

not, officially, but rumours are adrift, and the mechanism of rumours is insidious. Old hands in the field like the people in the group I represent, with four years of book study and thousands of hours of auditing behind them, find such rumours disturbing. It is not our purpose to interfere with the advance of scientology; self interest is not our motive.

Good professionals are greatly needed. They offer fastest, surest results to able and dynamic people who want the best and can afford to pay for it. They can handle the psychos, the cardiacs, the senile - difficult cases the book auditor might avoid. They can bring invaluable assistance and advice to groups.

It's my sincere hope that book auditors also have their place in the picture, and that the future will bring them fresh encouragement, validation and data, helping them better to advance the cause of Man.

Best wishes to you, the Bristol Group and BDR...Bill"

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S o m e D e f i n i t i o n s

Lloyd Williams says that these definitions should be written in every auditor's room, in letters of fire about fifty feet high. What do you think?

WHAT SELF DETERMINISM IS -

- BEING CAUSE IN YOUR OWN UNIVERSE (THIS IS ALSO SCIENTOLOGY).

WHAT SELF DETERMINISM IS NOT -

- BEING CAUSE IN ANOTHER'S UNIVERSE (EVALUATION AND INVALIDATION).

WHAT BEING CAUSE IS -

- ACCEPTING RESPONSIBILITY (OWN UNIVERSE).

WHAT BEING CAUSE IS NOT

- INTERFERENCE AND BEING THE EFFECT (BLAMING) OF OTHERS (OTHER DETERMINISM) BY OUR REACTIONS.

BDR

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June 1954

BDR

BDR not JOURNAL OF SCIENTOLOGY!

We have received the following letter from the Hubbard Association of Scientologists, Phoenix, Arizona:-

May 4, 1954

"Mr McMillan:

You are not the "Journal of Scientology." Please don't infer on your cover that you are.

We shall expect this change to occur in the very near future.

Kindly print a retraction and correction.

Sincerely,

HUBBARD ASSOCIATION OF SCIENTOLOGISTS

L. Ron Hubbard

Signed by Barbara Bryan."

To this we replied:-

12th May 1954

"Dear Miss Bryan,

Many thanks for your letter of the 4th. I don't quite see the point of your remarks. BDR is not anywhere described as the 'Journal of Scientology', but on the cover as 'an international journal of dianetics and 'scientology' - journal in this case being used as an improper noun meaning 'magazine' - a common usage.

We shall be glad to print a retraction and correction as you request in your third paragraph to clarify this misunderstanding in the few cases in which it may have occurred.

Yours sincerely

B. J. STOL DIANETIC REVIEW

A. J. S. McMillan.

We have a further letter, this time from the Hubbard Association of Scientologists, Int. under date 21st May:-

BDR

June 1954

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"Dear Mr McMillan,

Thank you very much for your letter of May 12th. You are quite correct in assuming that the line on your cover "an international journal of Dianetics and Scientology" was that to which we were referring.

You should realize that "The Journal of Scientology" is the proper name of a publication of the HASI in the United States, and so it should not be infringed upon. We are certainly very sorry that you did not realize this.

I trust that you will print the retraction that you mentioned in order to certainly and clearly clarify this matter with your reading public.

Thank you very much

Sincerely

HUBBARD ASSOCIATION OF SCIENTOLOGISTS, INT

Barbara Bryan"

This correspondence seems to disclose that there is some confusion somewhere. We are therefore very glad to take this opportunity of making a present time differentiation between BDR and The Journal of Scientology and, indeed, between BDR and any other paper of any sort. BDR is completely independent, non-partisan and not connected in any way officially or otherwise with any creed, cult, religion, school or science. BDR exists for the better communication of information about dianetics and scientology and is dedicated to the effort to make them more workable and of greater value to all.

Science Road Show

We have recently heard from Margaret Scholtz that she, Tam Owen and Jack Horner are running a Scientology Road Show, designed to introduce scientology to the public in an interesting and entertaining manner, to give groups the latest data and to improve cases in general.

Their leaflet gives the following information about it:

(1) A simple smooth introduction to scientology for the general public consisting of two brief fifteen minute descrip-

tions of what scientology is about by Jack Horner and Tam Owen followed by thirty minutes group processing combined with simple explanations of how and why the techniques work by Margaret Scholtz. After a break of fifteen minutes for coffee and conversation, the group has another thirty minutes processing by Jack and Tam. When any questions have been answered, we end with a recording of some of Tam's scientology songs. This programme has been tried out in Phoenix with great success. Both members of the general public and hardened dianeticists and scientologists listened intently, worked enthusiastically at the processing, could hardly be persuaded to go home at the end of the evening and came back with friends to the next performance.

(2) A group intensive combining the latest data illustrated with group processing and demonstrations of the techniques, with lecture and group processing tapes by L. Ron Hubbard and individual processing. During the 25 hours of the course we give students the latest data illustrated with group processing and demonstrations designed to show them by their own experiences that the theories and techniques of scientology come from observing life and are a part of their own livingness and knowingness. We play tapes of lectures and illustrate and explain them with extra processing and any supplementary data which is needed by the group.

This group intensive is planned as a whole to give people the latest scientology data in such a way that they know with certainty both that it works and that they can work some of its techniques themselves. The techniques which the group learns to use will depend on the amount of data that it already has. The course will be useful both to those who want a follow-up to consolidate the data learnt and gains made in their own cases at the Phoenix Congress and to acquaint those who were unable to attend it with the main points from it. The techniques used on the students will be the latest Clinical Course techniques. Prelearners who are exteriorized will be given Step I and Operating Thetan drills to increase their reality and stability out in small separate groups and individually or in small demonstrations. Where we feel that a problem can be solved or a preclear exteriorized in a private session we will give one. Each student will get at least one individual session either

privately, in a demonstration or in a small group where we give two or three individual sessions at the same time.

The Scientology Road Show will be arriving in this country early in August and the organisers would like to hear from groups or others who may be interested in having the show and the group intensives. Suggested charges are £15 per head for the 25 hour group intensive for which they would like four days or they would do a weekend intensive and congress at £5 per person attending provided that there were a reasonable number.

Will anyone who is interested in having the Road Show and the group intensives please get in touch with BDR? We will do our best to pass this information on to Margaret Scholtz altho' we have not got her current address at the moment.

N e w s F r o m B o u r n e m o u t h

We have recently heard from the secretary of the Bournemouth group and have pleasure in printing his report below:

"Following two visits by Elizabeth Williams to the group here in Bournemouth, it should be of benefit to those in scientology to know of the keen interest she has aroused with the group processing techniques she has brought back from Phoenix, where she took part in one of the recent Clinical Courses held by L. Ron Hubbard. Also too, her enthusiasm, friendly approach and expert handling of the techniques added much to the effectiveness of the therapy and the tone of the meeting.

"The group here has been developing for some five months now, meeting weekly in various hotel rooms; some pleasant, others not so good! Almost from the start, group therapy has been the main activity, with the result that a satisfactory degree of certainty has been achieved - as is evidenced by the introduction of new members by existing ones. The healthy growth now in progress should continue, particularly as a generous offer of accommodation has been made and accepted for meetings on Wednesdays at the Winter Gardens Hotel. Also, a second meeting on Sunday afternoons is now being organised for those who wish for more than the one weekly group session.

"As already stated, the main activity of the group has been therapy, with sufficient data and discussion added to enable

the formulation of goals for the group and individual members. Remarkably enough, data and discussion are, by general agreement, of secondary importance. Some, of course, want to know how the techniques are meant to work, but most are satisfied to let things happen. One of the factors which, it is felt, has increased the effects of the group processing was an individual assessment session for each interested member. This not only improves ARC, but forms a good foundation for getting reality on processing - a flying start, as it were! Many basic difficulties are overcome and the case starts moving.

"The visits by Elizabeth Williams have consolidated results. As one of the leading scientists in the country, her interest in the group has formed a link with the movement outside and has noticeably increased the degree of certainty on the part of the group. She had promised to come again.

"With its background of culture and its flair for associations and groups, Bournemouth could easily become one of the leading centres of scientology. It only needs demonstration by results to bring this science, with its very workable therapy, into prominent notice. To those who have been associated with the group these results are quite evident and, through them, the certainty will be spread of being able to obtain benefits that cannot be got by other methods.

"In addition, Bournemouth, with its pleasant setting and surroundings, abundance of space and mild climate, is eminently suited for scientology. Its numerous visitors throughout the year, who, incidentally, will be welcome to attend meetings, will be a means of bringing fresh enquiries from all parts of the country. Good accommodation is available at most times.

"The first group news letter will have been issued by the time you read this, and very soon, a library will be formed. The next step would be a tape player and tapes by L.R.Hubbard."

This is certainly a very encouraging report and we are very glad to hear of the progress being made by this group. We strongly recommend anyone in the neighbourhood, or who is visiting Bournemouth to communicate with the secretary of this lively and go-ahead group. Get in touch with Mr J.R.Roberts, HPA, 23 Christchurch Road, Bournemouth, Hants.

R e a l i t i e s a n d G o a l s

by Raymond Kemp, HPA

London

Have any of you noticed that in scientological families, there still exists a certain straining and general 'kerfuffle' in relationships?

This, of course, exists outside the field, but people have and do pose the query - "Why does it still exist within the ranks of scientologists?"

For nearly a year now, I have been studying this aspect of our behaviour and I offer this evaluation of my own for you to look at, to try out and to comment upon.

Each one of us, as an individual, has a reality on his or her own certainty, both on scientology and on any other aspect of our behaviour.

Now, this reality appears to be precious to us, so much so that we have various ways of protecting it and enhancing it.

In terms of behaviourism, cases can be split into two main streams of action in which we can identify the so-called 'natural wideopen', or step I case on the one hand, and the resistive, step V case on the other.

The former has this main tendency when learning Living or when dealing with data in any way. If he has, say, 12 units of data forming his reality on agreement and is desirous of increasing it to, say, 15 units, he will attempt to cram up to 50 units in the hope of retaining the desired three.

The other method, and this is common to all types of resistive cases is that, having 12 units and requiring 15, they will take $\frac{1}{3}$ of a unit, examine it, hold it close, push it away, look all round it and finally, very carefully accept it, before making any further move, and so on.

A simple analogy, but I think you will recognise the types and the methodology.

Now, what happens when, as is often the case, one of these types meets or lives with one of the opposite types? Especially in scientological circles where both are trying to enlarge

their reality? Both are studying the same data, one gulps down large quantities with a consequent 'indigestion dispersal' while the other nibbles cautiously at small pieces.

Each sees the other doing what is, to him, fantastic - and, when they get together, it is not long before a certain strain is felt in their relationship.

What usually happens before long is that the two divergent methods are interpreted by the other as some form of attack. (Anything not understood is thus interpreted).

Thus, A reads 8-8008, AP&A and is nearly through "What To Audit" before B has digested the first chapter of 8-8008. A discussion level on this basis is impossible and A accuses B (according to B) of 'not getting in and realizing what this is all about'.

B accuses A (according to A) of 'being light headed, dispersed and talking of data which A cannot possibly have fully understood'.

You! Yes, you who are reading!
Put this down and find out what
YOU are feeling right NOW about
this article.

Are you being 'got at'? or is it something 'everyone knows and a waste of paper and time'? Do you recognise what you are doing, which method you usually employ? Good! Then read on.

I am not out to say that either mode of mentation is right or wrong in itself. But what I now want to highlight is the business of defence.

When the foregoing has occurred, i.e. when one has suggested that the other is attacking him, he then immediately starts to defend his method, usually by demonstrating how wrong the other is.

Again, there are two main systems. A will 'lambast' into his opponent and in a few minutes will just about 'throw the book at him'.

B, however, is rather more subtle. He will, over a period of hours, days or even weeks, search out and find little chinks in his opponents state and, with insidious little pinpricks,

attack until he has achieved the desired result.

If this is shown up, again, both have their justifications.

A: "Well, I must have space, freedom to act and he keeps pulling me down."

B: "I don't know what all the fuss is about, I'm only trying to help and not let him run on in an unstable state."

I hope that, by now, you have seen the trends in your own case. No doubt you have all managed to fit this pattern on to others.

But surely, the whole thing is based on an aberration? That the other person is attacking. That you need to defend your reality? A little straight thinking (or, rather, looking) would clear up most of this trouble.

Read back how this started - A says B is attacking him, and B says A is attacking him.....

In other words, one postulates that the other is about to harm his reality and, in order to prevent this gets in the first blow, be it with a club or a more subtle form of invalidation.

Communication is the entry to ARC and, while each person builds a sphere around himself saying 'in here is my Agreement, my Reality, my Precious Beingness - KEEP OUT', there can be no real communication.

I put it to you that perhaps one does not need to defend this 'Precious Jewel' by attacking overtly or covertly any being or situation that even remotely comes into its sphere of agreed limits.

However, it remains to be seen and considered -

What is this Reality?
Why defend it?

The answer appeared one day. It seemed so simple that I could not credit it, though putting the idea into practice has shown me that there is a solution here. This Reality, of which we hear so much is, in fact, our Goal.

What Goal? See book one, Science of Survival, etc. The

"Survive on all eight dynamics goal!"

Here is an interesting observation - a person will defend his Goal (Reality) in inverse proportion to his certainty of that goal - and certainty of a goal is reality.

In other words, persons who go around busily defending their reality of this, that and the other are, in fact, in a state of uncertainty on their claims. So, when they detect any other person's reality impinging on 'their space' (again, surely a limitation of barriers?), they must attack in order to bolster their own defense.

What makes a good auditor?
Auditor certainty!
How?

Establish a goal in your auditing!

Now Ron has mentioned the booby trapping, in MEST, of certain data, and this is no exception.

Have a Goal?
HAVE???

Surely to HAVE something postulates an object, and to HAVE an object suggests to hold on to it. There is an interdependence between any two objects in this universe which has a positive and a negative pull -

i.e. TO HAVE TO HAVE NOT

A goal is not an object that one has and puts into an environment (which includes having an environment in which to put it), it is state of beingness. We don't HAVE goals, we BE them.

Our ability to BE a goal (reality) is an index of our case state -

Be	Do	Have
Space	Energy	Time
Start	Change	Stop

If one only HAS a goal, this is placed on the time track and thus is placed STOPPED. On the time track, with accumulated HAVINGNESS, lasting forever!

So many people are busy having goals and are so busy 'ar-

riving' (some day), that they never seem to realise that one simply arrives by BEING.

Once a thetan could BE goals at will. Then he used pictures to show others his goals and realities - perhaps just for admiration.

Thus he started on HAVINGNESS.

Thus came the postulated HAVE - HAVE NOT.

Thus came the postulated DID HAVE - DID NOT HAVE (TIME).

From this comes the idea of LOSS, SCARCITY and NEED TO ACQUIRE goals. And they become things one can have or which one can't have - the latter by other determinism.

A goal or reality is a certainty of beingness, not a measure of havingness; and the ability to BE goals does not mean that these are necessarily SOME THING. They are NO THING NOTHING! Isn't that what Ron has been saying for over a year? Dinning it in in divers ways - NOTHING!

Why not try this?

Brackets on goals you can/cannot BE.

Create goals consisting of NOTHING, duplicate, throw away.

Create vast quantities of different goals, all made of nothing, run GITA on them.

Run brackets on being/not being goals at length.

Read AP&A, axioms 19 - 24.

Postulate BE before you have an object.

Don't just HAVE a reality, BE a goal.

Note. This article was written before the publication of SOP. SC and the processing ideas herein are not intended to be in any way corrections or additions to the goals processing section of SOP.SC.

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Tsugh says: "Rather meagre pabulum for professional auditors these days?"

"L i f e I s S u c h F u n"

(A sequel to "Why Be Ill?")

by P.S.Hetherington, B.Sc.

Chorley, Lancs.

Part X. Mrs Smith Cleans Up.

"I've cleaned up everything that I can find, Harold. Not a flow out of place or blocked; all the lines as clear as a bell. I know now what is mine and what isn't. It would have been unbelievable to me last year to know the extent to which I had borrowed attitudes and ideas from others. It's really one of the biggest jokes in this creation. I'm just beginning to see what sort of a game I've been playing, and I can tell you that there's a big revision of the rules coming up right now. I used to think I was the only one who played fair! So I did, according to my rules! It was fair if I did it, but cheating if someone else did it! The new rule I'm making is to be fair to everybody, including myself. I can put myself in other people's places now if I want to, I'm not tied to this viewpoint any longer. Yet I can use this body better now than I've ever been able to before. I've learnt two important things; first, to be myself and second, to understand other viewpoints by being able to be them. There are still quite a lot of things I need to find out about my capabilities and I'm going to have lots of fun in the future doing this.

"One thing I tried out was a little experiment on my next door neighbour. She'd lifted something a shade too heavy for her and was complaining about pains in her back. I looked at her with my eyes closed in the way I've learnt to look at my own body and saw that there was an energy pile up in the lower part of her spine. So I mocked up a beam to drain it away. The next thing, she was scyng she couldn't understand it, the pain had suddenly got better! I tried a similar experiment with John, but I guess he's too self-determined because that beam backfired a bit!

"I've hit on what seems a good trick with Bobby for teaching him how to run out cuts, bangs and bruises. You know how kiddies of his age identify themselves with the heroes of stories? If I start out a story with 'There once was a little boy who...'

I can be sure that he'll ask 'was it me?' Well, I make use of that and tell stories about twins and quadruplets who have got hurt as he's got hurt, then go and tell some other twins about their pains. Then the first lot get better. Usually, before I've got very far with the story, he's telling me what has to happen next. He can think up some really gory details when it comes to destroying his mockups! He starts off by identifying himself with the little boys then, when he's had enough, he seems to shift himself almost automatically to the other side of things. He invented a name himself for his mockups. He says he sees them on his 'mind's television' and goes into elaborate detail about how he adjusts the controls.

I've all sorts of plans and ideas that I want to try out, so many in fact that I'm going to have to create extra time to put them in. One thing, though I have come to the end of the sessions I agreed to have with you, I'm not stopping processing. Madge and I are going to co-audit. We can probably spot things in each other that a man couldn't. Even though I seem to have cleaned up, there are still quite a lot of limitations left that I might want to drop sometime, and I want to be sure of stopping where I am. It is the same with Madge. You are going to have your hands full with auditing Mr Robinson, I know, now that you have taken him on and, as I still want auditing, I think co-auditing with Madge is going to be the best plan. I thought at the end of last session that I could finish everything off myself, but I've changed my mind tonight because I've had a taste of what I can be if I really let go, and I still don't feel quite like doing it all on my own.

"You know, I think that there is a basic difference between John and me in that. John can get on fine with self processing, he lays down a plan and sticks to it. I work much better with another person. I think it is something to do with our different basic purposes. It's not because of our sex, although that does influence our attitudes. It's more fundamental. In a way we complement each other very well. My main drives are along lines where John is weak, and John is strong where I am not so good. I now know my original reason for marrying him, and it was a poor one too. I've a much better reason for sticking to him now. We can learn so much from each other just because our realities are so differently aligned. We each look at a different aspect of MEST and, by shar-

ing our observations as we can do now, we can both know much more completely what we need to have and do and be.

"In my first session, Harold, you talked about certainty, and said that if one had complete certainty, one wouldn't have any fun. I didn't understand then what you meant, but I do now. I can see that for happiness a person (or a thetan, if you like) needs to operate at a level of certainty below that of absolute certainty. Too much certainty makes existence boring, too little makes it seem dangerous. So far as I am concerned, I intend to be completely certain about my motives, that is, I'm really going to know myself. I'm going to know enough about the material universe and the motives of other people to achieve my own goals. But I'm not going to know so much as to spoil my zest in reaching those goals.

"Thank you for the time you've spent on me. It has been worthwhile. Even if I'm no longer your preclear, you'll be seeing plenty of me at the group meetings."

"If you think it has been worthwhile, that is the main thing. I've learnt a lot auditing you and John, and I've enjoyed it too." Harold Turner replied as he opened the door for Margaret Smith.

As she walked home, Margaret quickly ran over in her mind the sessions she had had with Harold. She'd arrived late for the first one so all she had done had been to compare differences between things. That had certainly raised her tone from the acute fear in which she had started. She had moved about the room quite a bit too and that had helped her, she could see now, to realise that she did actually control her body.

The second session had contained quite a bit of variety. Looking back, she realised that Harold had been assessing her case level through that session. He had decided that she could get mockups, and he had picked ones that brought out the then level of her abilities and limitations. He had also had her reaching and withdrawing from material things again. This process and holding the corners had, between them, given her the first true realisation that she could occupy space safely. Her fear of Harold had gone sometime during that session.

The third session had mainly been devoted to first aid on

locks that were holding up her progress. She had realised that a lot of her illness had been a device for holding John's attention, and she had taken some of the charge off ridges in her back and abdomen. She had also exteriorised for the first time in the holding the corners exercise, although without real awareness of being outside. The next session had been almost entirely devoted to the spacation step, in view of her successful exteriorisation in the third on that step. It had resulted in certainty of being exteriorised and had confirmed, to her satisfaction, that she could create space.

In her fifth session, she had blown barriers to recalling previous lives and achieved a certainty of continuous existence as a thetan. She had, by this time, lost all awe of Harold and, in fact, had begun to feel slightly superior to him. Actually, her state had perhaps been slightly manic after this session. She had felt that she knew exactly what she needed to do to get better, certainly that she knew better than her auditor. This had shown itself to some extent during the group meeting in which she had taken the leading role as group auditor, she had aimed several things at what she had felt to be wrong with her auditor. This change of attitude was probably responsible for an attempt at self auditing in the session before the one she had just had. The change itself was based on a ruler-slave motif which she could now see alternated through many ages of time. She had identified herself with the slave up to the fifth session; after that session, with the ruler and controller of bodies. Her sixth session had been mainly devoted to gaining a proper perspective on bodies, finishing up with certainty on control of bodies and certainty on her own beingness.

This last session, the one she had just had, had been essentially devoted to cleaning up the bits and pieces left over from the previous sessions. It had also given her a foretaste of what knowingness and beingness really were. The cleaning-up process had been a fairly dull sequence of making duplicates and 'no duplicates' of previous sessions, until Harold was satisfied that no serious charge remained in them. The 'no duplicates' had involved running the sessions with different auditors, preclears and in different places, and with different end of session results. She had utilised members of her

family, characters she had heard of or seen at a distance and totally imaginary beings as her 'no duplicate' auditors and pre-clears. The sessions she had placed in prehistoric times, in the future and on other planets. In this way, the energy dispersed or created in these sessions had come completely under Margaret's control. She could recall them as they happened if she wished, as she was doing now. She could change them as she wished and know that she was changing them. She had also run mockups of the sessions changing her in different ways to the ways she had actually changed on a rising up the tone scale basis. She had finished by putting up duplicates of the whole set of sessions in front of her and letting the excess energy flow out. Then she had pervaded the whole space-time area occupied by the sessions, followed by alternately reaching out to this area, pervading it and withdrawing from it to a far off point outside the earth.

As far as her troubles in this current life were concerned, they had mainly stemmed from an incident when she was nine months old in which a visitor had talked about eating her. At the time, she had interpreted this literally, although she could see that the woman had been using it in a purely figurative sense. She had felt at the time that it was her father who had saved her from this terrible fate. He had been there, her stomach trouble had been far worse after he had died. She had not wanted to eat anything for weeks. Yet, at the same time, her father had been responsible for her contracted space. He had told her such a lot to stay where she was and not to move. She had had the idea that this was to save her from being eaten, if she moved she'd get eaten. That was a beautiful postulate: When it came up, Harold had had her put it in walls and spacés, move it about, have something eat it and be sick and finally change it. He had pulled about half an hour solid line charge out of her by feeding the phrase back to her. "If I move, I'll get eaten." The absolute essence of fear, freezing all motion, preventing change; it would probably have resulted in complete paralysis of her mind and body in a few more years. Thank Heaven that scientology had come along in time! To think what she had been doing to herself, all to save herself from being eaten by a woman visitor when she was an infant!

Of course, this incident would not have affected her but for

the whole track incidents - eating and being eaten, ritual cannibalism as an absolute ruler, and even earlier genetic line incidents that she had found. Eating was a fundamental. Harold had run her certainty on 'eating' buttons until the charge on these old incidents was completely drained away. He had also devised mockups involving wasting, desiring and forcing eating under various conditions until Margaret had felt able to give and take food of any kind in mockup form without ill effect, or leave her body to starve if she pleased. Old facsimiles had drained off at a rapid rate on these certainties with a fair amount of electrical discharge. So far as she was concerned, eating and being eaten had been given an importance much greater than she needed to give them. Of course, it had been the most fundamental form of admiration of others - devouring their anchor points and mockups! In a way, being eaten showed that one was desirable, that one had something meriting admiration. Eating others did give an illusion of greater havingness.

That was perhaps what had drawn her into this game in the first place. A craving for admiration from others and a desire to have what others got admiration for. She had begun to realize tonight, for the first time in a hundred million years, that the only admiration of any use to her at all was that which she created herself. In fact, that even when she thought she was getting admiration from others, whereas she had really created it by interpreting their mockups as admiration for her but actually, they only contained admiration for their creators. She knew her own universe now, she had filled it completely with herself. She knew the MEST universe better and was no longer afraid of it. She knew that others had private universes like her own. She no longer wished to control other peoples private universes although, strangely enough, she could do so, if she wished, more effectively than ever before. She could understand others far better because she knew herself far better.

She had begun to appreciate why some things had been scarce and others too abundant. She felt that by what she had learnt of mockup manipulation, she could remedy both scarcities and abundances. The rule seemed to be one of opposites. If a thing was scarce in the MEST universe, the best remedy was not

to crave it in her own universe, that only fixed the scarcity, but to mockup wasting and throwing away that thing instead until the craving went. On the other hand, the abundances in MEST that were forced on her were best dealt with by mocking up free acceptance in quantity in her own universe. Probably it was a bit more complicated than that, and it wasn't always quite as easy as it sounded because the mockups did not always do as she had planned! Yet she had some clues on what to do if mockups misbehaved, if she kept on putting them up, they would come in to her control eventually. Alternatively, she could try something simpler to start with, something she could control and make the mockups progressively harder until she had attained the ability to perform the one first planned.

Her knowingness was still much less than it could be, but now she did at least know something of the methods by which greater knowingness could be attained. Her beingness was less than it should be, but now she had some knowledge of how she could achieve greater beingness. Her havingness had been greater, in some respects, than it should be, in others it had been less. She had accepted as necessities of life, and craved for them, illness and sympathy, starvation and sympathy, lack of time and of space. She had tried to anchor herself with paving stones and tomb stones so that she would not have to move. She had hidden in a body. Now she could trace most of the basics. She had been a slave of her body and her possessions and, because she had been a slave, her ability to do things and change things had been small. Now she could decide and act. Time, though something of an obstacle, would not restrict her so much, but the most important discovery had been that she could occupy space safely. This had been achieved for her essentially by that very simple exercise, holding the corners of the room behind her.

Perhaps the most fundamental discovery of all, the one that she would consider the main achievement of these sessions with Harold Turner, was the realisation that life was a game to be enjoyed, not a deadly boring, even aggravating ritual imposed by force on someone who 'didn't ask to be born'. Margaret had begun to get some inkling that she had asked to be born and, in fact, had asked for everything that had happened to her from the very beginning of time. She had joined the game, but she had lost the true spirit of that game. She could find it again.

She did not have to occupy a body now. She no longer needed to hide. She was going to keep on learning more and more about operating this body efficiently, learning how to use these new perceptic powers that she had begun to develop, learning how to create mockups in MEST, change them and, if need be, destroy them. She knew as a certainty that life could be enjoyed as a happy and beautiful experience, so long as she used her body correctly. She was going to keep right on running this body, because now, as she had told Harold, she had found the answer to the question - "Why be ill?" It was - "Life is such fun!"

T h e E n d

T h e A u t h o r ' s E p i l o g u e

This is as far as I propose to take the story of "Life Is Such Fun". It is not really the end of the story, because Margaret knows that she needs more auditing to stabilise her new state. She will get it by co-auditing with Harold Turner's sister Madge, who is a similar level of case. Harold himself is now occupied with a much more difficult case, Mr Frederick Robinson. There will not be any rapid developments with this case, no spectacular changes will occur, in fact, very little will seem to happen during the sessions. Yet Mr Robinson will feel sufficient gain to keep him coming back for more.

Mr Robinson is, in fact, perhaps more the prototype of the average case than either John or Margaret Smith ever were. He has his sessions. He tries hard. He makes his auditor work hard too, but very little excitement occurs and gains are slow. But even the Mr Robinsons change in time. There will have to be a lot of repetition, doing the same things over and over again. There will be lack of news in this case, long periods when nothing seems to happen and slow progress. This is no basis for criticising either preclear or auditor. Fred may turn out to be a more stable theta clear than any of the others in the end. He just likes to test each step before he makes it, he's probably learnt the need for doing that in his past experiences. It leaves me with little or nothing to report on this case, except that it is being handled with the appropriate techniques of dianetics and Scientology, including patience.

There are other cases in progress in this group. Mr Holmes has made big strides simply be concentrating on the book "Self Analysis in Dianetics". Madge Turner, who has had professional auditing and benefitted greatly. Enid Turner, who prefers first book methods and dislikes concepts like theta. Tom Jones currently being audited by John Smith. Mrs Jones, Nurse Brown, Mrs Robinson and Mrs Holmes who are content with what they got from group processing. No doubt items of interest in these cases will appear from time to time. If they do, I will report them to you.

But enough of mockups, let me return to MEST reality. None of these cases are real cases. I hope they don't resemble any real people; if they do, the resemblance is purely coincidental. This group of people is only in existence as my mockup, a mockup based on SOP.8 as it appears in issue 16-G of the "Journal of Scientology". The use made of this operating procedure in the story is entirely my responsibility, and it should not be taken as an authoritative way of applying the various techniques. Your ideas may be very different, they will be more valid for you. Please don't serve Margaret Smith or John Smith up in your mockups, it is your certainty which counts in your auditing, not mine. If you think that your case should proceed slowly, or if you think that nothing is happening, or if you think that a lot is happening, that is your reality. Work on that reality of yours, don't borrow facsimiles from me. I know my mockups are good, but they are not good to you if you use them instead of your own. If you think a thing is such and such, you've made a mockup of a reality. If you think you are out, you are out. Decide what you want to do, then be certain that you have done it.

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"I divide the world into three classes: The few who make things happen; the many who watch things happen; and the overwhelming majority who have no idea what happens."

Nicholas Murray Butler.

Bases of Scientology

by A.J.S.McMillan

Bristol.

Pt.I "What Should An Auditor Know?"

We propose, in this series of articles to deal with some of the basic material necessary for an understanding of the theory and for the successful practice of Scientology. We realise that, in some cases, knowledge of every word that has been written about dianetics and Scientology is not enough to make a successful auditor; in other cases, people have a natural flair and need the very minimum of theoretical knowledge to enable them to solve most of the cases which come their way. However, "hard cases make bad law", we are not out to deal with extremes, we are more concerned with the average individual, the type of person who, in the past, made a good book auditor.

The first basic is, we suppose, that covered by the question "what should an auditor know?" and, for a number of reasons, this seems an opportune moment to sketch out the basic requirements in theoretical knowledge for an auditor and some of the reasons why these various items should be necessary.

In an article "What an Auditor Should Know" in Scientology 22-G, L.Ron Hubbard points out that "just as an auditor would be foolish indeed to know nothing more than the running of engrams now that far faster techniques such as those contained in SOP exist, so would it be foolish for an auditor to study SOP only, and with no knowledge of earlier processes find himself adrift, alone and incapable some dark night with a preclear who is stuck in and is looking straight at an engram. Just because phenomena has been adequately handled in these later months is no reason why phenomena discovered earlier have ceased to exist and auditors in training are confronted by each and every phenomena observed in the past three years....."

"What should an auditor know? He should know how to run engrams and secondaries, he should know effort processing, he should know how to apply, in its entirety, Advanced Procedure and Axioms, Handbook for Preclears and Self Analysis (old and revised editions). He should know the 50 course booklets. He should have a good understanding of the axioms as they appear

in Handbook for Preclears. He should know Scientology 8-8008, and he should have a good command of all the SOPs from 1 to 8L. He should know formula H, Acceptance Level Processing, Change of Space Processing, he should know the theories of randomness, and automaticity and the processes by which these are remedied."

A formidable catalogue! Enough, perhaps, to daunt those who have been led to believe that SOP.8C or similar rote procedures will solve any case in the shortest possible space of time. However, we will do our best to indicate why this material is necessary and to reduce it to a more digestible form.

In her excellent book "On Auditing", Martha Courtis, in the introduction, gives a reading list and states that "those who wish to audit will find understanding of these 800 pages a must...ON AUDITING is written on the premise that you have these publications available for reference, and that you have recently read or re-read them, and, where indicated, used (our underlining) the techniques."

The basic reading list Martha Courtis gives are the following books, all by by L.Ron Hubbard:-

Dianetics: Modern Science of Mental Health.

Books I & II, last chapter of III.

Science of Survival - all.

Advanced Procedure and Axioms.) used together.

Handbook for Preclears.

Self Analysis in Dianetics - read and use.

Scientology 8-8008 - all.

Journal of Scientology, issues 14-G and 16-G.

To this list we would add, as a basic requirement for the prospective auditor, "On Auditing" by Martha Courtis. This is a first class and most practical text, written primarily from the point of view of training auditors. We would strongly recommend all who are seriously considering taking up auditing to study this book most carefully (see review B.D.R. Vol.II, No. 22).

Our prospective auditor impatiently asks - "But why have we got to dig around in all this old stuff? I know it is all awfully interesting and all that, but surely the current SOPs and techniques will do everything that is necessary, more quickly

and more effectively?" Undoubtedly, the SOPs represent the treatment of choice, but, equally so, emergency measures or assist processing is necessary at times to put the preclear in a state where he can take advantage of SOP processing, and it is in the application of this assist processing that the foregoing knowledge is essential. More than that, this 'know-how' is necessary so that the auditor may recognise that assist processing is required and may decide what form it should take. This is an extremely important aspect, inexperienced auditors may land (or leave) their preclears in quite unnecessary pain or emotional disturbance through not recognising what is the matter with them and applying the necessary steps to put this right.

Auditors who have read the somewhat lurid case histories in "Dianetics: The Modern Science of Mental Health" and the recent issue of Scientology 28 - G may think - "Thank Heaven, we don't have to bother with incidents like that now". However, preclears do come along with such engrams in restimulation and it may be that no amount of rote processing will relieve them. This is where knowledge and experience will enable you to recognise what is wrong and what to do to put it right.

Techniques have changed, but preclears haven't. If a preclear has a grief charge sticking out a mile, are you going to drill him with SOP steps or are you going to run it? If you do the former, you may be surprised to find little or no change in that case; if the latter, you will find the attitude of the preclear to the world completely changed in a very short space of time and he will then be very much more receptive to your SOP processing.

There are two ways of looking at this. We can consider that all the techniques of dianetics and scientology do much the same thing. That is, we have various ways of looking at the same thing. This is very clearly brought out by Martha Courtis ("On Auditing", chart 4) when she described an actual incident as it occurred, then she describes it again in terms of engram running language, in theta-MEST language, in language of motion, in effort package language, in language of energy, in language of space and language of three universes, the whole being codified in chart 4. This example clarifies strikingly the different viewpoints of the various developments of dian-

etics and scientology, and a careful study of these various examples of different aspects of the same incident should do a great deal to clarify and correlate the various techniques in one's mind.

In a recent article, ("The Advance of Scientology" Pt. I by A.J.S. McMillan, B.D.R. Vol. II, No. 20), a scheme was set out in which the various types of dianetic and scientology processing could be grouped. We repeat it here as a basis for reference:

I. Facsimile Processing by Repetition (Exhaustion) Techniques.

- (a) Present Life (Dianetics).
- (b) Whole Track (Technique 80).

IIa. Processing of Individual Facsimiles by Concept and Energy Techniques.

- (c) Whole Track (Aesthetics, black & white, etc.)

transition to

IIb. Processing of Facsimiles as Actual Energy Manifestations.

- (d) Ridges, concepts, aesthetics, black & white, etc.

III. Conceptual, Illusion and Creative Processing.

- (e) With energy processing implicit (matched and double terminals.)
- (f) Purely conceptual (manipulation of mockups, "Self Analysis", etc.)
- (g) Differentiative in present time (positive gain).

Some types of aberration (and/or some types of preclear) are more susceptible to one type of processing in a given situation, and others to different methods. One should not therefore confine one's approach to just one particular mode of attack (the SOPs falling almost entirely into Group III techniques) when there are other, quite possible more effective, weapons available for specific purposes. It is this which makes it important for the competent auditor to have a thorough understanding of and experience in the use of the different groups of techniques.

We all know that, as a general principle, it is not advis-

able to run an engram or to deal with incidents at all. Nevertheless, in the case where it is necessary to do this job, it is desirable that it should be done as efficiently and effectively as possible and this necessitates, on the part of the auditor, a thorough, practical and working knowledge of first book techniques, effort processing and probably matched or double terminalling with creative processing for cleaning up the whole area. In addition, use of lock-scanning and emotional curve running may be necessary to approach the situation satisfactorily.

The task of the auditor in this case may be likened to that of a surgeon. When confronted by a particular dysfunction, the surgeon will consider all types of conservative treatment before committing himself to surgical intervention. Nevertheless, if and when the latter is necessary, he brings all his skill and knowledge to bear to ensure a successful outcome. In the same way, the running of an engram may be likened to surgical intervention, it is a matter of last resort, but, when it is necessary, the auditor must have full command of all the tools and techniques required to bring the operation to a successful conclusion so that the preclear may gain a real and lasting benefit. And, in certain cases, this may involve following a chain down into the pre-natal area - knowledge, experience and skill are essential to achieve a successful resolution.

So far, what we have said may be summed up quite briefly. First, that the auditor should have a comprehensive knowledge of all aspects of dianetics and scientology, second, that he should have the practical experience to know what to apply and when, and thirdly, that he should be able to do what is appropriate to the situation efficiently, effectively and without fuss.

This brings us to what is possibly the most important point we have to make. We can do a considerable amount towards clarifying and presenting data, that is, assisting you with the first step of the preceding paragraph, BUT WE CAN DO NOTHING SO FAR AS THE SECOND AND THIRD PARAGRAPHS ARE CONCERNED. These depend entirely upon YOU. Your own efforts and actual work with preclears are the ONLY way you can gain this practical knowledge.

June 1954

BDR

The purest pearls of wisdom remain but black marks on white paper (or varying patterns of magnetic flux upon tape!) until they are assimilated and translated into action. Verb. sap. if you want to be a good auditor, you must work at auditing. In the Auditor's Code, it is stated: "The auditor is courageous. He never falls back from his duty to a case. He never fails to use the optimum procedure regardless of any alarming conduct on the part of the preclear." BUT, he cannot use the optimum procedure if he does not know what it is and/or he has not had experience in its use.

The Auditor's Code is still the foundation stone of the auditor's work. Unless compliance with this simple code of conduct is so engrained as to be instinctive, an auditor will have no real success. Martha Courtis has some very pertinent comments to make:

"The FORGOTTEN MAN - the auditor - sometimes forgets, or thinks he would like to eliminate the Auditor's Code. Especially after having done quite a lot of auditing, some auditors think they can relegate it to the dump heap. The Auditor's Code is the beginning of the preparation for being an auditor. It presents the blueprint for becoming a successful auditor. Its presence - or absence - is always obvious.

"I call the auditor the FORGOTTEN MAN in Dianetics because so little emphasis has been placed on his PREPARATION - and so much on his KNOWLEDGE OF TECHNIQUES." ("On Auditing" p.6)

We will leave you then to a thorough examination or re-examination of the Auditor's Code. In the next instalment of this series we will have something further to say about the code and also about the essential basic requirements in the way of data for the auditor, in the meantime, get yourself a preclear and do some preliminary work or have some auditing yourself. Only through action will come success in auditing.

C o r r e s p o n d e n c e

From: C.A. Rutledge, 50 West Avenue North, Chellaston, Derby.
dated 14th May:

"J. T. Phillifent's letter is both timely and important. Hubbard's Procedures were designed to give good results and any

'clear' or theta clear should be an exceptional person otherwise Hubbard is wrong!

Too much talk is taking place about phenomena in processing, see Brennan's letter. If auditors waste their time talking of phenomena they will be as the medical profession is now, fiddling with effects instead of finding causes.

We need as many auditors as there are doctors, we also want to see the results of Hubbard's ideas so stick to case histories and show us how wonderful a 'clear' can be and they have got to be wonderful.

Yours faithfully, C.A. Rutledge."

(Editor's note. We are glad to reiterate our oft repeated appeal for case histories and reports of any sort of phenomena which will be assistance in validating scientology. If you will send us this material, we shall be pleased to publish it).

Comment by W. Bradner, 1814 Alice Avenue, Winter Park, Florida, on our editorial "What of the Book Auditor?":

"...To be quite fair, I think the HAS may have done a good deal for the book auditor in the past year. The Journal has published outlines of processing procedures; PABS have gone in to further detail in describing methods and discussing theory. In spite of this, a large question looms: Should the book auditor attempt to use this information?

It's my present guess that he should, and that he'll have a lot of success if he does, following instructions exactly - not adding or subtracting anything. This is a guess. Like Mac, I'd like to have a direct statement from HAS. I'm willing to abide by any decision of theirs.

...No one wants to see auditing placed in the hands of unstable people, amateur or professional. But it's not hard to detect undesirable characteristics in an auditor. Check: Is he authoritarian? Does he disregard the Auditor's Code? Does he tell preclears he can see their ridges, their facsimiles, or that he can read their minds? Is he excessively egotistical, supremely secretive, or cold-bloodedly commercial?

....It may be objected that no question has ever been raised as to the continuing function of book auditors. Perhaps