad optimism can  
encourage preclears and auditors to the point where, when the number of hours  
processed exceeds Hubbard's stated estimate, they are severely disappointed  
and their cases are damaged thereby.

That's about it for this time. If any of you make Theta Clear, please let us  
know. About all we here have managed is a location sense for the Thetas (putt-  
ing the attention units outside the organism) and a little clairvoyance. It  
wasn't much and wasn't stable.

Adieu till January.

Fred Hand  
2019 EAGLE, Houston, Texas