

justify or excuse the crashing auditor's code breaks we hear about every now and again. It is a regrettable fact that there are auditors about who need no excuse to browbeat and invalidate their preclears, and they may be glad to use these instructions to justify what they do to their victims. We hope that all who read and use this paragraph will do so in close conjunction with the Auditor's Code, particularly items 1, 2, 3 and 14.

Taking this book as it stands then, though it is short (only 25 pages of text), the material that it contains is very valuable as a codification of the current processes of Scientology. It is also valuable in that it gives an order in which they should be used with the very important injunction of not going on to the next step before the first is finished. We feel that there has been at the root of a great deal of trouble and dissatisfaction with Scientology that processes have not been used as given nor have they been used enough, that is, until their effect has been made. The following maxims should be before the auditor at all times:

"Always continue a process as long as it produces change, and no longer."

"Always reduce every communication lag encountered by the continued use of the same question or process."

"A process which turns on a somatic or condition will, if continued, turn that somatic or condition off again."

We hope that auditors will give Intensive Procedure a thorough trial and work systematically through the various steps. This will involve the expenditure of a considerable amount of time as two steps alone, R2-16 and R2-17 are likely to take some fifteen hours each. However, we are sure that this work will be well repaid in the results produced if the whole procedure is used systematically and thoroughly. A.McM.

# BDR

AN INTERNATIONAL  
REVIEW OF DIANETICS  
AND SCIENTOLOGY

Editor

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"that all men have inalienable rights to think  
 "freely, to talk freely, to write freely their  
 "own opinions and to counter or utter or write  
 "upon the opinions of others."

Creed of the Church of Scientology.

#### A C R E E D F O R A C T I O N

The creed of the Church of Scientology is reported in "Certainty", issue No.10. We think that this creed forms a code of conduct which is top of the tone scale right across the line. We believe that any organisation which takes this creed as a basis for its actions and a touchstone for its policies must succeed, simply because these actions are on the WIN side of the WIN/LOSE dichotomy and are orientated towards survival.

In the same way, an organisation which relies upon suppression, coercion, threats and arbitrary actions must fail because it is directed towards succumbing and is on the LOSE side. The writings of Mr Hubbard, especially the "Hubbard Chart of Attitudes" and the "Hubbard Chart of Human Evaluation", make this abundantly clear.

We like this creed so well that we are mailing one article of it to our masthead (see above), and we will do our best to live up to it.

If we are to be free, surely the first consideration is that we must allow others to be free? If we are to do this, one of the most important things is that we must allow them to express their opinions freely, even though we do not agree with them. A statement attributed to Voltaire is apposite: "I do not agree with what you say, but I will defend to the death your right to say it."

It is by our actions that our level on the tone scale is judged (though a screen of words may obscure this for a while). Instead of just talking about them, let us put the

tenets of Scientology into practice. Let us have a look at the top of the scale on the Chart of Attitudes and the Chart of Human Evaluation, see how they may be applied in our daily lives - maybe, by acting in this way, it will become easier for us to come up scale to these levels and really BE them.

#### S H O U L D B D R C A R R Y O N ?

We asked our readers this question last month and there is no doubt about the answer. We have already received nearly 100 letters and cards which have answered YES to the first question (should BDR continue on present lines), only two say we should not make critical comments, and not a single affirmative answer to the third question (that the best interests of Scientology would be served by BDR ceasing publication). Letters are still coming in daily, and there is the overseas mail yet to arrive.

Our very grateful thanks go to all who have written; we have replied to many of them and hope that others, to whom we have not written personally, will take this as our thanks for what they have said. The opinions expressed in these letters were strikingly unanimous in their appreciation of what BDR has done for the field in the past, and what it is doing now. The HAS ban on communication with BDR was deplored and condemned as a low-toned control activity. Several said that the scientological attitude on their part should be to help rather than to try and cut communication lines. Everyone who expressed an opinion about the contents of our November issue agreed with the views expressed therein, except one. The correspondence we have received has been a very pleasant and validating experience for us, and has heartened us to carry on with renewed vigour. We look forward to your further letters. We will publish excerpts from most of these letters in the form of a supplement to this issue.

Many interesting suggestions came in answer to question 4, with two main views. One of these was that readers would

At the beginning of this year we introduced Dianetics and Scientology at the very successful conference held at Towerleaze with nearly 60 present. All who attended agreed that the very full programme of lectures, discussion in seminars and group processing clarified immensely their understanding of these new sciences, and that they received a considerable benefit from the proceedings.

This year we plan to keep talk to the minimum. There is now no need to introduce either Dianetics or Scientology, what we want to do is to show you these sciences in action, "making the able more able". To this end, while there will be interesting lectures, the bulk of the programme will be devoted to group processing sessions. It is because of the very practical nature of this programme that we are calling it a weekend school rather than a conference. In addition to this practical work, there will be ample opportunity for questions and discussion, and a number of prominent Scientologists will be present to assist you in any way that they can.

Write NOW to Mrs D.B.Elliott, Towerleaze, Knoll Hill, Bristol 9 (telephone 81150) for details of accommodation available and terms. Do not delay, it is limited and we should not like you to miss this event. We are sure that you will leave Towerleaze feeling better, more cheerful and more alert after this invigorating and tone raising weekend school.

The following wellknown Scientologists will be present during the weekend school:- H.Farley Spink M.A., D.Sc., Miss Eileen Hibberson B.Sc., Micheal Furse B.Sc., Mrs Jean Kollerström D.Sc., B.Sc., Ronald C.Young B.Sc., Mrs Olive Young B.Sc., and Robert St. John HPA. Inclusive fees for the weekend school (from 6.30 p.m. dinner on Saturday, 1st January until after breakfast on Tuesday the 4th, including attendance at all sessions) are as follows:

Single rooms:	£5. 5. 0 to £6. 6. 0 each
Double rooms:	£5. 0. 0 to £5.10. 0 each
Dormitories:	£4.10. 0 each

be very glad to accept what we saw fit to print - if they did not like it, they need not agree with it, in fact, they need not even read it! This display of self-determinism, besides being most flattering to our judgment, seems refreshingly sane. The other view was a widespread demand for more practical articles, more case histories and more information about how techniques work.

To meet this demand, we have a long practical article on opening procedure of SOP.8C, and we hope to hear from many of you that you have benefitted by putting the information contained in it into effect. We welcome your queries and comments, and hope to incorporate them in later articles. We also have a review of Mr Hubbard's latest book with some observations on the current trends in processing techniques. This should be read in conjunction with the article mentioned above as they are, to a certain extent, complementary.

In our efforts to obtain more contributions, we sent, on 26th November, to 31 of the leading Scientologists, Doctors and Bachelors of Scientology and HPAs, a letter asking them for articles of theoretical and practical interest, case histories and their experiences in the use of various techniques. To date, we have heard from four of them, two will be glad to send material unconditionally, and two will when the ban on contributions to BDR is lifted. We hope to have some good articles from these contributors in future issues of BDR.

#### T O W E R L E A Z E C O N F E R E N C E

In our October issue we invited you to book the dates of this conference from 1st - 4th January 1955. Plans are now going well ahead, and it has been decided to make it more of a weekend school with the title "Scientology In Action." Mrs Elliott has recently received a cordial letter from L.Ron Hubbard regretting his inability to be present, and wishing her a most successful meeting. This has heartened us and encourages us to put on a really good show.

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A L e t t e r F r o m T h e P . A . C .

We have pleasure in printing the following letter from the secretary of the Professional Auditor's Chapter:

8th December 1954.

"Dear Mac,

It is the first time during my capacity as Secretary of the Professional Auditor's Chapter that I feel I could with certainty communicate to a larger public through the medium of BDR.

It is the general opinion that we should put aside all bickerings, misunderstandings and come together and really work with sincerity and intention towards not only the goals of groups, but also the greater goal - SURVIVAL OF HUMANITY!

As there is no one who can express these goals better than L.Ron Hubbard himself, I am enclosing a copy of a communication from him dated 20th November which, incidentally, clears up inadvertent misunderstandings on certification.

Whether we be Doctors and Bachelors of Scientology or book auditors, let us not devaluate others' efforts towards these goals and, on the other hand, let nothing deter us from being first class auditors.

The experience of working as a group in the 1st Clinical Unit was a really remarkable experience. We all experienced big changes, gained new certainties of the extremely simple and, at the same time very powerful tools that L.Ron Hubbard has presented to us. The goal of retraining is an excellent one and necessary, but at the same time does not invalidate all previous techniques - it rather enhances their power and workability.

Here's to SURVIVAL!

Yours sincerely

(signed) Eileen B.Hibberson, B.Scen."

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This is the letter from Mr Hubbard referred to:

Nov.20, 1954.

"My dear Eileen Hibberson,

You brought to my attention the following: "That the PAC Committee objects on a principle of ethics to the proposed cancellation of certificates issued to auditors trained prior to July 26th, 1954, should these fail for any reason, financial or otherwise, to take an official retraining course by a stipulated date." Neither I myself, the H.A.S.I., nor the C.E.C.S. would even vaguely consider such a statement as you outline here; and there is no body else in the world who has even the slightest authority to consider issuing such a statement. There has been done a tremendous wrong here. Thank you very much for calling it to our attention.

Please immediately trace this statement to its source and send to me by return airmail the name of this person or organisation.

We are now faced with a threat never more evident that the ultimate goal of a science such as nuclear fission is the destruction of man. At this time I have been informed, and there has been placed before me, the recent message of the Secretary of Air of the United States, stating that he is now in possession of weapons which can wipe the entire face of a continent clean. This admirable goal is an inevitable goal for men who think in terms of man-from-mud. We are the only organisation on the face of earth today with the power and technology to examine and guarantee the sanity of those responsible for the use of such weapons, indeed, from what I can learn, on various communication lines on earth, we are the only organisation which believes that something can be done about this situation, and that is trying to do something about it.

There is no fantastic urgency in this message, we are faced with the fact that unless the better understanding of

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man's mind is advanced into the fears of government and the areas which control man, and unless a strong provision is made to guarantee that the men handling atomic fission are sane and not people who have as their goals the destruction of earth, then this planet will soon be either an uninhabitable desert, or a set of fragments drifting in an orbit round the sun. We are an organisation lacking any great funds for advancement; our riches encompassed solely by our sincerity, our earnestness in our goals, and backed only by a tremendous technology in handling the field of human thought.

What are we going to do to keep this science growing, this organisation alive, and to make its work effective throughout mankind? We're going to train auditors to skilled technicians, who know exactly, precisely, how to handle and make well the human beings around them. This we are doing by auditor retraining courses, and endeavouring in every way possible to bring the advancement of this science to everyone interested who is earnestly pursuing our goals.

There are those among us who would not have this be so. These are those who complain, who stop the advancement of our technology, and who put up various obstacles and barriers in the way of our progress. Each one of you as a Scientist must help me spot these out, for I am extremely busy in carrying on research and investigation.

Please be assured that I am anxious to serve you in any way that I may, and feel perfectly free to call upon me at any time.

With best regards

(signed)

L. Ron Hubbard".

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## O p e n i n g P r o c e d u r e O f S O P 8 C

by A.J.S.McMillan.

Bristol

I should like to make it quite clear at the start that what I am going to say about this processing technique is not an official explanation of it, nor does it pretend to be the 'right' way to do it. What I am going to describe is a way which the Bristol Dianetic Group has found, through experiment, of doing it so that it produces significant results.

Robert Shaftoe, in his article last month ("Try It And See", November BDR) said that he would report fully on the results later when the experiment has been carried through so I will not steal his thunder. But I will mention that everyone who is doing it is, to the best of my knowledge, feeling higher toned, more alert and more cheerful. Several have experienced quite striking personality changes which have pleased them greatly, and several have given up psychosomatics of long standing. Most have gained considerable insight into their ways of making decisions, actions and reactions to instructions, and to having to change their minds. So far, then the programme has been a considerable success for the members of our group.

### Simple, But Not Necessarily Easy!

The instructions for performing this opening procedure are contained in "Journal of Scientology" 24-G, this was the original version, and in a modified form in P.A.B.No.34 and in "The Auditor's Handbook", route 2, step 16 (the first step of route 2). It is, in essence, a very simple technique, but it is amazing how complicated it can become in the hands of those unwilling to duplicate the instructions as given! It is a process involving the physical movement of the preclear to different parts of the room, (a) entirely at the direction

of the auditor, (b) on his own selection of the spot he is going to and the auditor's direction to proceed, and (c) on his own selection of the spot and his own decision as to when to go to it.

As I have said, it sounds simple and it is simple. Nevertheless, few auditors who have not had the process applied to themselves can apply it successfully to others simply because of an unwillingness to duplicate the instructions. The temptation to embroider, to change and to add becomes almost irresistible unless one knows, from one's own experience, what it feels like to be carrying out the instructions one is giving. Unless one knows, from one's own certainty, that the preclear will come through the most startling somatics and emotional upsets, the temptation to drop the process and change to something else will be hard to resist by reason of sympathy with or pity for the preclear, or the desire to propitiate by not boring him.

However, it is quite simple for all members of the group to have this processing progressively by arranging for the members of each co-auditing pair to audit and be preclear at alternate sessions. This, coupled with supervision and comparison of results, should ensure that the processing is following the required course.

The objectives of this opening procedure are several. Perhaps the most basic one is to ensure that, in later processing, the preclear will carry out the auditor's instructions exactly as given! Another aspect of this is that the preclear becomes familiar with the auditor's instructions and comes to know that he does not represent a menace to him, but that the auditor is there to help him and is, in fact, on his side. These purposes of the process, important though they are, are not so important, at any rate with some preclears, as the immense value of the process for bringing preclears in to (or nearer to) present time. This is achieved by the

simple means of having the preclear look at his environment, touch it and feel it, in short, to put the maximum amount of his perception and awareness on the things around him. In this way, the processing tackles communication as the fundamental thetan activity of reaching out, holding and withdrawing.

#### Our Experiences

When we started doing this processing, we split up into pairs and one as auditor took the other as preclear for an hour at a time through the three steps of opening procedure, then they switched over, the auditor becoming the preclear and vice versa. We soon found that this was not satisfactory and was doing very little for either the auditor or the preclear. We then changed to our present system of one person giving the other two hours straight off on one step of the process, and they reversed their roles at the next session. Most importantly, the same step was used until we had no doubt that each preclear was ready to proceed to the next. No preclear has spent less than four hours on step (a), (and this may have been an exceptional case) and some up to twelve or fourteen hours, and even more. I will say more about this later.

Our work with this process has been based on two hour sessions usually twice a week, so that each person gets a turn as auditor and preclear during the week. While we have little data on longer or shorter sessions, it would seem hardly worthwhile doing less than one hour straight off, save in exceptional circumstances. I think that, for most groups, a two or three hour session is usually convenient with, perhaps, time for coffee and discussion at the end. Ideally, each couple should be in a separate room with plenty of space to move about in, but if this is not possible, two couples can work in one room.

We have divided step (a) into three parts. Firstly, the auditor directs the preclear to different parts of the room in quite broad locations, e.g. "Go to the door", "Go to the window", "Go to the fireplace", etc. picking some nine to twelve places in the room and directing the preclear to them in a random order. This was included in the first version of opening procedure, but has been dropped in later ones. However, we have retained it as it seems to produce quite definite and often marked results in preclears. For the second part of step (a) we use the directions as currently given, e.g. "Go to the door and put your hand on it", "Let go of it", "Go to the mantelpiece and put both hands on it", "Let go of it", etc. Again, using broad locations and not being more specific until the preclear is in good communication with various objects and parts of the room. When this is so, the auditor can make his instructions more specific, e.g. "Do you see the keyhole of the piano?" When the preclear has replied that he does, "Go and touch it with the forefinger of your right hand". When the preclear has done this, "Now take your finger off it". When the preclear has complied, "Do you see that photograph on the wall?" On the affirmative answer, "Touch the man's nose with the little finger of your left hand"....."Take your finger away". And so on. (Note, it is as well to get clear with the preclear how to refer to different fingers as confusion can arise over "ring fingers", "index fingers", etc. I usually refer to the thumb, the forefinger, second, third and little fingers respectively). Towards the end of this, the auditor may find it expedient to go round with the preclear so that he can direct him very precisely.

We finish this step (a) of opening procedure by the auditor directing the preclear to touch spots around the room by pointing to spots on the wall, etc. with the direction, "Touch this spot", "This one", "This one", "This one".....at the rate of about a spot a second or faster. The auditor walks round the room just in front of the preclear and points

to the spots with his finger. In nearly every case, half an hour of this has produced a marked tone rise in the preclear.

Before starting these processes, it is as well to give the preclear some general directions. Tell him that you want him to look carefully at each object he comes to, to put all his attention and awareness on them. This is an important instruction and should be checked at intervals during the processing by such questions as, "Can you see the....?" "Are you looking at....?" "Can you feel....?" "Are you touching the....?" However, do not do this until you are sure that the preclear is in reasonably good contact with the environment, that is, the communication lag has decreased and steadied. Until this is so, such questions may only fluster him and make him feel worse, but do emphasise at the start that he should look at each object as though he had never seen it before. Ask him to put his maximum of awareness on the objects, and to feel an intense interest in them.

The challenges referred to above form a valuable part of the processing, however, when using them the auditor should have very clearly in his mind why he is challenging the preclear. The purpose is not repeat not to invalidate the preclear, nor to show him that he is wrong, nor to make him feel foolish, nor to make him fail. The purpose of the challenge is to make him certain that he is carrying out the instructions, to get him to really look at, to really touch and to really feel the objects with which he is coming in contact, and to be quite sure about it. Consequently, challenges should be used with caution until the auditor is confident that they are producing the desired result of making the preclear more certain, and are not invalidating him.

#### Two Way Communication

You should also instruct the preclear to remain in communication with you by reporting changes in perception, chan-

the step, to do it accurately in accordance with the auditor's instructions with little communication lag, few or no somatics, and an emotional reaction described as mild interest, indifference or slight boredom. This primary reaction may last a few minutes or may, in extreme cases, last for as long as eight hours. My interpretation of this reaction is that the preclear has set up a machine or an automaticity to do the processing and it is working well, but the preclear himself (a thetan) is not involved in doing the step. However, I am aware that this is probably an over-simplification, and that other factors may be involved. In cases where this primary reaction lasts for a long time, considerable persistence and pertinacity on the part of the auditor are required.

The secondary reaction ensues when this automaticity breaks down. The preclear then experiences all sorts of somatics ranging from slight twinges in various parts of the body to downright physical exhaustion (some cases, not in our experience, have been reduced to crawling from object to object!), slight to strong variations in tone level down to apathy and up through grief, fear, anger (may be fireworks here!) to boredom and cheerfulness, marked changes in communication lag from instantaneous reactions to almost complete inability to understand the auditor's instructions. These changes follow each other often with striking rapidity and it is vitally important that the auditor should continue with the auditing instructions imperturbably whatever happens, even though, when passing through the anger band, the preclear may try to pick a quarrel with him. Strict adherence to the Auditor's Code (1954), especially items 8, 9, 10, 11, 12 and 13, is essential during this processing whatever the provocation may be.

Of course, it is not necessarily the case that such violent reactions should occur, some preclears experience very slight secondary reactions, but I have indicated the extremes that are likely to be met. It is interesting to note

ges in tone level, the appearance or disappearance of somatics, any vivid thoughts that occur to him and so on. He quite possibly won't after the first thing or two (but there is a great variation between preclears in this respect), and it is up to you as auditor to maintain two way communication between the preclear and yourself by asking him at intervals how he feels, etc. If he replies to such a question with something like, "I feel like death and my feet hurt", maintain an alert interest and continue the processing, "Oh, yes! Now go to the door and touch it with your hand", or a similar instruction. Continue with the same type of processing which has turned on the somatics and emotional changes.

While it is the specific auditing instructions which produce the results, two way communication can be maintained by additional instructions and comments from the auditor that call for an answer from the preclear, e.g. "Do you see that spot at the bottom lefthand corner of the picture?" This calls for an answer from the preclear before you give him further instructions, and so the two way flow of communication is kept going.

Primary and Secondary Reactions

It is both difficult and unwise to state dogmatically what preclears will do with various types of processing since there are such wide variations in preclear reactions, and preclears have been known to react in certain fashions because the book said that they would! But it is possible to make some generalisations if we bear this in mind, and are not too surprised if our preclear does not react in the ways to be described.

In general, I have observed two main reactions in preclears to this opening procedure, especially during step (a), and I have called these the primary and secondary reactions. The primary reaction is shown by a willingness to carry out



that the preclear's secondary reactions often correspond to what was called, in dianetic processing by advanced procedure, the service facsimile pattern and, when reviewing the session, the preclear will often recognize that what he has experienced during it corresponds very closely to his normal methods of exciting sympathy and explaining failure. When they come on top of one another as they do in the session, they are much easier to recognize as a pattern.

Other manifestations of communication lag for which the auditor should be alert are: reluctance to look at an object, not looking at it at all, looking away quickly, looking at the auditor instead of the object, briefly touching the object and quickly withdrawing, unwillingness to touch objects at all, difficulty in letting go of them, carrying out the command before it is given, slow start to carrying out the command, slowing down or speeding up when going across the room, pausing before starting or before touching anything, complaints about the process, objections to being given orders, trying to create an effect for the auditor and so on. These should all be erased thoroughly by continuing the process.

It is interesting to note that different parts of step (a) as mentioned above have different effects on preclears. For example, going to different parts of the room may cause one preclear to feel physically exhausted with dope-off, another may be stimulated by it. Another may get a lift from touching objects, while rapidly touching spots may depress him. However, in each session that the preclear does his secondary reactions will turn on, usually to a lesser extent each time and with variations, until they fade right away. When this is the case, the preclear will go through a two hour session, happily, cheerfully and alertly. He really enjoys going to different places and looking at different objects, touches and feels them with pleasure, each time coming to them quite fresh and with full attention. When you have seen and experienced this as auditor and preclear, you will have

little difficulty in distinguishing it from the primary reaction I have mentioned above.

Please do not regard this processing as a commitment to put in so many hours work and, when these are done, it is complete. This step is complete when the preclear can do it as described above, it is not complete while it is producing any sort of change in the preclear. So do this step thoroughly and be certain that the preclear has gained the maximum benefit from it before proceeding. Failure to do this properly may nullify the effect of subsequent processing. It may take four, fourteen or twentyfour hours to do the step, it will be different for each preclear, so do not think in terms of hours put in, but in terms of being certain that the step is completed.

In conclusion, I would stress the importance of all auditors keeping constantly in mind the reasons why they are giving this processing. Their wish must be to help the preclear to break his barriers, to regain contact with the MEST universe and to come into present time. If there is any desire to punish the preclear, to 'make him jump' or 'to put him through the hoop', the process can but fail. The auditor's code must be followed meticulously at all stages of the processing. The whole process is on a gradient scale, so remember Mr Hubbard's instructions about the use of gradient scales: "Be careful not to give the preclear things which make him fail...The essence of gradient scale work is to do as much...as the preclear can accomplish with confidence, and to go from a successful step to greater steps until entire success...is accomplished." (Scientology: 8-8008).

If the preclear makes a mistake, do not comment upon it. Note it and see if it is repeated. If the preclear fails to go to or touch one particular object, it is possible that he has attached significance to it. You may ask him how he feels about that particular object. For example, a preclear



Past history indicates that these are the elements that will be leaped upon with glee by the fraternity. They will be magnified, intensified, misapplied and pinpointed as the very essence of the whole. They will be pounded into preclears willy-nilly by trickery, by "new methods", by counting, by monotizing, by snapping, until the preclear is turning at about 14,000 revolutions per minute.

#### L o n d o n   C o n g r e s s

The terms for the London Congress (announced last month in BDR) are:

MEMBERS: £12 single, £20 double (married couples)  
 PUBLIC: £15 single, £26 double (married couples)  
 CHILDREN: (under 16) £4. Further details from HAS.

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#### B O O K   R E V I E W

"Scientology: Auditors Handbook Including Intensive Procedure" by L. Ron Hubbard. Pp. 25 + ix, large quarto duplicated typescript with limp covers, wire stitched. Published by H.A.S.I., Phoenix, \$2.85.

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 This book, Mr Hubbard's first since "Scientology: 8-8008" does for Scientology what the book "Advanced Procedure and Axioms" did for Dianetics. That is to say, it takes a number of techniques both old and new, puts them in order and lays down a scheme for processing by a series of steps to be followed, just as in Advanced Procedure we were given a number of acts to follow through in sequence, each one to be completed before going on to the next.

According to an open letter at the beginning addressed to the auditor and dated 15th July 1954, the book is based on work done in seven clinical units. This means work based not on theory alone, but on tests and practice conducted dur-

ing these clinical units. It would seem that these clinical units form a very fertile testing ground for Mr Hubbard's experiments and provide a valuable means for advancing theory by practical experimentation.

The text of the book is devoted to a thorough discussion of Intensive Procedure which is divided into two routes. The two routes consist of a number of steps to be followed in sequence, each one to be completed before passing to the next.

The point of decision as to whether to run route 1 or route 2 on the preclear comes at steps 3 and 4 (step III and RI-4).

The first three steps are routine to be followed every session, the first being to establish two way communication with the preclear, the second to discuss present time problems with him and the third, to establish the preclear's communication time lag by ARC straight wire. This communication lag, particularly in answer to the question, "Can you recall a time which is quite real to you?" gives the first clue as to whether route 1 or route 2 should be used. If the communication lag is negligible, then it is alright to use route 1 provided the response to step 4 is satisfactory, but if there is any appreciable lag, route 2 should be used without question.

Step 4 is to tell the preclear, quite casually, to be three feet behind his head. Only if the preclear does this immediately and without discussion would you proceed with route 1, otherwise, if there is the slightest question or uncertainty, go straight to route 2-16.

In this matter, we agree thoroughly with Bob Arentz ("The Big Trouble With Dianetics", November BDR) and would say that the auditor should have a very good degree of certainty that his preclear can do route 1 before he embarks on it. Furthermore, preclears will do route 1 after doing route

2 anyway, so what is the hurry? We have yet to meet a pre-clear who would not be the better for a thorough workout on route 2 especially 2-16 and 2-17, to say nothing of the other steps in route 2, so, why not take every preclear through route 2 first? We feel sure that they will get far more benefit from route 1 by having done route 2 first.

#### Route 2

There are twelve steps in route 1 (R1-4 to R1-15), the next step being R2-16 which is the first step in route 2 and route 2 continues to step R2-29<sup>†</sup>. For the moment we will say no more about route 1 and have a look at route 2.

The first step of route 2 (R2-16) is none other than our old friend opening procedure of SOP.8C! There is a very good and thorough discussion of this step here which repays careful study (see also our article on opening procedure in this issue). We will call your attention to two quotations from this section, "The trouble with most cases, and the trouble with any case that is hung up and not progressing, is that an insufficient quantity of opening procedure 8C has been used by the auditor. This has been found to be an invariable rule." (Our underlining). We might add to this that, to be effective, opening procedure must be done properly, that is, in such a way that the preclear is really doing it and not an automaticity, and on a gradient scale, completing each step before going on to the next. It should be hard-ly necessary to stress this but for the fact that many people seem to regard this opening procedure as merely a question of putting in so many hours at it. "IF AT ANY TIME THERE IS ANY DOUBT ABOUT THE PRECLEAR'S CASE DO THIS STEP (part (a)) UNTIL SATISFIED THAT COMMUNICATION IS GOOD." For a discussion of what this means, see our article in this issue.

<sup>†</sup>We understand that, in later editions of this book, there are more steps in route 2.

R2-17 is opening procedure by duplication which was the first step of Technique 30 (released Phoenix Congress, July). This is another physical step, and it is complementary to opening procedure of SOP.8C, the preceding step. Mr Hubbard stresses that R2-16 should be done very thoroughly before the duplication step, otherwise the preclear is likely to turn on an unreality circuit and go through it mechanically.

R2-17 sounds to be the epitome of monotony and boredom! And it does, in fact, present the most powerful attack on these barriers. By stripping the process of all but bare essentials and of all significances, the preclear is brought face to face with the very pith and core of duplication, the ability to create anew each time he picks the object up.

Mr Hubbard says that this is a process which is done by the hour until the preclear has had sufficient "to enable him to do it without communication lag, without protest, without apathy, but only cheerfulness, each time seeing the objects newly." (Our underlining).

R2-18 and R2-19 are concerned with spotting spots in space and remedying havingness as this process results in a rapid depletion of the preclear's energy. Mr Hubbard says, "This is one of the key processes of Scientology and has an infinity of variations." In these two steps, it is done simply, first the preclear locates spots in the room, then he spots spots and moves his body around them followed by moving his body off the spots. It is done until the preclear is certain that it is he who is moving his body over the spots.

The remaining steps in route 2 deal with Problems and Solutions, Granting of Beingness, Spanning Attention - being exercises to help the preclear put his attention on more than one object at a time.

Then there are exercises on Attention by Duplication, Exteriorisation by Distance, Viewpoint and Viewpoint ARC Straight Wire, Remedy of Laughter - to make the preclear aware that he can do things without having any reason! Particularly valuable when he laughs without having any reason to do so. Exercises on the resolution of the dangerousness of the environment by asking the preclear what he is willing to cause and what he is willing to be the effect of. Then exercises on the toleration of Nothing and Something, and on Time Tolerance.

These conclude the route 2 exercises in the present volume, though we understand there are more in later editions not yet published. While we would emphasise that we have not used either of these routes extensively yet, a careful study of route 2 confirms our opinion that the vast majority of preclears will be the better for a thorough workout on route 2 before tackling route 1.

#### Route 1

The early steps of route 1 are similar to those given in SOP.8D, being concerned with duplication and negative location of the preclear. Then follows a big step, based on Universe Processing, of getting the preclear to find many things, one after the other, which it is safe for him to look at. It is emphasised that the preclear must actually look at these things, not at mockups. The aim is for the preclear to be able to look at anything with equanimity, particularly emotion and effort. A very important step which needs to be tackled with great thoroughness.

The next step is the Grand Tour which is a version of Change of Space processing, and is followed by change of space processing on all aberrative locations until they are in present time. This step rehabilitates the preclear's ability to be any place he wishes.

Through all these steps, both here and in route 2, great emphasis is laid upon the restoration of the havingness of the preclear by pulling in anchor points. This should be done at any sign of dopiness or sadness being shown by the preclear, or any feeling of degradation (see also SOP.8C, step IV).

Next, there are exercises in occupying spaces with other objects, and problems and solutions in havingness. This is followed by a really large scale remedy of havingness with the preclear mocking up enormous power sources up to suns to give him energy until he is completely convinced that he does not have to rely on outside sources for energy.

R1-13 is adjustment of GE anchor points to put the body in good shape. Mr Hubbard lectured on this at the London Congress, January 1954 (see BDR supplement A, 10th lecture). The last step but one has the preclear create and destroy various kinds of thetan machines, the purpose being to help him to take over automaticities, and the last step is duplication on a large scale similar to R1-5. The object of this is to restore his ability to communicate and for him to be satisfied that his duplicates are exact in all respects with the original in the physical universe.

After completing route 1, the preclear is taken through route 2 until the auditor is satisfied that he can do them properly. If the preclear has been through route 2 first, there should not be much difficulty here.

In the front of the book there are the Auditor's Code 1954, the Code of Honour and the Code of a Scientologist. At the back of the book there is a sheet giving details of SOP.8D and a syllabus of the first two lectures in the professional course, these are concerned with the background of Scientology.

### The New Approach In Scientology

The goal of Intensive Procedure is stated, in the open letter at the beginning, to be: "To bring about a complete tolerance and comfort on the part of the preclear for the physical universe, his exteriorisation, and general rehabilitation." It seems to us wiser to phrase the goal of processing in some such terms rather than 'theta clear', 'operating thetan' and other terms which have been given as the goals of other, earlier procedures. Even so, though this goal is stated in very broad and general terms, it is pretty sweeping in its implication. 'Complete comfort and tolerance on the part of the preclear for the physical universe, etc.' implies considerably more than becoming well adjusted or accepting the status quo!

Intensive Procedure, as described in this volume, represents a considerable change in Scientology compared with what was practised a year ago. In SOP.8, with creative processing, etc. we were concerned with the rehabilitation of the preclear's own universe. Now the direction of processing is towards the second of the Three Universes, or rather, towards the preclear's relationship with it. See how these important steps of route 2 particularly are concerned with improving the preclear's perception of and contact with his environment. The preclear is brought into present time by becoming certain of the MEST universe in which he is operating. We can see the validity of this for how can we expect the preclear to become free of the compulsions of MEST until he has come to terms with it? He cannot be free of MEST until it is no longer necessary for him to fight it. This does not mean that he must give up the fight by sinking to apathy about it, but by fully recognising and coming into contact, that is, into communication with MEST, he can tolerate it and recognise it for what it is. This is an essential preliminary to becoming free of it, that is, exteriorising effectively and rehabilitating his ability to control the MEST universe by

being in effective communication with it, and his ability to duplicate in it.

Another important difference between Intensive Procedure and the techniques we have referred to is the complete avoidance of subjective processes, that is, processes concerned with the preclear's mockups, thoughts and considerations within his own universe (with the exception that remedy of havingness is done with mockups, as are some duplication steps). For the rest, the steps are all based on aspects of the communication formula such as making and breaking communication with objects or spaces in the MEST universe. The emphasis being to restore communication by contact with MEST.

A third important difference is the insistence upon the preclear's certainty, in fact, this passage is so important that we will quote it: "The attitude of the auditor giving Intensive Procedure is not today expected to be a sympathetic or coddling one. Scientology processing today is done overtly, challengingly. An auditor is expected to be top scale on the Chart of Attitudes in all departments except Trust. He is expected to distrust the preclear, and even act like he distrusts the preclear. This attitude will be found to be far more acceptable to the preclear than a trustful one. While the auditor never gets angry at the preclear, never dramatizes at the preclear, and sticks to his task in auditing, he should be markedly insistent on the certainty. He should be very challenging about the fact that the preclear said it was certain. The auditor does not believe the fact that the preclear found whatever it was real. By doing this the preclear is made to postulate over and over and over that he is in communication."

This attitude on the part of the auditor is good and valuable as we have already seen from our own experience when it is used intelligently, however, we hope that the above-mentioned paragraph will not be cited as chapter and verse to