

1. There is an old legend of a man in hell who prayed earnestly to be released from torment. At last a voice said, "Rescue will come." A slender thread was let down, and he was told to grasp it. He did so, and thin though the thread seemed, it began to draw him up. But others, seeing him being released, seized hold of his garments that they also might be drawn out of torment. The man kicked them off, crying, "The thread will break!" And break it did. And again the voice spoke, "The thread of the love of God was strong enough to save both you and your brothers; but it was not strong enough to save you alone."

2. You may recall that in my last communication I said something about the creative power of thought. There is confirmation of this in Hubbard's "Creative Processing," in which the preclear finds that he can construct mock-ups in his imagination, and if he puts enough theta energy into them they will sometimes appear "real" to other people. The caution that all mock-ups should be destroyed as soon as you are through with them is given because if this is not done, you may find that some of them will appear in the MEST universe at some later time. There is further confirmation in the literature of "New Thought," "Unity" and other religious and philosophical groups, whose technique is to form a clear, complete mental picture of the objects or conditions you wish for, and to hold firmly to a belief in their reality until they appear in physical form. This knowledge is as old as the universe; it has been thoroughly tested, and it works. How can we use it to help accomplish the purposes of our group?

3. Here is my suggestion: Let each member who is interested in trying it select two other members as his special care, and set aside a certain time each day which will be devoted to helping these two in any way he chooses. One of these will be someone he knows, and will know who is helping him, the other will not. For example, say A is helping B, whom he considers one of his best friends in the network, and B knows it. There will be as much or as little communication between these two as they choose. A is also helping C, whom he does not know, has never had any personal communication with, and knows very little about. C will not know that A is helping him. A will know that he is being helped by his good friend D, and also that he is being helped by one other, but will have no idea who this other person is.

4. Methods of helping: Use prayer, telepathy (maybe you are not aware of it, but you do have this power, and are using it all the time, whether you know it or not), good wishes, mental "pushing," positive suggestion (whatever that is, and however you want to define it), imagination (hold a mental picture of your beneficiary in good health, high tone, getting rid of his aberrations, achieving more perceptives and fuller communication, being happy and prosperous, etc. Every good thing you can think of. Believe that this picture is coming true, now and in the future, continuously.) Use any other way you know of or believe in for helping the other person, including, of course, conversation or correspondence.

5. What do you get out of it? Each person will have the power of four people working on his case. The sum of all the thought, feeling, faith and energy that his two benefactors are pouring out toward him, plus the exact equivalent of the amount of interest and effort he puts forth to help his two beneficiaries (See Emerson's essay on "Compensation." Whatever good you do will come back to you.) However, I prefer not to emphasize the selfish side of it. Let's concentrate on doing everything we can for the other fellow.

6. How to set it up: Let each member who is interested in taking part in this experiment, and willing to really work at it, write me as soon as possible, giving two lists of names: (A) his first, second and third choice of members of the network whom he knows well and would like to help; (B) a list of members whom he does not know at all, except as names on the list, and has not exchanged any personal correspondence with. After everyone has had time to respond, I will write each one of you, giving the names of the two people you are to help. These will usually be your first choice under (A), except where two or more have made the same first choice, and one of the names you have listed under (B).

7. I know of one group in which an experiment of this kind was tried with most astonishing results. Let's prove to ourselves what we can do if we put our minds on it. We can all be clear in a few months, if we really work at it in this way, in addition to whatever regular processing we are doing now. Every clear that we produce will contribute an extra amount to the progress of the others. The last one over the finish line will have 26 clears pushing him. How can we fail to clear the whole group?

8. One thing we can look for as a result of this experiment will be an almost immediate increase in ARC among members of the group. Even if nothing else happens, this is worth a little effort. And much more will happen.